

## ETHNOBOTANICAL NOTE ON THE VETERINARY HEALTH-CARE MANAGEMENT BY MALAYALI TRIBES OF KALRAYAN HILLS

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### ABSTRACT

**Objective:** Livestock is considered as the wealth of the tribal people, and the tribes are having rich knowledge on ethno-veterinary (EV) health-care management. Keeping this in view, the study was carried out to document ethno-veterinary medicinal (EVM) knowledge of *Malayali* tribes, the native people of Kalrayan Hills, Salem, Tamil Nadu, to improve their socio-economic status.

**Methods:** Ethnobotanical survey was carried out in Kalrayan hills for EVM practices through regular field visits to the various hamlets of the study area from December 2009 to December 2014. EVM information was collected through personal interviews, field observations, and discussions among the traditional healers having familiarity and knowledge on Ethnoveterinary Medicine [EVM].

**Results:** Utilization of 137 plant species as EVM, belonging to 120 genera under 54 families, has been recorded against 40 livestock ailments with 126 types of preparations. Plant parts, such as leaf, root, flower, bark, resin, and rhizome, are used in the preparation. Among the plant parts, bark is predominately used. Most of the preparations include parts of more than one plant as the ingredients, and many of such combined preparations are used for treating more than one ailment.

**Conclusion:** In the present study, we observed the prevalence of different types of livestock ailments in the study area, and the tribal community is having much knowledge on EV health-care management which is an integral part of their day-to-day life.

**Keywords:** Ethnobotany, Ethno-veterinary medicine, Livestock, *Malayali* tribes, Eastern Ghats, Kalrayan hills, Salem.

### INTRODUCTION

India is having major cattle genetic resources not only in the form of the population but also genetic diversity represented by 30 recognized cattle breeds [1]. Cattle are considered as the wealth of the tribal people, and their well-being is considered to be very important [2]. As the tribal people are enriched with traditional ethno-veterinary (EV) knowledge, the forest resources in their surroundings play a very significant role in their routine life [3], and medicinal plants are the chief source for the primary health-care services of such rural population [4].

Ethno-veterinary medicine (EVM) is defined as the traditional animal healthcare which comprises the folk knowledge, believes, practices, skills, methods, and practices pertaining to health care of animals [5,6]. As the villagers around the globe are having limited access to modern medicine, they strictly depend on the traditional medicine for the health care of livestock. Regrettably, these practices are not properly documented and largely lost because they are passed on generation through verbal communication and dilution due to lack of observation and technical skills.

EVM contributes in the management of animal diseases in a cost-effective manner but unfortunately research works, which prove the pharmaceutical efficiency of plants, have not been done so far, or a very little research work has been done [7]. It is an established fact that plants serve as potent medicines for curing various diseases of the tribal community as well as their livestock [8]. As 80% of populations from the developed countries are depend on traditional medicine prepared from the medicinal plants, it is necessary to investigate them for understanding their properties, safety, and their efficacy [9]. However, documentation on the utilization of plant resources as veterinary medicine is very less.

The prevalence of several diseases in cattle was reported by various authors across India [1-3,5-8,10-17]. There are so many documentations

on the ethnobotanical, ethnomedicinal, and ethnofloristic aspects of plants in Salem District of Tamil Nadu, India [18-33], whereas the reports on EVM is very scanty [34,35] in the study area. Keeping this in view, the present study was initiated to explore plants utilized for EV health care and document the traditional veterinary medicinal knowledge of *Malayali* tribes.

### METHODS

#### Study area

The study area, Kalrayan (Kalvarayan) hills, is situated in the Eastern Ghats of the Southern Indian state of Tamil Nadu, India, lies between 11°36' and 12°01' N and 78°29' and 78°54' E. It runs over three districts, viz., Salem, Viluppuram, and a small region of Thiruvannamalai districts and it spreads over an area of 1158.4 km<sup>2</sup> [31]. It measures about 25.76 km in North-South and 37 km in East-West [36]. The average annual rainfall ranges from 782.98 to 1787.20 mm, and the temperature varies from 25°C to 40°C.

Kalrayan hills are divided into five regions or "Nadu"s (Cluster of tribal villages), namely, *Chinnakalrayan Nadu*, *Periyakalrayan Nadu*, *Jadaya Gaundan Nadu*, *Kurumba Gaundan Nadu*, and *Ariya Gaundan Nadu* [30]. Among them, *Chinnakalrayan Nadu* and *Periyakalrayan Nadu* belong to Salem district, Tamil Nadu, and they comprise 58 and 44 tribal hamlets, respectively. The remaining three regions belong to Viluppuram district, Tamil Nadu. Vegetation of Kalrayan is semi-deciduous to scrub forests where sandal wood grows naturally along with other dominant species like teak and bamboo [26].

#### Tribal community

The native people of the Kalrayan are called as *Vedar*. The warriors belonging to *Karalar* community had invaded from Kanchipuram and settled with *Vedar* community by marriage. The mixed populations of

Karalar and Vedar communities who inhabited in Kalrayan are called "Malayali" tribes. Some of them are farmers and remaining people depend on works interrelated with agriculture and involved in livestock keeping, poultries, collection of honey, bee wax, and other minor forest products. The tribal of Kalrayan hills have much knowledge on various EVM practices, but it is comparatively less than the ethnomedicinal treatment for human ailments. At present, the practice of EVM is done by only countable number of healers [13]. This indigenous knowledge is evolved through observations, experiences gathered through experimentation, and the information passed through generations. Most of the traditional healers are not charging anything for the herbal treatment.

#### Data collection

Ethnobotanical information and EVM importance of plants were collected from traditional healers, aged persons, and farmers having familiarity and knowledge with plants by following standard methods such as personal interviews, discussions, and field observations through regular field visits to various hamlets of Kalrayan hills from December 2009 to December 2014 [37]. The information on EVM was cross verified by the communication with traditional healers and other knowledgeable persons, viz., elders, farmers, livestock owners, informants residing in nearby area.

The plants of EVM interest were identified and verified with standard flora available [38,39], and the voucher specimens were deposited in Department of Botany, Vinayaka Missions University, Salem. EVM plants enumerated according to the ailments cured in alphabetical sequence of the botanical name in each ailment with vernacular name followed by family, plant part used, mode of preparation, administration, and dosage required.

#### RESULTS

The present study highlights the EVM knowledge and practices found among the tribes of Kalrayan hills of the study area. By the discussion with the native people, we understand the population of cattle has been reduced in the study area. The major factor for this decrease is the profligate returns due to the low productivity and replacement of livestock in the agricultural practices by the machinery. Most of the tribes are aware of the traditional EVM system, but all of them are not practically using them.

During the study, we came across the traditional knowledge of Malayali tribes of Kalrayan hills on EVM. As they are dwelling in the remote hamlets, accession of veterinary doctors in the critical condition of animal health is not possible. In such situations, they depend on the plant resources for their treatment. There are 137 plant species belonging to 120 genera under 54 families were recorded for the treatment of various health-care problems in livestock. Observations in the study area are corroborating with the earlier reports [26,34,35].

#### EV diseases

Livestock raisers and healers every where having traditional ways of classifying and diagnosing the common diseases of livestock. Based on their experience and traditional knowledge, the local people and traditional healers of various tribal hamlets in Kalrayan hills classified the livestock ailments into various categories. Treatment for 40 types of veterinary health-care problems was noticed and all of them belong to nine categories (Table 1). Indigestion, bloat, enteritis, fever, block quarter, respiratory problems, chock-on, injuries, maggots wounds, foot and mouth disease, infertility, *kunthu*, udder inflammations, swellings, yoke galls, contusion, parturition, retained placenta, poison bites, inflammation in tongue, bone fracture, endoparasites in intestine, ectoparasites, lactation problems, laziness in feeding (anorexia), poison bites, *Thiruttu noi*, *Kundi saala noi*, and sprain are some of the notable EV ill health problems prevailed in the study area.

Of all the above diseases, *kunthu*, the inactive status of the cattle due to various ill health problems with fever symptoms, is the most prevailed

veterinary health problem. In *thiruttu noi*, the cattle will not take fodder properly (anorexia), unable to chew the cuds, unable to lay down, and always stands inactively. *Kundi saala noi* is a type fever, and it is also called as *Kuduvu nirkum kaichal*. In this disease conditions, the cattle are inactive, stands by keeping their legs in short distance than its normal position and keeps their head nearer to the body by shrinking its neck and entire body parts shorter than its normal length.

#### Medicinally important plants

Among the 137 EVM plant forms, trees dominate with 67 species followed by herbs, climbers, and shrubs (Fig. 1). Most of the plants are gathered from wild; few are obtained from cultivation and rarely some purchased materials also used as ingredients for preservation purposes.

Plants used for EVM come under 54 families. Among them Euphorbiaceae, Fabaceae, and Mimosaceae (9 species each), predominate all other families followed by Asclepiadaceae (8 species), Rubiaceae (7 species), Anacardiaceae and Rutaceae (6 species each), Poaceae (5 species), Apocynaceae, Caesalpiniaceae, Lamiaceae, Moraceae, and Solanaceae (4 species each). Remaining families are represented by single or two species (Table 2). Most of the plants are having multiple usages, i.e., used in treating more than one ailments. *Lannea coromandelica* and *Vanilla walkerae* are added in eight herbal preparations.

#### Plant parts used

The traditional healers of the Kalrayan hills use various plant parts such as stem, leaf, bark, thorn, flower, latex, oil, resin, fruit, seeds, root, rhizome, entire plant, and by-products of the plants for various medicaments. Utility value of the bark predominates (124) all other parts followed by leaves (112), seeds and grains (21), fruits (18), stem (17), root (9), entire plant and rhizome (8 in each), by-products of the plants (7), latex and tender parts (3 in each), flower and thorn (2 in each), and resin (1). In 12 preparations, more than one part of the same plant are used. Apart from the various plant parts, healers use certain animal products as the ingredients in the medicaments such as pig ghee, egg white yolk, cow dung, cow milk, goat milk, buttermilk, animal flesh, and children's urine.

#### Mode of preparation and administration

As most of the traditional healers are illiterate, the knowledge on the mode of preparation and dosage of the drugs are learnt only through the long experience of the healer. For the EV health-care treatments, the native people use different methods of herbal preparations and administrations. Paste, juice, fresh parts as such and decoction are the methods commonly practiced in the study area for the preparation of EVM. In addition, some preparations include smoke or vapor forms through fumigation, processing of materials by boiling, using plant oils or soaking in water (Fig. 2). In some cases, more than one mode of preparations is also carried out.

Mode of administration also varies depends on the disease and materials used. In general, the medicines are administrated by

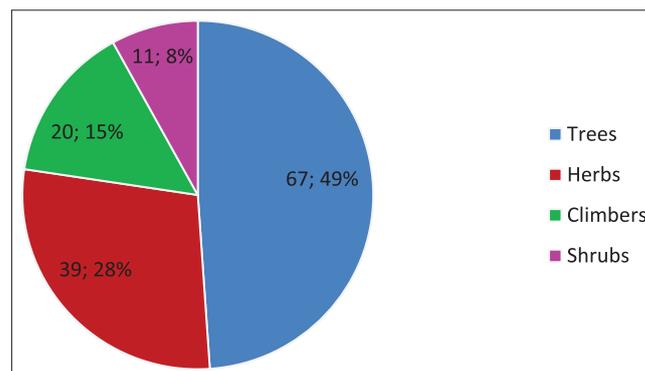


Fig. 1: Habit-wise distribution of ethno-veterinary medicinal plants of Kalrayan hills, Salem (n=137)

Table 1: List of health problems prevailed in livestock of Kalrayan hills, Salem

S. No	Category	S. No	Vernacular name of the disease	Description
1	Digestive problems	1	Jeerana kolaru	Indigestion
		2	Vayiru upputhal/muttu kaichal/uppulu kunthu	Bloat/tympany
		3	Kalichal/vayitru pokku/pacha kunthu	Enteritis
2	Fever	4	Virana katti kunthu/vara kunthu	Dry dung with blood clotting
		5	Kaaichal	Fever/Pyrexia
		6	Aanai kunthu	Fever
		7	Kunthu	Ephemeral fever/3 day sickness
		8	Nadukkal kunthu	Shivering fever
		9	Sengathri noi	Type of fever
		10	Sappa katti noi	Black quarter
		11	Kundi sala noi	Kuduvi nikkum fever
3	Respiratory problems	12	Elappu vanguthal	Respiratory distress
		13	Elappu kunthu (elappu noi)	Bronchitis
		14	Serukku paduthal	Chock on (aspiration of food material into respiratory tract)
4	Wounds and injuries	15	Pun	Wound
		16	Pulu piditha pun	Maggoty wound
		17	Komari	Foot and mouth disease
		18	Thavalai noi/manna mari kattu	Swelling in cheeks and neck regions
		19	Kaluthu katti	Yoke gal
5	Parturition	20	Veekam/ratha kattu	Contusion
		21	Kandru poduthal prachinai	Parturition
6	Poison bites	22	Sathai vilathu iruthal	Retained placental membrane
		23	Paambu kadi	Snake bite
		24	Poochi kadi	Insect bite
7	Bone problems	25	Elumbu murivu	Bone fracture
		26	Iduppu naluvuthal	Hip dislocation
8	Tongue diseases	27	Sela paduthal	Inflammation in tongue
		28	Ul naakku surathal	Tongue secretion
9	General health	29	Madi vaatham (madi veekkam)	Mastitis
		30	Paal surppu	Lactation problem
		31	Meichal illamai	Anorexia
		32	Malattu thanmai	Infertility
		33	Uni	Ectoparasites
		34	Vayitru poochigal	Endoparasites
		35	Kirumi naasini	Antiseptics
		36	Thiruttu noi	Laziness in feeding (anorexia)
		37	Theratha maduhal	General weakness
		38	Padukkangolli eruthu	Unable to stand
		39	Kola mutti noi, sappani kunthu	Lameness
		40	Sulukku/thasai pidippu	Sprain/muscle contraction

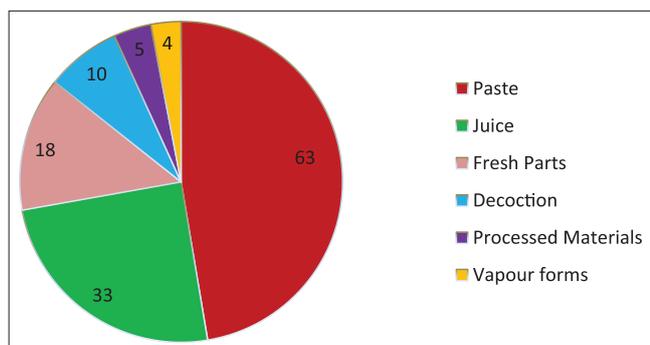
Table 2: Family-wise distribution of ethno-veterinary medicinal plants (n=137)

S. No	Family	Number of plant species (in each family)
1	Euphorbiaceae, Fabaceae, Mimosaceae	9
2	Asclepiadaceae	8
3	Rubiaceae	7
4	Anacardiaceae, Rutaceae	6
5	Poaceae	5
6	Apocynaceae, Caesalpiniaceae, Lamiaceae, Moraceae, Solanaceae	4
7	Annonaceae, Arecaceae, Asteraceae, Boraginaceae, Cappariaceae, Combretaceae, Convolvulaceae, Cucurbitaceae, Malvaceae, Pedaliaceae, Rhamnaceae, Sapindaceae, Tiliaceae, Verbenaceae, Vitaceae, Zingiberaceae	2
8	Agavaceae, Alangiaceae, Amaranthaceae, Araceae, Bombacaceae, Burseraceae, Ebenaceae, Gentianaceae, Lecythidaceae, Liliaceae, Loganiaceae, Meliaceae, Moringaceae, Musaceae, Myrtaceae, Orchidaceae, Oxalidaceae, Pandanaceae, Piperaceae, Plumbaginaceae, Salvadoraceae, Sapotaceae, Simaroubaceae, Ulmaceae	1

following three types, viz., oral, external, and nasal. Oral administration is predominately used in 73 preparations followed by external applications (52 preparations), which include administration in eyes, ears, *othadam* (fomentation), and fumigation process. In certain treatments (3 preparations), administration in nostrils also done. For the control of ectoparasites, cattle sheds are fumigated regularly with dried and fresh foliage to reduce the insect pests such as ticks, mites, flies, and mosquitoes. In three preparations, both oral and external

administrations are carried out and in two spiritual aspects herbal plants or preparations are not administered in any of the three modes.

In the case of treating "*Kunthu*," materials are taken along with all ingredients in small quantities and pounded in *Kal Ural* (stone mortar). The paste material of an orange size is taken in a white cloth, and this preparation is dipped in urine of children below 10 years of age kept in a cup or tumbler. In the unavailability of urine, hot water is also



**Fig. 2: Various modes of preparations of medicaments for ethno-veterinary health-care management in Kalrayan hills, Salem (n=133)**

used. However, urine is preferred for the effective treatment. Then, the preparation is taken up from the cup and extract oozing from the preparation through the cloth is administered as drops in ears, eyes, and nostrils for three times in both sides. Finally, solid material remained in the cloth is administered orally. It is done in early hours or in the evening hours only. This entire process is called as "*Nasiam Kattuthal*," and it is continued for 2-3 days or up to cure.

In some ill health problems, the herbal treatment is connected with spiritual aspects. For the processing of the herbal materials, they are using mud pots only and during the preparation, they never keep the utensils or medicinal plants directly in the ground. They hope that this practice may reduce the efficacy of the drug. Some of the preparations are carried out only in specific days such as Tuesdays, Sundays, or in *Amavasai* (no moon days) and can be used after 6 months only.

For the treatment of udder inflammations, bloating, poison bites, and throat swellings, certain plants are used for the purpose of chanting sacred words to recover from ill health by holding the plant parts by the healers and this process is known as "*Paadam Poduthal*" (Chanting *Manthra* to recover from ill health).

In the case of sprain and muscle contraction, they are preparing a gel using *Agave americana* and *Eleusine coracana*. For that, *A. americana* leaves are torn longitudinally and made into a ribbon-like structure, which is shown in the fire for 3-5 minutes directly by holding the two sides in hand, and hence, the leaf becomes fragile. By holding the two sides, the leaf pieces were twisted one by one to extract the juice in a separate vessel. In 1 L of boiled juice, about 500 g of *E. coracana* flour is added and mixed well while care must be taken to avoid the formation of any solid material. This preparation is boiled for 15 minutes until it becomes gel. This processed material is allowed to cool down and it is directly applied at bearable heat on the sprain area and left for 3 days without washing. It will be followed for 3 to 5 times at 3 days of interval. The same procedure can be followed to cure rheumatic swellings in human beings also. For the treatment of the same disease, *Tamarindus indica* seed powder is also used instead of *E. coracana* in another preparation.

Apart from the various ill health problems, they are protecting their mobile wealth through some general health management practices such as post-natal care of animals, protection from ecto- and endo-parasitic infections, laziness in feeding, low lactation problems, use of antiseptics, and care for insect bites. For the post-natal care, they treat animals consecutively from 2 to 21 days after delivery.

The details of plants used for the treatment of various EV ailments, their preparations, administration, and dosages are given in Table 3.

#### Preservatives

Due to the seasonal availability of certain plants, there are some limitations in the practice of EVM. For which, traditional healers are preserving the preparations using certain preservatives, or they

follow some procedures to preserve them for off-season uses. For the preservation of their preparations, the healers are using six plant species as ingredients, namely, *Allium cepa*, *Allium sativum*, *Cuminum cyminum*, *Foeniculum vulgare*, *Papaver somniferum*, and *Piper nigrum*. These plants are used as ingredients, both for their medicinal values and also for their preservative properties. These plants can be gathered from wild or collected from cultivation. Preparation of herbal drugs in no moon days or in fresh mud pots are notable preservative procedures. Some of the preparations include "*Kolambu Sakkara*" (cooking salt) as one of the ingredients for its preservative property, and the healer will not say the common word "*Uppu*" for cooking salt. It is concerned with the spiritual aspects.

#### DISCUSSION

Among the various types of EV disease problems prevailed among the livestock some common ill health problems such as skin diseases, fever, intestinal worms, and swelling are reported by previous documentation in the study area [34]. Some of the important diseases in documentation are reported in the foothills of Kalrayan hills [35] and nearby regions of Tamil Nadu [13,15-17].

Among the documented plant species, few resemblances were noticed with previous studies carried out in and around the study area [15,25,34,35], but the ailments cured are differed in the present documentation.

Local healers of the study area commonly practice use of two or more plants for single preparation. This phenomenon is reported by various authors [5,6,10,11,15,40]. The combination of various parts of more than 35 plants along with some preservatives is used for a single preparation in Kalrayan hills for the treatment of more than one ailment, especially for the treatment of health problems related with "*Kunthu*." They hope that those combined preparations will improve the efficacy of the drug.

In most of the preparations, barks of various plants are used for the treatment in the study area, whereas in the previous reports predominant use of leaves is noticed [3,5-7,10-13,15]. Preparation of herbal drugs in no moon days and chanting *Manthra* for the treatment are spiritually connected with the treatment procedures, and the local healers hope that the capacity of the herbal preparations will improve and lasts for long time if prepared in no moon days. Use of cooking salt as one of the ingredients in the preparation is common in the study area for its preservative property. In addition to the salt, use of plant oils, children's urine, and materials from animal origins in the preparation were used in the study area, and various researchers were reported this phenomenon in different regions of India [5-8,35].

#### CONCLUSION

EV practices prevailed in Kalrayan hills found to be effective against a wide range of health management problems of livestock. There are no alternative medicinal facilities such as modern medicinal system, and hence, it plays an important role in their family, social, religious, and economic value of their day-to-day life.

Traditional healers are having rich knowledge on locally available plants as medicines and well experienced in the EV health care. This indigenous system of medicine is much effective when compared to modern medicine. It requires little or no cost to the tribes, but it is confined to the elderly people only.

Local cultivation of medicinal plants will contribute to the economic development of the tribes and conservation of forest wealth in the study area. More surveys are needed in future to know the plant resources, which possess immense values in their routine life and welfare of local tribal groups. Documentation of this indigenous knowledge will help the livestock agents, traditional healers, farmers, and village leaders to integrate and promote the use of EVM in animal health care. It will

Table 3: Ethno-veterinary medicinal plants, their preparations, and administrations

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage	
1.	Kalichal (Dysentery)	<i>Acacia arabica</i> (Lam.) Muhl. ex Willd	Karuvela maram	Mimosaceae	Bark	The material is taken in equal amount and soaked in sufficient amount of hot water in a new pot. After 12 hrs, material is strained, and juice is administered orally	
		<i>Acacia leucophloea</i> Willd	Vellai Vela maram	Mimosaceae	Bark		
		<i>Pandanus odoratissimus</i> L.f.	Thalam	Pandanaceae	Tender Stem		
		<i>Syzygium cumini</i> (L.) Skeels	Naval	Myrtaceae	Bark		
		<i>Bauhinia racemosa</i> Lam.	Aathi maram	Caesalpiniaceae	Leaf, bark		Along with leaf or bark or both, <i>Allium sativum</i> , <i>Piper nigrum</i> are added in small quantity and pounded. Juice orally administered for 3 days in the morning. For goats 50 ml and cattle 100-200 ml
		<i>Capsicum annum</i> L.	Milhai	Solanaceae	Fruit		Two or three dry fruits are ground into juice using water and administered orally for two times for goats
		<i>Cassia auriculata</i> L.	Aavaarai	Caesalpiniaceae	Flower		Along with plant material, <i>Allium cepa</i> and <i>Cuminum cyminum</i> are added in an equal amount and crushed with hot water. The paste is given orally for 2 or 3 days or up to cure (once in a day)
		<i>Dichrostachys cinerea</i> (L.) Wight & Arn.	Vettu Thaarai/ Vidatharai	Mimosaceae	Leaf		Five tender fruits of <i>Musa paradisiaca</i> and handful tender leaves of <i>Cassia auriculata</i> are pounded together and made into paste. Mixed with rice gruel of required amount and administered orally up to cure
		<i>Cassia auriculata</i> L.	Aavarai	Caesalpiniaceae	Leaf		Paste of two gooseberry size is administered orally for goats once in a day for 2 days
		<i>Musa paradisiaca</i> L.	Monthan Valai	Musaceae	Fruit		Handful of <i>Canthium parviflorum</i> leaf, <i>Ziziphus jujuba</i> leaf, <i>Cuminum cyminum</i> seeds, four or five <i>Allium cepa</i> , 10 leaves of <i>Syzygium cumini</i> are ground with small amount of cow milk and made up to a tumbler using cow milk. Extract is orally administered 1 or 2 times or depends on the severity for one more day can be continued
		<i>Curcuma longa</i> L.	Manjal	Zingiberaceae	Rhizome		Leaves are taken in 2:1 ratio, respectively, and pounded. Juice is orally administered with sufficient amount of buttermilk
		<i>Canthium parviflorum</i> Lam.	Kaarai	Rubiaceae	Leaf		Stem is ground with water and a lemon size paste is administered orally for 2 days in the morning. Once in a month is recommended for intestinal worms also
		<i>Syzygium cumini</i> (L.) Skeels	Naval	Myrtaceae	Leaf		Ground with hot water and extract is given orally 2 times (Morning and evening)
		<i>Ziziphus jujuba</i> Lam.	Ilanthai	Rhamnaceae	Leaf		
2.	Ratha Kalichal (Dysentery with blood)	<i>Cocos nucifera</i> L.	Siru Kurinjan	Asclepiadaceae	Leaf	Tap root of <i>Ficus benghalensis</i> and female flower of <i>Cocos nucifera</i> are ground together preferably with cow milk or hot water. Juice is given orally ½ L for cow, 100 ml for goats twice a day for 3 days or up to cure	
		<i>Ficus benghalensis</i> L.	Thennai maram	Arecaceae	Flower		
		<i>Pedaliium murex</i> L.	Aalamaram	Moraceae	Root		
3.	Vekkai (heat disease)	<i>Cassia auriculata</i> L.	Aanai Nerunji	Pedaliaceae	Leaf	Lemon size leaf paste is given orally twice a day for 3 days or up to cure	
		<i>Enicostema littorale</i> Blume	Aavaarai	Caesalpiniaceae	Leaf		
		<i>Oryza sativa</i> L.	Vellarugu	Gentianaceae	Leaf		
4.	Jeerana Kolaaru (Indigestion)	<i>Ailanthus excelsa</i> Roxb.	Nel	Poaceae	Seed	Leaf materials along with small quantity of <i>Cuminum cyminum</i> and orally administered as such with fodder or separately as paste	
		<i>Acacia pennata</i> (L.) Willd.	Indu Mullu	Mimosaceae	Leaf	For hens and cocks boiled rice along with <i>Allium cepa</i> and curd is given as food 2 or 3 times daily for 3 days	
			Pee maram	Simaroubaceae	Bark	Bark is ground with few <i>Allium sativum</i> and paste is given orally in lemon size both in the morning and evening for 2 days	
						All ingredients are ground well with small quantity of <i>Allium sativum</i> and few <i>Piper nigrum</i> . Juice is administered orally 2 times in a day	

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage		
5.	Muttu Kaichal, Vayiru Upputhal, Theevanam Utkollamai (Feeding problem)	<i>Plumbago zeylanica</i> L.	Kodi Veli chedi	Plumbaginaceae	Leaf	All ingredients are ground and boiled in water. ½ L decoction is orally administered for a day. Cattles start to chew the cud and feeding		
		<i>Vanilla walkeriae</i> Wight.	Kundu kodi	Orchidaceae	Stem			
		<i>Azadirachta indica</i> A.Juss.	Vembu	Meliaceae	Bark			
		<i>Ficus racemosa</i> L.	Athi maram	Moraceae	Bark			
		<i>Pongamia pinnata</i> (L.) Pierre	Punga maram	Fabaceae	Bark			
		<i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn.	Mathura maram	Combretaceae	Bark	All materials are ground together and orally administered as paste for 2 days in the morning		
		<i>Acacia pennata</i> (L.) Willd.	Kokki Mullu	Mimosaceae	Leaf			
		<i>Randia dumetorum</i> (Retz.) Poir.	Kaarandai	Rubiaceae	Leaf			
		<i>Plumbago zeylanica</i> L.	Kodi Veli chedi	Plumbaginaceae	Leaf			
		<i>Thespesia populnea</i> (L.) Correa	Poovarasu	Malvaceae	Leaf			
		6.	Kaaichal (fever)	<i>Acacia pennata</i> (L.) Willd.	Kokki Mullu	Mimosaceae	Leaf	All the materials along with <i>Allium sativum</i> and <i>Piper nigrum</i> are ground in stone mortar. Lemon size paste is given orally to cattle 2 times in morning and evening for Vayiru Upputhal and Theevanam Kollamai
				<i>Plumbago zeylanica</i> L.	Kodi veli chedi	Plumbaginaceae	Leaf	
				<i>Randia dumetorum</i> (Retz.) Poir.	Kaarandai	Rubiaceae	Leaf	
				<i>Vanilla walkeriae</i> Wight.	Kundu kodi	Orchidaceae	Stem	
				<i>Bambusa arundinacea</i> Retz.	Kattai maram/ Mungil	Poaceae	Leaf	
<i>Canthium dicoccum</i> (Gaertn.) Merr.	Neguni maram			Rubiaceae	Leaf			
<i>Ipomoea asarifolia</i> Roem. & Schult.	Sunda chedi			Convolvulaceae	Bark			
7.	Kundi Sala Noi (Kuduvi Nirkum fever)	<i>Tamarindus indica</i> L.	Puli	Caesalpinaceae	Fruit	Fruit pulp is extracted with water and orally administered. For cattle orange size and for goats lemon size fruit material can be used Along with bark, few <i>Allium sativum</i> and <i>Piper nigrum</i> in small quantity are added and ground into paste. Orally administered twice in a day up to cure		
		<i>Cassia fistula</i> L.	Konnai	Caesalpinaceae	Bark			
		<i>Pedalium murex</i> L.	Anai Nerunji	Pedaliaceae	Entire Plant			
7.	Kundi Sala Noi (Kuduvi Nirkum fever)	<i>Aloe vera</i> (L.) Burm.f.	Sothu Kathalai	Liliaceae	Bark	All ingredients along with small quantity of <i>Allium cepa</i> , <i>Allium sativum</i> , <i>Cuminum cyminum</i> , <i>Foeniculum vulgare</i> , <i>Papaver somniferum</i> , and <i>Piper nigrum</i> are mixed, pounded, and boiled with pig ghee. For about ½ L, decoction is given orally for 2 days twice daily. This material should be prepared on Tuesday, Sunday or <i>Ammavasai</i> (No moon day) and should be kept for storage in fresh earthen pot for 6 months. It can be used only after 6 months and up to 1 year		
		<i>Artocarpus heterophyllus</i> Lam.	Pala	Moraceae	Bark			
		<i>Capsicum minimum</i> Roxb.	Siru Milahai	Solanaceae	Fruit			
		<i>Chloroxylon swietenia</i> DC.	Porusa maram	Rutaceae	Bark			
		<i>Ficus benghalensis</i> L.	Aala maram	Moraceae	Bark			
		<i>Ficus racemosa</i> L.	Athi maram	Moraceae	Bark			
<i>Lannea coromandelica</i> (Houtt.) Merr	Othiya maram	Anacardiaceae	Bark					

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
		<i>Mangifera indica</i> L.	Ma	Anacardiaceae	Bark	
		<i>Pandanus odoratissimus</i> L.f.	Vellai Thala	Pandanaceae	Bark	
		<i>Polyalthia cerasoides</i> (Roxb.) Bedd.	Senthalam	Annonaceae	Bark	
		<i>Tamarindus indica</i> L.	Puli	Caesalpiniaceae	Bark	
		<i>Terminalia chebula</i> Retz.	Kadukai	Combretaceae	Bark	
8.	Aanai kunthu	<i>Acalypha indica</i> L.	Kuppai Meni	Euphorbiaceae	Leaf	Handful of each leaf materials with two or three tender twigs of <i>Azima tetracantha</i> and five to six <i>Piper nigrum</i> are pound together, and juice is administered in the form of <i>Nasiam</i> . Drops administered externally on eyes, ears, and nose. Paste is administered orally
		<i>Azima tetracantha</i> Lam.	Sanga mul	Salvadoraceae	Leaf	
		<i>Pedaliium murex</i> L.	Aanai Nerunji	Pedaliaceae	Leaf	
		<i>Pergularia daemia</i> (Forssk.) Chiov.	Veli Paruthi	Asclepiadaceae	Leaf	
9.	Sappani Kunthu	<i>Albizia lebeck</i> (L.) Benth.	Sappananji	Mimosaceae	Leaf	Juice administered orally and paste is applied on the affected part
		<i>Caralluma umbellata</i> Haw.	Kallu	Asclepiadaceae	Entire plant	Ground with water and paste is given orally up to cure
10.	Kunthu, Thiruttu Noi	<i>Cardiospermum halicacabum</i> L.	Mulaiyan Kothan kodi	Sapindaceae	Leaf	Plant parts ground with hot water and one tumbler juice is administered orally for 1 or 2 times
		<i>Pergularia daemia</i> (Foessk.) Chiov.	Veli Paruthi	Asclepiadaceae	Leaf	
11.	Vara Kunthu, Sappani Kunthu, Pachai Kunthu, Thiruttu Noi	<i>Albizia procera</i> (Roxb.) Benth.	Kudu Mathurai	Mimosaceae	Bark	Along with the plant materials, <i>Allium sativum</i> and <i>Piper nigrum</i> are added in small quantities and made into paste without adding water. Given orally for 2 days in the morning in lemon size
		<i>Plumbago zeylanica</i> L.	Kodi veli chedi	Plumbaginaceae	Leaf	
		<i>Thespesia populnea</i> (L.) Correa	Poovarasu	Malvaceae	Seed, Bark	Materials are pounded, boiled and decoction is administered orally for ½ L per day for 2-5 days
12.	3 Kunthu (Vara Kunthu, Sappani Kunthu, PachaiKunthu)	<i>Albizia odoratissima</i> (L.f.) Benth.	Selavanji	Mimosaceae	Bark	With the plant materials, small quantity of <i>Allium sativum</i> and <i>Piper nigrum</i> are added and pounded together. Boiled and filtrate decoction is administered 500 ml orally for 2 days in morning and evening
		<i>Ipomoea staphylina</i> Roem. & Schult.	Unangodi	Convolvulaceae	Leaf	
		<i>Mallotus philippensis</i> (Lam.) Mull.Arg.	Thirucheelai maram	Euphorbiaceae	Bark	
13.	Kola Mutti Noi	<i>Citrus limon</i> (L.) Burm.f.	Elumichai	Rutaceae	Fruit	Along with latex, juice of Citrus limon, salt and pig ghee are mixed and applied externally in the form of "Othadam" (Fomentation)
		<i>Euphorbia antiquorum</i> L.	Sathura Kalli	Euphorbiaceae	Latex	
14.	Kola Mutti Noi Sappa Katti Noi Uppulu Kunthu Sappani Kunthu Virana Katti Kunthu	<i>Albizia lebeck</i> (L.) Benth.	Patta Saalaa	Mimosaceae	Bark or Leaf	Listed plant parts are taken in equal quantities. Dried in shade and made into powder. Small quantity of <i>Allium sativum</i> , <i>Cuminum cyminum</i> , <i>Piper nigrum</i> and <i>Kolambu Sakkarai</i> (Cooking salt) are also added in the preparation. Orally given about 100 g in morning and evening for 3-4 days or up to cure
		<i>Barringtonia acutangula</i> (L.) Gaertn.	Kadappai	Lecythidaceae	Bark	
		<i>Bauhinia racemosa</i> Lam.	Aathi maram	Caesalpiniaceae	Bark	
		<i>Caralluma umbellata</i> Haw.	Kallu Mulaiyan	Asclepiadaceae	Bark	

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
15.	5 Types of Kunthu (Sappani Kunthu, Vara Kunthu, Aanai Kunthu, Modakku Kundhu, Pachai Kunthu ), Sappa Katti, Kola Mutti, Sengathri Noi	<i>Cissus quadrangularis</i> L.	Pirandai	Vitaceae	Entire Plant	All ingredients are sun dried and powdered. Water decoction is prepared. Keeping of materials directly in the ground during preparation should be avoided. Decoction is given orally. First day ½ L. Then reduced based on the severity and should be administered up to cure
		<i>Dalbergia latifolia</i> Roxb.	Eeti	Fabaceae	Bark	
		<i>Lannea coromandelica</i> (Houtt.) Merr	Othiya maram	Anacardiaceae	Bark	
		<i>Syzygium cumini</i> (L.) Skeels	Naaval	Myrtaceae	Bark	
		<i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn.	Mathura maram	Combretaceae	Bark	
		<i>Terminalia chebula</i> Retz.	Kadupattai	Combretaceae	Bark	
		<i>Vanilla walkeriae</i> Wight.	Urundai	Orchidaceae	Entire Plant	
		<i>Albizia lebbbeck</i> (L.) Benth.	Padai Salam	Mimosaceae	Bark	
		<i>Albizia procera</i> (Roxb.) Benth.	Kudu	Mimosaceae	Bark	
		<i>Barringtonia acutangula</i> (L.) Gaertn.	Mathurai	Lecythidaceae	Bark	
		<i>Buchanania axillaris</i> (Desr.) T.P.Ramamoorthy in C.J.Saldanha & Nicolson	Kadappai		Bark	
		<i>Buchanania axillaris</i> (Desr.) T.P.Ramamoorthy in C.J.Saldanha & Nicolson	Sulukki - Senjulikki Pen maram	Anacardiaceae	Bark	
		<i>Caralluma umbellata</i> Haw.	Kallu	Asclepiadaceae	Leaf	
		<i>Dalbergia latifolia</i> Roxb.	Mulaiyan Kundasi maram	Fabaceae	Bark	
		<i>Diospyros montana</i> Roxb.	Vaguna	Ebenaceae	Bark	
		<i>Gymnema sylvestre</i> (Retz.) Schult.	Sirukurincha	Asclepiadaceae	Leaf	
		<i>Heliotropium indicum</i> L.	Nandu Vakkili poondu	Boraginaceae	Leaf	
		<i>Lannea coromandelica</i> (Houtt.) Merr	Othiya maram	Anacardiaceae	Bark	
		<i>Morinda tinctoria</i> Roxb.	Manja Naaval	Rubiaceae	Bark	
		<i>Pandanus odoratissimus</i> L.f.	Vella Thalam	Pandanaceae	Bark	
<i>Polyalthia cerasoides</i> (Roxb.) Bedd.	Senthalam	Annonaceae	Bark			
<i>Putranjiva roxburghii</i> Wall.	Karuppalai/ Karumbalai Pen maram	Euphorbiaceae	Bark			
16.	Seven types of Kunthu (Sappani Kunthu, Uppulu Kunthu, Virana Katti Kunthu, Pachai Kunthu, Kola Mutti Kunthu, Nadukkal Kunthu, Elappu Kunthu)	<i>Semecarpus anacardium</i> L.f.	Saaraa maram	Anacardiaceae	Bark	All plant materials with <i>Allium cepa</i> , <i>Allium sativum</i> , <i>Cuminum cyminum</i> , and <i>Piper nigrum</i> are made into paste with hot water and mixed with salt. Lemon size is given orally twice a day for 3 or 4 days or up to cure
		<i>Ailanthus excelsa</i> Roxb.	Pee Maathi/ Pee maram	Simaroubaceae	Bark	
		<i>Alangium salvifolium</i> (L.f.) Wangerin	Alingi	Alangiaceae	Bark	
		<i>Albizia amara</i> (Roxb.) Boivin	Unja maram	Mimosaceae	Bark	
		<i>Albizia lebbbeck</i> (L.) Benth.	Patta Saalaa	Mimosaceae	Bark	
		<i>Anisomeles malabarica</i> (L.) R.Br.	Pei Mirati	Lamiaceae	Leaf	
		<i>Artocarpus hirsutus</i> Lam.	Kaatu Pala	Moraceae	Bark	
		<i>Canthium dicocum</i> (Gaertn.) Merr.	Neguni maram	Rubiaceae	Bark	

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
		<i>Capparis zeylanica</i> L.	Aathandai	Capparidaceae	Leaf	
		<i>Capsicum annuum</i> L.	Milahai	Solanaceae	Dry Fruit	
		<i>Caralluma attenuata</i> Wight	Siru Kallu Muliyan	Asclepiadaceae	Leaf	
		<i>Caralluma umbellata</i> Haw.	Periya Kallu Muliyan	Asclepiadaceae	Leaf	
		<i>Chloroxylon swietenia</i> DC.	Porusa maram	Rutaceae	Bark	
		<i>Cissus quadrangularis</i> L.	Sathura	Vitaceae	Stem	
		<i>Clauseana anisata</i> (Willd.) Hook.f.	Pirandai Thappattai chedi	Rutaceae	Leaf	
		<i>Commiphora caudata</i> Engl.	Pachai Kili maram	Burseraceae	Bark	
		<i>Dalbergia latifolia</i> Roxb.	Eetti maram	Fabaceae	Bark	
		<i>Diospyros montana</i> Roxb.	Kari Paalai	Ebenaceae	Bark or Leaf	
		<i>Euphorbia tirucalli</i> L.	Kodi Kalli/ Tirukalli	Euphorbiaceae	Stem	
		<i>Ficus racemosa</i> L.	Athi maram	Moraceae	Bark	
		<i>Gardenia resinifera</i> Roth.	Kumbuli maram	Rubiaceae	Bark	
		<i>Lanea coromandelica</i> (Houtt.) Merr	Kuli Maathi/ Othiyan	Anacardiaceae	Bark	
		<i>Mimusops elengi</i> L.	Muluvu maram	Sapotaceae	Bark	
		<i>Nothopegia colebrookiana</i> Blume	Kattunaathi	Anacardiaceae	Bark	
		<i>Pandanus odoratissimus</i> L.f.	Vella Thalam	Pandanaceae	Bark	
		<i>Polyalthia cerasoides</i> (Roxb.) Bedd.	Senthalam	Annonaceae	Bark	
		<i>Pongamia pinnata</i> (L.) Pierre	Punga maram	Fabaceae	Bark	
		<i>Pterocarpus marsupium</i> Roxb.	Vengu maram	Fabaceae	Bark	
		<i>Randia dumetorum</i> (Retz.) Poir.	Kaarandai	Rubiaceae	Leaf	
		<i>Secamone emetica</i> (Retz.) Schult.	Puluvu kodi	Apocynaceae	Leaf	
		<i>Spondias pinnata</i> (L.f.) Kurz	Kaatu Ma	Anacardiaceae	Bark	
		<i>Syzygium cumini</i> (L.) Skeels	Naaval	Myrtaceae	Bark	
		<i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn.	Mathura maram	Combretaceae	Bark	
		<i>Toddalia asiatica</i> Lam.	Mullanganda / Molavarani	Rutaceae	Bark	
		<i>Tragia involucrata</i> L.	Poonai Kaichi/ Kaaran Sorandi	Euphorbiaceae	Leaf	
		<i>Vanilla walkeriae</i> Wight.	Aanai Pirandai	Orchidaceae	Stem	
		<i>Wrightia tinctoria</i> R.Br.	Paalai/Vellai Paalai	Asclepiadaceae	Bark or Leaf	
17.	All Kunthu and Sappa Katti Noi	<i>Albizia lebeck</i> (L.) Benth.	Vahai	Mimosaceae	Bark	Parts of the listed plants are ground along with small quantities of <i>Allium cepa</i> , <i>Allium sativum</i> , <i>Cuminum cyminum</i> , and <i>Piper nigrum</i> . Paste is mixed with urine of children below 10 years of age and the extract is administered as drops in nostrils through white cloth in the form of "Nasium"
		<i>Albizia procera</i> (Roxb.) Benth.	Kudu Mathurai	Mimosaceae	Bark	
		<i>Cissus quadrangularis</i> L.	Sathura	Vitaceae	Stem	
		<i>Cordia myxa</i> L.	Pirandai Neruvili	Boraginaceae	Bark	
		<i>Dalbergia latifolia</i> Roxb.	Eeti	Fabaceae	Bark	

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
18.	Kunthu, Sappa Katti, Thiruttu Noi	<i>Euphorbia tirucalli</i> L.	Kodi Kalli	Euphorbiaceae	Stem	All barks are taken fresh in equal quantities (1 kg) and pounded without water. Then, soaked as such for some time. <i>Allium cepa</i> ¼ kg, <i>Allium sativum</i> and <i>Piper nigrum</i> are also added in small quantity. Six dry chillies are taken separately and ground well and mixed with the bark juice. 50 ml of pig ghee is added and ½ L juice is administered orally. It is followed for 3 days and the cattle are not allowed to drink water up to the treatment
		<i>Lannea coromandelica</i> (Houtt.) Merr	Kuli Maathi	Anacardiaceae	Bark	
		<i>Mangifera indica</i> L.	Ma	Anacardiaceae	Bark	
		<i>Nicotiana tabacum</i> L.	Puhai Ilai	Solanaceae	Leaf	
		<i>Syzygium cumini</i> (L.) Skeels	Naaval	Myrtaceae	Bark	
		<i>Vanilla walkeriae</i> Wight.	Urundai	Orchidaceae	Stem	
		<i>Wrightia tinctoria</i> R.Br.	Pirandai	Apocynaceae	Bark	
		<i>Albizia amara</i> (Roxb.) Boivin	Karum	Mimosaceae	Bark	
		<i>Albizia lebbek</i> (L.) Benth.	Selavanji	Mimosaceae	Bark	
		<i>Azadirachta indica</i> A.Juss.	Vahai/Pattai	Mimosaceae	Bark	
		<i>Capsicum annuum</i> L.	Vembu	Meliaceae	Bark	
		<i>Chloroxylon swietenia</i> DC.	Peru Milahai	Solanaceae	Fruit	
		<i>Diospyros montana</i> Roxb.	Porusa maram	Rutaceae	Bark	
		<i>Holoptelea integrifolia</i> (Roxb.) Planch.	Vakkana maram	Ebenaceae	Bark	
		<i>Pandanus odoratissimus</i> L.f.	Aaavalli/Aaya maram	Ulmaceae	Bark	
		<i>Plumeria rubra</i> L.	Vellai Thala	Pandanaceae	Bark	
		<i>Polyalthia cerasoides</i> (Roxb.) Bedd.	Naakku Alari	Apocynaceae	Bark	
		<i>Semecarpus anacardium</i> L.f.	Senthalam	Annonaceae	Bark	
<i>Wrightia tinctoria</i> R.Br.	Saaraa maram	Anacardiaceae	Bark			
19.	Thiruttu Noi, Thodai Veengi, Sappai Veengi	<i>Ailanthus excelsa</i> Roxb.	Paala maram	Apocynaceae	Bark	All barks, few dry chillies, <i>Allium sativum</i> , and <i>Piper nigrum</i> are pounded and boiled. At bearable heat decoction is administered orally two or three tumbler for 1 or 2 days in the morning
		<i>Capsicum annuum</i> L.	Kudappi maram/Pee maram	Simaroubaceae	Bark	
		<i>Dalbergia latifolia</i> Roxb.	Milahai	Solanaceae	Fruit	
		<i>Holoptelea integrifolia</i> (Roxb.) Planch.	Kundasa maram	Fabaceae	Bark	
20.	Elapu Noi (breathing trouble)	<i>Cadapa indica</i> Lam.	Aalimaram	Ulmaceae	Bark	Paste is given orally for 3 days
		<i>Citrullus colocynthis</i> (L.) Schrad.	Viluthi	Capparidaceae	Leaf	
		<i>Dodonaea viscosa</i> Jacq.	Kumati	Cucurbitaceae	Roots	
21.	Serukku (Chock on)	<i>Syzygium cumini</i> (L.) Skeels	Virali maram	Fabaceae	Leaf	The bark is soaked in water with salt for 12 hrs. Then pounded and boiled. Decoction orally administered at bearable heat for about 1 L. It reduces breathing trouble. Solid paste particles available in the bottom are also be orally administered All plant parts along with <i>Allium sativum</i> , <i>Cinnamomum cassia</i> and <i>Piper nigrum</i> are ground well and decoction prepared. 100 ml per day is administered for 2 days
		<i>Albizia odoratissima</i> (L.f.) Benth.	Navai maraam	Myrtaceae	Bark	
		<i>Lannea coromandelica</i> (Houtt.) Merr	Selavanji	Mimosaceae	Leaf	
		<i>Pandanus odoratissimus</i> L.f.	Othiya maram	Anacardiaceae	Leaf, bark	
		<i>Thespesia populnea</i> (L.) Correa	Vellai Thalam	Pandanaceae	Leaf	
		<i>Calotropis gigantea</i> (L.) W.T.Aiton	Poovarasu	Malvaceae	Leaf	
			Erukku	Asclepiadaceae	Leaf	

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
22.	All ill health Problems	<i>Capsicum annuum</i> L.	Milahai	Solanaceae	Fruit	All bark materials are pound well. Leaf materials are ground well with <i>Allium cepa</i> , <i>Piper nigrum</i> and dry chilies separately and mixed with the bark materials. Juice is administered orally about 250 ml/day for 3-5 days daily in the morning
		<i>Cassia fistula</i> L.	Konnai	Caesalpinaceae	Bark	
		<i>Clausena anisata</i> (Willd.) Hook.f.	Thappattai chedi	Rutaceae	Leaf	
		<i>Dalbergia latifolia</i> Roxb.	Kundasa maram	Fabaceae	Bark	
		<i>Diospyros montana</i> Roxb.	Vekkana	Ebenaceae	Bark	
		<i>Ruellia tuberosa</i> L.	Vedipoondu	Acanthaceae	Leaf	
23.	Ul naakku surathal (Tongue secretion)	<i>Tridax procumbens</i> L.	Kinathu poondu	Asteraceae	Leaf	Bark is ground with small quantity of <i>Allium sativum</i> and few <i>Piper nigrum</i> and made into paste. Preparation is to be rubbed externally on the surface of cattle tongue. It gives relief to the cattle and starts to take fodder
		<i>Artocarpus hirsutus</i> Lam.	Kaatu Pala	Moraceae	Bark	
24.	Sela paduthal (Accumilation of impure blood in the nerves of tongue)	<i>Acalypha indica</i> L.	Kuppai Meni	Euphorbiaceae	Leaf	Leaves of the plant and salt are taken in 2:1 ratio and ground well with water. Juice is applied on the backbone of the cattle up to the end of tail and the paste is given orally for 2 days. End of the tail is scratched to ooze out impure blood Plant materials are taken in equal quantities and ground with hot water. Small quantity of <i>Kolambu Sakkarai</i> (salt) is added and rubbed on the surface of the cattle tongue to remove the infection. This process should be done in the morning for 2 or 3 days consecutively
		<i>Caralluma umbellata</i> Haw.	Kallu Mulaiyan	Asclepiadaceae	Bark	
		<i>Cissus quadrangularis</i> L.	Pirandai	Vitaceae	Entire plant	
		<i>Vanilla walkeriae</i> Wight.	Urundai Pirandai	Orchidaceae	Entire plant	
		<i>Caralluma umbellata</i> Haw.	Kallu Muliyan	Asclepiadaceae	Bark/leaf	
		<i>Cissus quadrangularis</i> L.	Sathura	Vitaceae	Stem	
		<i>Cosmostigma racemosum</i> Wight	Pirandai	Asclepiadaceae	Leaf	
		<i>Pergularia daemia</i> (Forssk.) Chiov.	Pada Mirati	Asclepiadaceae	Leaf	
		<i>Scutia myrtina</i> Merr.	Uthamanai	Asclepiadaceae	Leaf	
		<i>Toddalia asiatica</i> Lam.	Thoradi mullu	Rhamnaceae	Thorn	
		<i>Vanilla walkeriae</i> Wight.	Mullanganda	Rutaceae	Thorn	
		25.	Elumbu Murivu (bone fracture)	<i>Vanilla walkeriae</i> Wight.	Urundai Pirandai	
<i>Artocarpus hirsutus</i> Lam.	Kaatu Pala			Moraceae	Bark	Bark is pounded with goat milk and juice is given orally for 7 days Plant bark, <i>Citrus limon</i> juice and jaggery from <i>Borassus flabellifer</i> are ground well with egg white yolk and made into solid paste. Given orally in morning for 5-6 days
<i>Borassus flabellifer</i> L.	Panai			Arecaceae	Jaggery	
<i>Citrus limon</i> (L.) Burm.f.	Elumichai			Rutaceae	Fruit	
<i>Lannea coromandelica</i> (Houtt.) Merr	Kuli Maathi			Anacardiaceae	Bark	
<i>Ficus benghalensis</i> L.	Aala maram			Moraceae	Bark	
<i>Ficus racemosa</i> L.	Athi maram			Moraceae	Bark	
<i>Ipomoea staphylina</i> Roem. & Schult.	Unangodi	Convolvulaceae	Latex, bark	Bark materials are ground together and paste is applied externally on broken spot and bandages are made using white cloth Bark and latex are pound together. Paste is applied on white cloth and tied on the affected part once in 5 days for 2 times Latex is applied externally at the fractured regions, and the bark is kept on the surface of fractured area as support and tied. This procedure is followed once in 7 days for 3-4 times		
<i>Ipomoea staphylina</i> Roem. & Schult.	Unangodi	Convolvulaceae	Latex, bark			

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
26.	Iduppu naluvuthal (hip dislocation)	<i>Premna tomentosa</i> Willd.	Poda nari	Lamiaceae	Leaf	Paste prepared from leaves is applied externally on cattle for bone fractures especially for goats
		<i>Premna tomentosa</i> Willd.	Poda nari	Lamiaceae	Leaf	
		<i>Sesamum indicum</i> L.	Ellu	Pedaliaceae	Seed or Oil	All materials are ground well and small quantity of cow dung is also added. Boiled and decoction is applied externally
		<i>Artocarpus hirsutus</i> Lam.	Kattu Pala	Moraceae	Bark	
27.	Meichal illamai (laziness in feeding - Anorexia)	<i>Diospyros montana</i> Roxb.	Karipaalai	Ebenaceae	Bark	Plant parts are pounded in stone mortar. Mixed with milk or buttermilk and juice is administered orally once in a day for 500 ml up to cure. Also used for <i>Thiruttu noi</i> All plant materials are pound together and decoction is prepared in water. ½ L of the preparation is administered orally, in single dose
		<i>Phaseolus mungo</i> L.	Ulundhu	Fabaceae	Seed	
		<i>Tamarindus indica</i> L.	Puli	Cesalpiniaceae	Seed	
		<i>Alangium salviifolium</i> (L.f.) Wangerin	Alingi maram	Alangiaceae	Leaf, root	
		<i>Azadirachta indica</i> A.Juss.	Vembu	Meliaceae	Bark	
		<i>Ficus racemosa</i> L.	Athi maram	Moraceae	Bark	
		<i>Pongamia pinnata</i> (L.) Pierre	Punga maram	Fabaceae	Bark	
		<i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn.	Mathura maram	Combretaceae	Bark	
28.	Vayitru pochigal (Endoparasites)	<i>Murraya koenigii</i> (L.) Spreng.	Kariveppilai	Rutaceae	Leaf	Given orally as such along with fodder or separately
		<i>Zingiber officinale</i> Rosc.	Inji	Zingiberaceae	Rhizome	
		<i>Rubia cordifolia</i> L.	Otti thalai	Rubiaceae	Stem	
		<i>Syzygium cumini</i> (L.) Skeels	Naval maram	Myrtaceae	Bark	
29.	Komari (Kaal Komari/Vaai Komaari) (foot and mouth disease)	<i>Borassus flabellifer</i> L.	Panai	Arecaceae	Vellam or Karkandu	All plant materials with <i>Panankargandu</i> (Rock sugar candy) or <i>Panai Vellam</i> (Jaggery) are taken in equal quantity. <i>Curcuma longa</i> (Fresh rhizome) and <i>Eleusine coracana</i> flour also added and made into paste. Lemon sized paste is administered orally for two per time and for 2 or 3 days daily 2 times
		<i>Curcuma longa</i> L.	Manjal	Zingiberaceae	Rhizome	
		<i>Eleusine coracana</i> Gaertn.	Raahi	Poaceae	Grains	
		<i>Limonia acidissima</i> L.	Vila	Rutaceae	Fruit	
		<i>Mimosa pudica</i> L.	Thotta Surungi	Mimosaceae	Leaf	
		<i>Musa paradisiaca</i> L.	Monthan Valai	Musaceae	Fruit	
		<i>Ricinus communis</i> L.	Muthu Kottai	Euphorbiaceae	Seed	
30.	Wounds and injuries	<i>Musa paradisiaca</i> L.	Vazhai	Musaceae	Fruit	Two or three fruits are longitudinally split into two and pig ghee is placed in the split. Given orally in mornings for 3-5 days, which ensures the speedy recovery from pain and wounds
		<i>Cleistanthus collinus</i> (Roxb.) Hook.f.	Oduvanthai	Euphorbiaceae	Fruit	
		<i>Gardenia gummifera</i> L.f.	Kambi maram	Rubiaceae	Resin	
		<i>Leucas aspera</i> Link	Thumbai	Lamiaceae	Leaf	
		<i>Premna tomentosa</i> Willd.	Poda nari	Lamiaceae	Leaf	
		<i>Ricinus communis</i> L.	Kottai Muthu	Euphorbiaceae	Oil	
<i>Tridax procumbens</i> L.	Kinathu poondu	Asteraceae	Leaf	Leaf juice is applied to control the bleeding and paste is tied on the wounds up to cure		

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
31.	Kannil Kuchi Patta Pun (eye wounds due to stick injuries)	<i>Diospyros montana</i> Roxb.	Vekkana maram	Ebenaceae	Leaf	All materials are taken in equal amount, pound and juice is applied externally as drops in eyes through white cloth 2 or 3 times up to cure
		<i>Pedaliium murex</i> L.	Aanai Nerunji	Pedaliaceae	Leaf	
		<i>Tephrosia purpurea</i> (L.) Pers.	Usithuvarai	Fabaceae	Leaf	
		<i>Tephrosia purpurea</i> (L.) Pers.	Usithuvarai	Fabaceae	Leaf	
32.	Maggoty wounds	<i>Annona squamosa</i> L.	Seetha	Annonaceae	Leaf	Leaf extract is administered externally as drops to cure wounds in eyes made by sticks. Continued up to cure daily for 3 times Root paste is applied externally up to cure  Oil is applied externally to repel maggots from wounds which facilitate the healing. In addition, it prevents the further attack of flies To remove or control the maggots formed in the wounds fresh paste of these plant material are applied externally. It is specifically recommended for the wounds formed due to Komari  Leaves are ground with hot water and made into paste. Applied externally up to cure Leaf paste is applied on the wounds which repels and kills the maggots Made into garland like and wore on the neck of the cattle
		<i>Azadirachta indica</i> A.Juss.	Veppa maram	Meliaceae	Seed	
		<i>Ficus racemosa</i> L.	Athi maram	Moraceae	Bark	
		<i>Secamone emetica</i> (Retz.) Schult.	Puluvu kodi	Asclepiadaceae	Leaf	
		<i>Gardenia gummifera</i> L.f. <i>Leucas aspera</i> Link	Kambi maram Thumbai	Rubiaceae Lamiaceae	Leaf Leaf	
33.	Thavalai Noi/ Manna Mari Kattu (Swelling in neck and cheeks)	<i>Cardiospermum halicacabum</i> L.	Kothan kodi	Sapindaceae	Entire plant	Made into garland like and wore on the neck of the cattle
34.	Swellings due to injuries	<i>Erythrina indica</i> Lam.	Kalyana Murungai	Fabaceae	Leaf	Leaf paste is applied externally on the surfaces Leaf paste is applied on the injured swelling up to cure Leaf ground well into paste mixed with salt and applied externally
		<i>Moringa oleifera</i> Lam.	Murungai	Moringaceae	Leaf	
		<i>Wattakaka volubilis</i> Stapf	Perukurinjan	Asclepiadaceae	Leaf	
35.	Kaluthu Katti (yoke galls)	<i>Azadirachta indica</i> A.Juss.	Vembu	Meliaceae	Oil	Rhizome powder mixed with castor oil and applied on the wounds up to cure. Same time <i>Azadirachta indica</i> oil also applied to prevent the attack of flies  Hot water is poured on affected area and massaged. The paste of the stem is applied externally on the wounds to reduce swelling and pain Paste is applied externally on the wounds up to cure
		<i>Curcuma longa</i> L.	Manjal	Zingiberaceae	Rhizome	
		<i>Ricinus communis</i> L.	Kottai Muthu	Euphorbiaceae	Oil	
		<i>Euphorbia tirucalli</i> L.	Paacham Palupu	Euphorbiaceae	Stem	
36.	Madi Vaatham (inflammation in udder - Swelling, pain, injuries, blood in milk, etc.,)	<i>Tephrosia purpurea</i> (L.) Pers.	Kolinji	Fabaceae	Leaf	All plant materials are ground with <i>Curcuma longa</i> (fresh rhizome) and made into paste. Paste is applied on the udder and teat after removing the pus and waste blood materials present in the udder. Applied twice a day for 5 days or up to cure  All plant materials are made into paste with hot water and small quantity of <i>Kolambu Sakkarai</i> (Common salt) added. The above paste is applied externally on the swelling regions and any one plant twig is used for "Othadam" (Fomentation)
		<i>Cayratia pedata</i> Gagnep.	Panni Kaai ilai	Vitaceae	Leaf	
		<i>Curcuma longa</i> L.	Manjal	Zingiberaceae	Rhizome	
		<i>Justicia gendarussa</i> Burm.f.	Karu Nochi	Acanthaceae	Leaf	
		<i>Stachytarpheta indica</i> Vahl <i>Cosmostigma racemosum</i> Wight	Seemai Naayuruvi Padai Miratti kodi	Verbenaceae Asclepiadaceae	Leaf Leaf	

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
		<i>Jatropha curcas</i> L.	Kaattu Kotai	Euphorbiaceae	Leaf	
		<i>Vitex negundo</i> L.	Vellai Nochi	Verbenaceae	Leaf	
		<i>Eleusine coracana</i> Gaertn.	Raahi	Poaceae	Grains	500 gm of <i>Eleusine coracana</i> flour and 500 gm of <i>Phaseolus mungo</i> flour, 250 g of <i>Tamarindus indica</i> seed flour and 250 g of Maida flour are added together. Boiled in hot water and made into paste. Then, anyone twig of the plant given is used to apply the preparation externally on the infected udder
		<i>Tamarindus indica</i> L.	Puli	Caesalpiniaceae	Seed	
		<i>Vigna mungo</i> (L.) Hepper	Ulundhu	Fabaceae	Seed	
		<i>Musa paradisiaca</i> L.	Vazhai	Musaceae	Leaf	Used as fodder to control mastitis
		<i>Capsicum annum</i> L.	Milahai	Solanaceae	Fruit	Along with leaves, two dry chilies and salt are added and juice is administered orally. Paste of the same also applied on the teat and udder
		<i>Wattakaka volubilis</i> Stapf	Peru Kurinjan	Asclepiadaceae	Leaf	
37.	Snake bite	<i>Achyranthes aspera</i> L.	Navirinji	Amaranthaceae	Root	All the materials in equal quantities are ground into paste along with small quantities of <i>Allium sativum</i> and <i>Piper nigrum</i> . Paste is to be kept in a white cloth or cotton cloth and 50 ml of extract is to be administered for cattle through nostril (10 ml for human being)
		<i>Calotropis gigantea</i> (L.) W.T.Aiton	Erukku	Asclepiadaceae	Root	
		<i>Canthium parviflorum</i> Lam.	Kaarai	Rubiaceae	Root	
		<i>Cassia fistula</i> L.	Sarakkonnai	Caesalpiniaceae	Root	
		<i>Nicotiana tabacum</i> L.	Puhai ilai	Solanaceae	Leaf	
		<i>Notonia grandiflora</i> DC.	Musakathu ilai	Asteraceae	Leaf	
		<i>Tylophora indica</i> Merr.	Kuthu Paalai/ Kuruthala Paalai	Apocynaceae	Leaf, root	
		<i>Alangium salviifolium</i> (L.f.) Wangerin	Alingi	Alangiaceae	Root	Root paste is given orally in a lemon size for 2 days
		<i>Mangifera indica</i> L.	Ma	Anacardiaceae	Leaf	Leaf juice along with seed powder (if available) given orally
38.	Visa Kadi (poison bites) and Poochi Kadi (insect bite)	<i>Calotropis gigantea</i> (L.) W.T.Aiton	Erukku	Asclepiadaceae	Leaf	Any one of this material or in urgency any other fodder plant can be used for "Paadam Poduthal" in poison bites. Then administered along with other fodder or drinking water
		<i>Citrus limon</i> (L.) Burm.f.	Elumichai	Rutaceae	Fruit	
		<i>Gossypium hirsutum</i> L.	Paruthi	Malvaceae	Seed	
		<i>Datura metel</i> L.	Oomathai	Solanaceae	Leaf	Leaf paste in hot water is applied to reduce the pain
		<i>Piper nigrum</i> L.	Milahu	Piperaceae	Seed	Seed powder made into paste with hot water or any plant oil and is applied externally which reduces pain
39.	Kirumi Naasini (antiseptics)	<i>Acorus calamus</i> L.	Vasambu	Araceae	Rhizome	Rhizome is ground with hot water and made into paste. Paste can be applied after cleaning of wound with hot water and also backsides of the cow after delivery to avoid flies
		<i>Azadirachta indica</i> A.Juss.	Vembu	Meliaceae	Leaf	Leaf paste is applied externally on the surfaces

(Contd..)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage		
40.	Infertility	<i>Curcuma longa</i> L.	Manjal	Zingiberaceae	Rhizome	Rhizome paste is applied on the wounds as antiseptics		
		<i>Ceiba pentandra</i> Gaertn.	Ilavu maram	Bombacaceae	Leaf	Crushed leaves with boiled rice water after 12 hrs is mixed together and about 500 ml is given orally twice daily for 3-5 days		
		<i>Cicer arietinum</i> L.	Kondai Kadalai	Fabaceae	Seeds	250 g of seeds is soaked in water for 12 hrs and ground well. Preparation is administered through drinking water in the morning for 20 to 30 days to the cows will regulate proper development of uterus		
41.	Delivery problems and recovery	<i>Dendrocalamus strictus</i> Nees	Siruvarai/Aan Mungil	Poaceae	Leaf	Leaves are used as fodder at the time of delivery to facilitate the delivery		
		<i>Borassus flabellifer</i> L.	Panai	Areaceae	Jaggery	<i>Eleusine coracana</i> gel is prepared along with jaggery and boiled. At bearable heat this paste is given orally to cattle as health tonic. It should be administered after 3-4 days of delivery which clears the placenta or any other remains present in the uterus and post-natal pains		
		<i>Eleusine coracana</i> Gaertn.	Rahi	Poaceae	Seed			
		<i>Lagenaria siceraria</i> (Molina) Standl.	Suraikkai	Cucurbitaceae	Fruit	All seeds are soaked in water for 12 hrs and boiled with pieces of <i>Lagenaria siceraria</i> tender fruit. Given as fodder for 5 days. It is given from 3 to 10 days after delivery as health tonic		
		<i>Macrotyloma uniflorum</i> (Lam.) Verdc.	Kollu	Fabaceae	Seed			
		<i>Sorghum vulgare</i> Pers.	Solam	Poaceae	Seed			
		<i>Vigna unguiculata</i> (L.) Walp.	Thattai Payiru	Fabaceae	Seed			
				<i>Cocos nucifera</i> L.	Thennai maram	Areaceae	Fruit	<i>Pacharisi</i> (Rice) soaked in water and pieces of coconut is added and ground well. Preparation is given in the evenings. This process is to be done after 7-20 days of delivery for 5-10 days. It acts as health tonic as well as to control the post-natal problems
		42.	Sathai Vilathu Iruthal (release of retained placenta)	<i>Oryza sativa</i> L.	Nel	Poaceae	Seed	
				<i>Artocarpus heterophyllus</i> Lam.	Palaa maram	Moraceae	Leaf	Leaf juice is given orally for 2 days once in a day for about ½ L
<i>Grewia asiatica</i> L.	Thadasi maram			Tiliaceae	Leaf	10-15 leaves are crushed and the paste is administered orally at the time of delivery which regulates the proper removal of placenta		
<i>Grewia tiliifolia</i> Vahl	Valukkai maram			Tiliaceae	Bark	Along with the bark of the plant, <i>Allium sativum</i> , <i>Cuminum cyminum</i> and <i>Piper nigrum</i> are added in small quantity and ground into paste. Lemon size is administered orally for 2 times		
<i>Aloe vera</i> (L.) Burm.f.	Sothu Kathalai			Liliaceae	Entire Plant	Plant materials are ground well along with small quantities of <i>Allium sativum</i> and <i>Piper nigrum</i> and made into paste. Preparation is given orally twice in a day		
<i>Grewia asiatica</i> L.	Thadasi maram			Tiliaceae	Bark			
<i>Grewia tiliifolia</i> Vahl	Valukkai maram			Tiliaceae	Bark			
43.	Ottunni Poochihal (ectoparasites)	<i>Annona squamosa</i> L.	Seetha maram	Annonaceae	Leaf	Leaf juice is applied externally to control ectoparasites like ticks and mites		
		<i>Acalypha indica</i> L.	Kuppai Meni	Euphorbiaceae	Leaf	Leaf paste is applied externally to repel the insect		

(Contd...)

Table 3: (Continued)

S. No	Name of the disease	Binomial Name	Vernacular names	Family	Parts used	Mode of preparation, administration, and dosage
44.	Sulukku (Sprain) or Thasai Pidippu (muscle contraction)	<i>Acorus calamus</i> L.	Vasambu	Zingiberaceae	Rhizome	Rhizome paste is applied externally to control the lice especially for the nutrient deficient kids of goats
		<i>Azadirachta indica</i> A.Juss.	Vembu	Meliaceae	Leaf	Fumigation to cattle sheds controls the ectoparasites
		<i>Chloroxylon swietenia</i> DC.	Porusa maram	Rutaceae	Leaf	Fumigation to cattle sheds controls the ectoparasites
		<i>Cleistanthus collinus</i> (Roxb.) Hook.f.	Oduvanthalai	Euphorbiaceae	Leaf	Twigs are acts as insect repelants. Leaf paste is applied on cattle to avoid attack of insects. But it is poisonous to human being
		<i>Ocimum basilicum</i> L.	Thiruneetru Pachilai	Lamiaceae	Leaf	Growing the plant near the cattle sheds or fumigation with dried plant material inside the cattle shed will repels the insects and flies
		<i>Strychnos potatorum</i> L.f.	Thaethan maram	Loganiaceae	Leaf	Fumigation to cattle sheds for the control of ectoparasites
		<i>Agave americana</i> L.	Periya Kathalai	Agavaceae	Leaf	<i>Agave americana</i> leaf juice and <i>Eleusine coracana</i> seed powder are boiled and made into gel. It is applied on the affected area for 3-5 times at an interval of 3 days
		<i>Eleusine coracana</i> Gaertn.	Rahi	Poaceae	Grains	
45.	Padukkan Kolli Eruthu	<i>Agave americana</i> L.	Periya Kathalai	Agavaceae	Leaf	<i>Agave americana</i> leaf juice and <i>Tamarindus indica</i> seed powder are mixed and boiled. Paste is applied externally in bearable heat on the affected area for 3-5 days
		<i>Tamarindus indica</i> L.	Puli	Caesalpinaceae	Seed	
45.	Padukkan Kolli Eruthu	<i>Cassia auriculata</i> L.	Aavarai	Caesalpinaceae	Leaf	3 tender leaves of each plant are ground together and paste is applied on the <i>Mookanangayiru</i> (A thread wore in the nose) in the morning and evening for 2 days
46.	Theratha maduhal (weak cattle)	<i>Leucas aspera</i> Link	Thumbai	Lamiaceae	Leaf	Central gel portion is given orally in morning hours once in a month for general health of digestive tract All materials are pounded and soaked in water for 20 days. Juice is administered orally for about 100 ml a day for the weak cattle
		<i>Aloe vera</i> (L.) Burm.f.	Sothu Kathalai	Liliaceae	Leaf	
		<i>Albizia procera</i> (Roxb.) Benth.	Koodu Mathuram	Mimosaceae	Bark	
		<i>Lannea coromandelica</i> (Houtt.) Merr	Othiya maram	Anacardiaceae	Bark	
		<i>Mangifera indica</i> L.	Ma	Anacardiaceae	Bark	
		<i>Pterocarpus marsupium</i> Roxb.	Vengai maram	Fabaceae	Bark	
		<i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn.	Aathu Mathuram	Combretaceae	Bark	
		<i>Polyalthia cerasoides</i> (Roxb.) Bedd.	Senthalam	Annonaceae	Bark	
47.	Milk yielding (lactation)	<i>Bambusa arundinacea</i> Retz.	Moongil	Poaceae	Leaf	Fresh leaves used as fodder to increase lactation
		<i>Leptadenia reticulata</i> (Retz.) Wight and Arn.	Thummal kodi/Palai kodi	Asclepiadaceae	Entire Plant	Used as fodder to increase lactation process in cattle
		<i>Vanilla walkeriae</i> Wight.	Aanai Pirandai	Orchidaceae	Stem	Used as fodder to increase milk yielding capacity in cattle
48.	Spritual	<i>Calotropis gigantea</i> (L.) W.T.Aiton	Erukku	Asclepiadaceae	Tender Twig	Tender twig is used for <i>Paadam Poduthal</i>
		<i>Cardiospermum halicacabum</i> L.	Mudakkathan	Sapindaceae	Tender Twig	Tender twig is used for <i>Paadam Poduthal</i>

help in the field of herbal research and enumeration of new medicinal plant. At the same time, the detailed biochemical and pharmacological investigations and scientific validation of these plants will be very helpful for inventing and designing novel drugs for EV health care.

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