

ANTIEPILEPTIC RECTAL HYDROGEL LOADED WITH CARBAMAZEPINE – RICE BRAN WAX MICROSPHERES

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Received: 12 November 2016, Revised and Accepted: 06 December 2016

ABSTRACT

Objectives: The objective behind the study is to develop a mucoadhesive rectal hydrogel from carbamazepine (CBZ) – rice bran wax (RBW) microspheres for the purpose of controlled release for the treatment of epilepsy.

Methods: The study was conducted to formulate controlled release rectal hydrogel loaded with CBZ – RBW microspheres in two different natural polymers, RBW and collagen which are prepared by modified cooling induced solidification method and gel preparation along with their evaluation studies.

Results: A thorough analysis of the optimized gel revealed that all the evaluation parameters evaluated are within the acceptable limits. Further, the optimized microsphere formulation (M5) was used to formulate it as rectal hydrogel using polymer collagen and was characterized. The mucoadhesion time of 25% w/w collagen hydrogel (H4) was 565 minutes, allowing the loaded microspheres to be attached on rectal mucosa. *In vitro* drug release from the mucoadhesive hydrogel formulations showed controlled drug release pattern with a maximum drug release of 96.45±0.35% for optimized H4 formulation after 12 hr; followed zero order release pattern with diffusion mediated Higuchi model. *Ex vivo* permeation studies using bovine rectal mucosa revealed that H4 formulation showed greater permeability compared to control. Histopathological findings revealed that H4 formulation is safer for rectal administration without any signs of rectal irritancy. The stability studies of optimized formulation (H4) proved that hydrogel remained stable over a wide range of temperature condition.

Conclusion: Hence, the developed rectal hydrogel formulation seems to be a viable alternative to conventional drug delivery system for the effective management of epilepsy.

Keywords: Carbamazepine, Rice bran wax, Rectal hydrogel, Sustainability.

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INTRODUCTION

Epilepsy is a disorder of brain that is characterized by neuronal misfiring and send out incorrect signals, ultimately lead to seizures. Seizures can vary between brief loss of awareness, to mood swings, to loss of body function and motor control [1]. Pathophysiology of epilepsy is very complex. Pathophysiological mechanisms of some forms of epilepsy are partially understood [2].

Antiepileptic drugs (AEDs) are different group of pharmaceuticals used in the treatment of epileptic seizures. The major targets for the marketed AEDs are voltage-gated sodium channel and components of GABA system (GABA_A receptor, GAT-1 GABA transporter). Other considerable targets are voltage gated calcium channels, SV2A. For a long time, it was tried to develop a single drug for the treatment of all type of epilepsies. Specific choices of AED depend on the individual patient's condition and the particular side effects of the AED. None has emerged as being superior to either old standard or newer AED drugs [3-6]. The article mainly focused on the development and evaluation of rectal collagen hydrogel loaded with carbamazepine (CBZ) rice bran wax (RBW) microspheres adequate for the purpose of sustaining its release in case of long-term therapy which is highly essential in the treatment of epilepsy.

MATERIALS AND METHODS

Materials

CBZ sample was procured from Bajaj Private Ltd., Mumbai. Matrubby Trades and Solutions Private Limited, Kochi, supplied the RBWs. Collagen was obtained from Nitta Gelatin Chemicals, Kochi. All other chemicals used were of analytical grade.

Preformulation studies

Preformulation studies are the first step in the rational development of dosage form of a drug substance.

Identification of drug

Solubility studies

Drug solubility studies were carried out in distilled water, ethanol, methyl alcohol, 1-propanol, acetone, 1-butanol, and in phosphate buffer pH 6.8.

Melting point determination

Melting point determination was carried out by capillary tube method [7].

Compatibility studies of the drug CBZ with the excipients

There should be an appreciable compatibility between the excipients and the drug for the formation of a stable formulation [8,9].

Fourier transform infrared spectroscopy (FTIR) studies

The FT-IR spectra of the samples were obtained to ascertain the compatibility between CBZ and the selected polymers by FT-IR method [10].

Formulation of CBZ microsphere (Table 1)

To the melted RBW taken in a china dish, dispersed the drug CBZ (40 mg) into it and the melted mixture was added to 100 ml distilled water at above 80°C. Surfactant of concentration 1.8% w/w of Tween

80 solution was poured into the mixture using a magnetic stirrer set at 800 rpm for not more than 15-20 minutes which was then cooled to room temperature, filtered and then washing has to be done so as to get spherical shaped microspheres after air drying [11].

Characterization of microspheres

Drug content analysis

This was carried out using appropriate dilutions of drug with methanol at a wavelength of 285 nm spectrophotometrically using methanol as blank.

In vitro studies for drug release

Apparatus of Type II USP paddle was used for this study, and it was done by a standardized procedure, which was then analyzed spectrophotometrically at 285.5 nm [12].

Formulation of collagen rectal hydrogel containing CBZ RBW microspheres (Table 2)

Before the experiment the required quantity of collagen was cooled to a temperature below 10°C. 2.5% of collagen was taken in a beaker and added 0.5 ml of sodium hydroxide, 0.5 ml of pH 6.8 phosphate buffer and 1 ml distilled water. These were mixed well. To this 1% of CBZ loaded RBW microspheres were added to obtain a gel of desired consistency. To this gel, two drops of glutaraldehyde were added and mixed.

Characterization of collagen rectal hydrogel

Physicochemical properties

Physicochemical evaluations such as pH measurement, homogeneity measurement, measurement of strength and consistency of hydrogels, spreadability, drug content, rheological studies, etc., were determined.

Surface pH measurement

The pH values of the hydrogels were determined by dispersing 1 g of each formulated hydrogel in 30 ml distilled water and recorded by a digital pH meter.

Homogeneity measurement

The hydrogels were visually inspected for general appearance and presence of any aggregates after they had been set in their final containers.

Measurement of strength and consistency of hydrogels

The gel strength was determined according to a method reported. A sample of 50 g of prepared hydrogel was placed in a 100 ml graduated

cylinder. A standard weight of 35 g was placed onto the hydrogel surface. The strength of gel was determined by measuring the time in seconds taken by the weight to penetrate 5 cm down through the gel. Arrange of 10-50 seconds was acceptable for rectal application. A time less than 10 seconds was considered to cause gel leakage out from the rectum whereas more than 50 seconds would be too viscous for rectal administration [13].

Spreadability

Spreadability parameter of the freshly prepared hydrogels was evaluated by an accepted procedure of sliding it between two glass slides.

Rheological studies

The Brookfield apparatus for viscosity measurement was done using a standardized procedure. Rotations of the gel were carried out for 2 minutes in a spindle 7 and accordingly dial reading is recorded. A typical run should be carried out changing the speed from 10 to 100 rpm at room temperature. For pseudoplastic flow, $n > 1$ while for dilatancy, $n < 1$.

In vitro mucoadhesion studies

The mucoadhesive properties of hydrogels loaded with CBZ microspheres were carried out. The method was based on assessing the time required for detachment of the hydrogel spread on the bovine rectal mucosa. Sections of the bovine rectum tissues were surgically removed and placed in saline solution. The tissues were stored frozen in phosphate buffer pH 6.8 and thawed to room temperature before use. At the time of testing, a section of bovine rectum tissue was tied on a beaker. A known quantity of hydrogel (1 g) was placed onto the rectal mucosa. The beaker was filled with 100 ml phosphate buffer pH 6.8 at $37 \pm 0.5^\circ\text{C}$ and magnetically stirred at 100 rpm. The time for complete erosion of the hydrogels from the rectal mucosal surface was determined visually and recorded as an indication of the *in vitro* adhesion time [14].

In vitro drug release studies

A modified method was adopted, where a known quantity of the hydrogel was introduced into the glass tube of 2.5 cm diameter and 3 cm length opened from both ends. The lower end of the tube was tightly covered with a dialysis membrane and the upper was hanged to the shaft of a USP Type II paddle apparatus dissolution rate rotating at rpm 100. The tubes were adjusted so that the dialysis membrane (Sigma-Aldrich) was below the surface of 100 ml pH 6.8 phosphate buffer maintained in $37 \pm 0.5^\circ\text{C}$ condition at pH in between 6.5-7.2 range, imitating rectal fluid which is the desired medium for drug absorption. Aliquot samples were suitably diluted with phosphate buffer pH 6.8 and

Table 1: Formulation composition of CBZ rice bran wax microspheres

S. No.	Ingredients	M ₁	M ₂	M ₃	M ₄	M ₅	M ₆	M ₇	M ₈	M ₉
1	RBW (g)	4	8	12	4	8	12	4	8	12
2	CBZ (mg)	30	30	30	40	40	40	50	50	50
3	CBZ: RBW(%w/w)	133	266	400	100	200	300	80	160	240
4	Tween 80 (%)	1.8	1.8	1.8	1.8	1.8	1.8	1.8	1.8	1.8
5	Distilled water (ml)	150	150	150	150	150	150	150	150	150

RBW: Rice bran wax, CBZ: Carbamazepine

Table 2: Formulation composition of collagen rectal hydrogel containing CBZ loaded RBW microspheres

S. No.	Ingredients	H1	H2	H3	H4	H5	H6
1	CBZ loaded RBW microspheres -M5 optimized formulation (%)	1	1	1	1	1	1
2	Collagen (%)	10	15	20	25	30	35
3	Phosphate buffer pH 6.8 (ml)	0.5	0.5	0.5	0.5	0.5	0.5
4	Glutaraldehyde (drops)	2	2	2	2	2	2
5	Sodium hydroxide 0.1 N (ml)	0.5	0.5	0.5	0.5	0.5	0.5
6	Distilled water (ml)	10	10	10	10	10	10

CBZ: Carbamazepine, RBW: Rice bran wax

analyzes spectrophotometrically in 285.5 nm. All experiments were carried out in triplicates and the mean values were presented [15].

Ex vivo permeation studies

This study was carried out in a specialized apparatus called the Franz diffusion cell having capacity of approximately 15 ml for receptor compartment by accepted procedure. A comparison study was done between optimized H4 hydrogel formulation, CBZ API loaded hydrogel (without microsphere) formulation, drug in phosphate buffer pH6.8 solution, etc. [16,17].

Scanning electron microscopy (SEM)

The optimized hydrogel formulation (H5) were diluted with distilled water and examined with the SEM.

Histopathological examination

The pretreated mucosa which was subjected to the *in vitro* permeation was examined for any changes after accepted procedure [18].

Stability studies

The H4 rectal hydrogel was undergone stability evaluation for 60 days in refrigerated ($4\pm 2^\circ\text{C}$) and room temperature ($30\pm 2^\circ\text{C}$) condition and analyze for drug content [19-21].

RESULTS AND DISCUSSIONS

Solubility studies

The pure drug is partially soluble in water and ethanol and completely soluble in methanol, phosphate buffer pH 6.8.

Melting point of the drug

The result of M.P determination was in the range of 189°C - 193°C .

FTIR studies

FTIR spectrum of CBZ, drug+RBW, plain RBW microspheres, collagen, physical mixture of drug with collagen and CBZ-RBW microspheres loaded collagen hydrogel formulations were shown in Fig. 1.

- FTIR spectra of CBZ showed characteristic absorption bands at $3467/\text{cm}$ (NH stretching of NH_2), $3080/\text{cm}$ (aromaticity (aromatic CH stretching), $1678/\text{cm}$ (C=O stretching of CO NH_2), 1605 , $1489/\text{cm}$ (C=C ring stretching) showed strong peak at $3029/\text{cm}$ indicating the presence of -OH group.
- FTIR spectra of collagen showed strong peak at $1650/\text{cm}$ indicating

the presence of amide I carbonyl stretching region, amide II at $\sim 1560/\text{cm}$, and a set of three weaker bands that represent amide III vibration modes centered at $\sim 1245/\text{cm}$.

- FTIR peaks for RBW are at 2917 - $2852/\text{cm}$, minor peaks at 1730 , 1497 , 1461 , and $1377/\text{cm}$.
- The drug loaded hydrogel formulation exhibit a spectrum from 3500 to $3300/\text{cm}$ indicating the presence of amine group. $3083/\text{cm}$ (aromatic CH stretching), $1678/\text{cm}$ (C=O stretching of CO NH_2), showed strong peak at $3029.73/\text{cm}$ indicating the presence of -OH group.
- Absence of extra peaks indicates good compatibility between drug and the excipients.

Formulation of CBZ loaded RBW microspheres by modified cooling induced solidification method

The preparation strongly urges the need of optimization of certain parameters such as concentration of wax, speed rate of stirring, concentration of surfactant, and temperature. Optimum pH for maximum drug loading was found to be 6.8 with distilled water as the external phase. Tween 80 concentration was optimized to 1.8% w/w.

Drug content analysis

The drug content analysis was carried out for all prepared microsphere formulations. The drug content of all formulation ranged between $57.23\pm 0.14\%$ to $92.33\pm 0.36\%$ as mentioned in Table 3 and Fig. 2. The maximum drug content was found to be $92.33\pm 0.36\%$ for microsphere formulation M5. Drug content in the formulation depends on the concentration of polymer in microsphere. Drug content increases with increase in polymer concentration. However, the pharmaceutically applicable drug loading was found to be maximum when the drug to polymer ratio was taken as 1:200% w/w.

IN VITRO RELEASE STUDIES OF DRUG

The release studies of drug loaded microsphere formulations were carried out for 12 hr (Fig. 3). 6.8 phosphate buffer was selected as the simulated rectal fluid which is the desired medium for drug absorption. The pH was maintained constant for the entire study duration using USP Type II Paddle dissolution apparatus. Maximum release was obtained for M5 and M8 formulations which are $97.48\pm 1.98\%$ and $84.78\pm 0.23\%$, respectively. The release of the drug from the formulation depends on the concentration of polymer, but if the concentration of the polymer is excessively increased release of

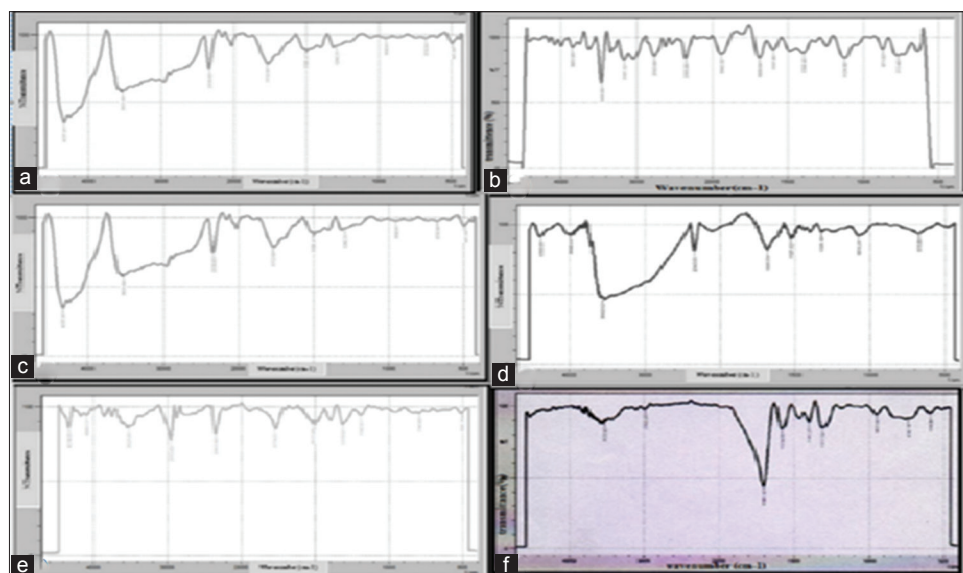


Fig. 1: (a) Fourier transform infrared spectroscopy (FTIR) of carbamazepine (CBZ), (b) FTIR spectrum of CBZ+rice bran wax, (c) FTIR spectrum of plain rice bran wax microspheres, (d) FTIR spectrum of collagen, (e) FTIR spectrum of drug+collagen, and (f) FTIR spectrum of CBZ rice bran wax microsphere loaded hydrogel

the drug gets affected. The optimized formulation was found to be M5 which exhibits highest percentage of release in a controlled manner for 12 hr. This controlled release with high percentage of release was due to optimized drug to wax ratio. M5 formulation contains 1% w/w of drug and drug to polymer ratio of 1:200. Further, optimized formulation M5 was selected for the formulation of collagen rectal hydrogel [22].

Formulation of collagen rectal hydrogel containing CBZ RBW microspheres

Preparation of collagen hydrogel

Hydrogels were prepared using 1% w/w of optimized M5 microspheres. Here, the polymer used was collagen which is a natural one. It is an abundant structural protein in all animals. Collagen is selected as the polymer because of the following properties:

- Thickening agent
- Mucoadhesion property
- Tissue compatibility

Table 3: Determination of percentage drug content

Formulation	Drug content (%)
M1	57.23±0.14
M2	69.34±0.34
M3	65.36±1.93
M4	59.65±0.36
M5	92.33±0.43
M6	72.82±0.56
M7	63.56±0.98
M8	83.45±0.45
M9	76.38±1.76

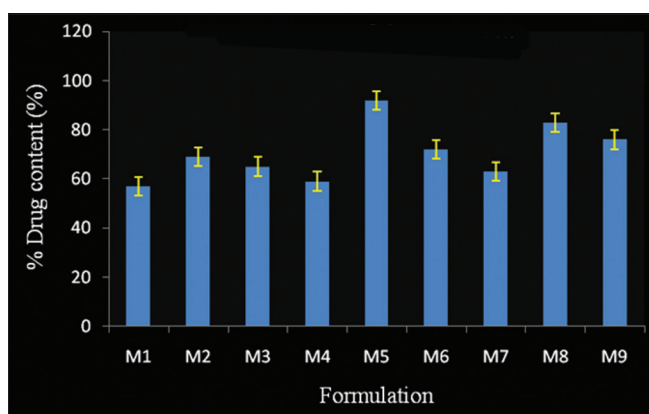


Fig. 2: Determination of percentage drug content

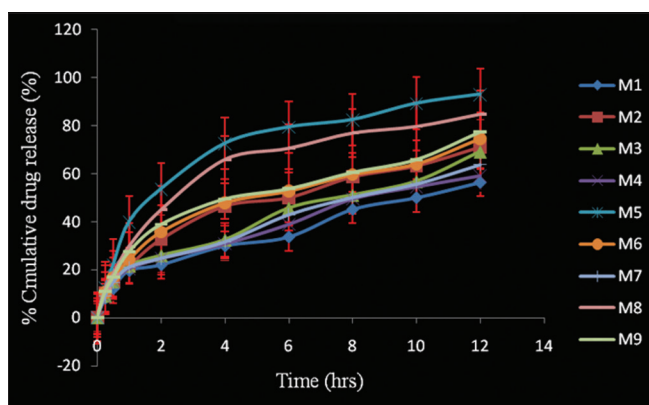


Fig. 3: In vitro release of carbamazepine loaded rice bran wax microspheres

- Biodegradability
- Viscosity enhancement property.

For the formulation of the hydrogel, collagen must be cooled to a temperature before the experiment. This is mandatory to obtain gel of desired consistency. The formulation was performed by varying the percentage of collagen between 10-35% w/w. According to the change in collagen concentration, a total of six formulations from H1 to H6 were prepared. The polymer must be added slowly to distilled water with constant stirring so that the formation of lumps could be avoided. The optimum amount of distilled water used was 10 ml. If the amount of distilled water was increased, the desired gel consistency could not be achieved. Sodium hydroxide (0.1 N) was added to adjust the pH. 1% of the optimized microsphere M5 formulation is incorporated to hydrogel after wetting it with 0.5 ml of phosphate buffer of pH 6.8. This wetting step was performed to enhance the distribution of microspheres. After the wetting process, the microspheres were uniformly distributed into the structured vehicle of hydrogels by gentle mixing with a mechanical stirrer. Glutaraldehyde is added as the cross linking agent to sustain the drug release and was again mixed until gel was formed, so the final concentration of CBZ in hydrogels was 1% w/w, shown in Fig. 4.

Characterization of collagen rectal hydrogel

Surface pH measurement

The formulated hydrogels had pH values in range of 6.5-7.4, which were close to the rectal pH of 6.8. Hence, these values indicated the suitability of the hydrogels for rectal application with minimal risk of tissue irritation.

Homogeneity measurement

All the formulated hydrogels showed good homogeneity with the absence of lumps, indicates uniform distribution of drug within the formulation.

Measurement of strength and consistency of hydrogels

The strengths of collagen hydrogels H1-H4 were within the acceptable range (10-50 s). The H5 and H6 formulations showed a higher strength reaching 59.32 and 63.4 seconds, respectively. These values clearly revealed that the strength of collagen hydrogels could not be considered suitable for rectal application (Fig. 5).

Spreadability

The formulated hydrogels exhibited satisfactory spreadability which points to equality to application of drug. The spreadability of the optimized hydrogel formulation H4 was in the range of 25.48±2.78 g cm/seconds.

Drug content analysis

For any formulation there should be uniformity in drug distribution, hence the desired therapeutic concentration will be reached to the specific site. This will give a clear indication of its action in the body. All the formulations exhibited fairly appreciable drug content. Simple and less complicated procedure will account minimum chance of drug, i.e., addition of 1% of optimized formulation of drug bearing microsphere (M5) to the polymer solution. The drug content was observed in the range of 88.73±0.45% to 97.48±0.62% (Fig. 6). The optimized formulation H4 containing 25% of collagen showed maximum drug content.

Rheological studies

H1-H4 formulations were suitable for rheological studies after taking viscosity measurements shown in Fig. 7.

In vitro mucoadhesion studies

Fig. 8 presented the bioadhesion time taken by hydrogel formulae to erode from the rectal mucosal tissue. It was observed that H4 hydrogel

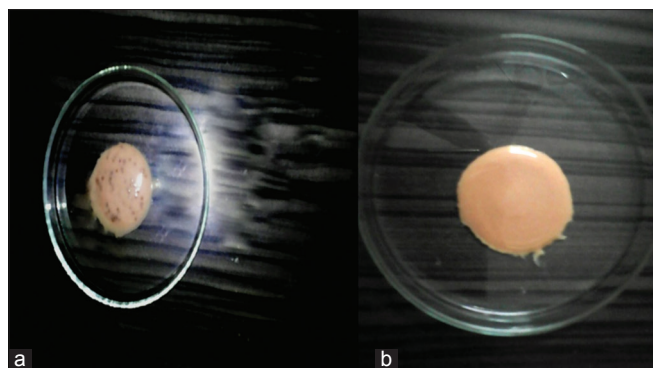


Fig. 4: (a) Carbamazepine rice bran wax microsphere loaded collagen hydrogel. (b) Carbamazepine API loaded collagen hydrogel

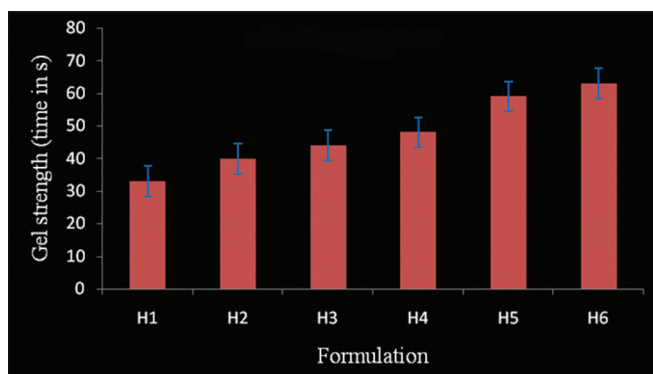


Fig. 5: Gel strength

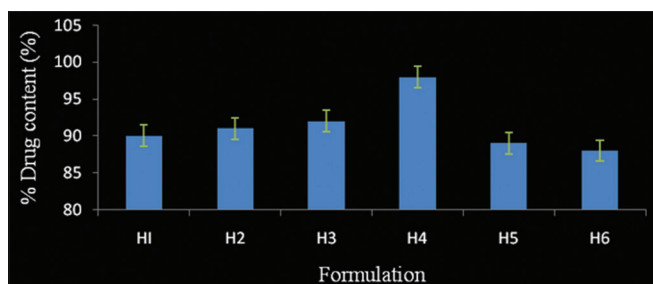


Fig. 6: Drug content of different hydrogel formulations

formulation had the highest *in vitro* adhesion time (565 minutes), whereas the adhesion time of other hydrogels was comparatively lesser. Collagen is a good mucoadhesive agent. The polymer concentration and bioadhesion time had a linear proportionality relationship. Furthermore, the mucoadhesion time will be greater up to collagen concentration of 25% and further increase in collagen concentration showed decreased bioadhesion. The high residence time shown by the prepared rectal hydrogels gave a chance to the loaded microspheres to be attached to the mucosal surface and slowly elute the drug providing a controlled effect.

In vitro drug release studies

The study was conducted for duration of 12 hrs and release percentage from 0 to 12 hrs was taken. From H1-H4, the percentage value of release of drug value was considerably increased and dropped subsequently for H5 and H6 formulation. Maximum release was obtained for H4 formulation with 96.45±0.35% than other formulations shown in Fig. 9. Equal amount of drug loaded microspheres were used to formulate all six hydrogel formulations, but the % of polymer (collagen) used varies. These hydrogels act as a reservoir which release the drug at

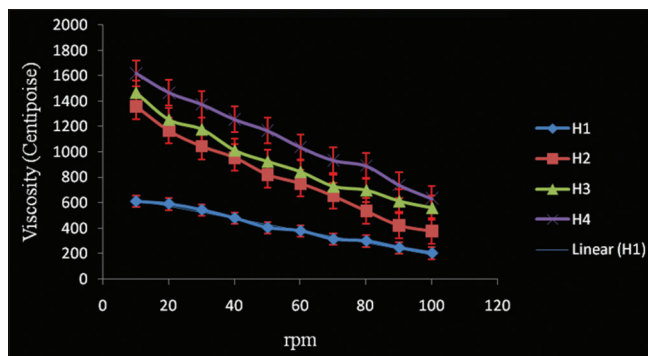


Fig. 7: Rheological properties of selected hydrogel formulations

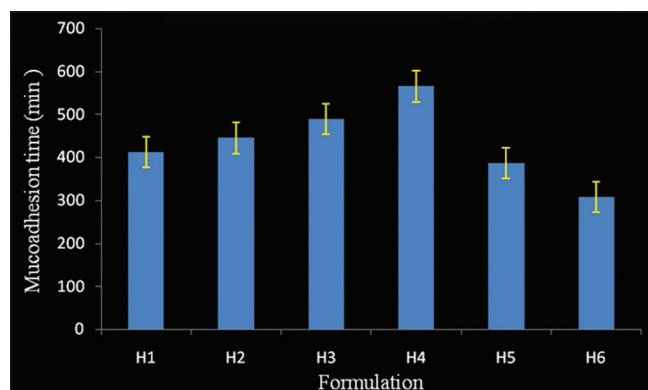


Fig. 8: Comparison of mucoadhesion time of different formulations

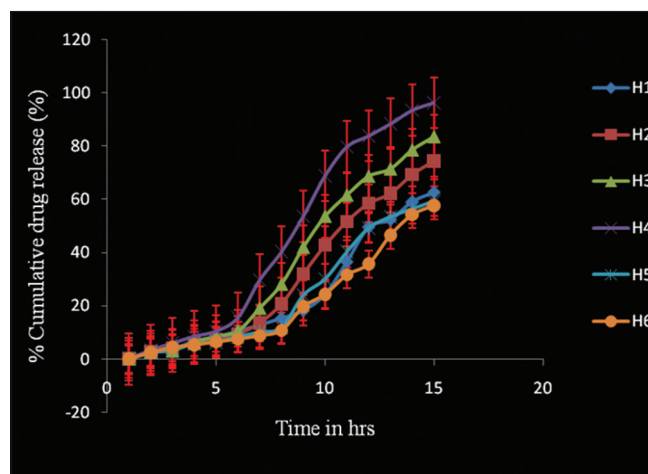


Fig. 9: *In vitro* drug release of different formulations of carbamazepine rice bran wax microsphere loaded hydrogel formulations

a minimum pace, in a sustained manner at a considerable duration. ⁵⁰H4 formulation contains 25% collagen which could be concluded as the optimum collagen concentration to exhibit maximum percentage release. Further increment in polymer % showed a fall in percentage release (H5 and H6 formulations). Kinetic studies were also performed.

Ex vivo permeation studies

The rectal mucosa represents a layer with high vascularization. The bovine rectal mucosa was selected because of its physiological resemblance to human rectal mucosa and the studies were conducted in Franz diffusion cell. The *ex vivo* permeation study gives a clear idea about the behavior of the moiety *in vivo*. There is proportionality

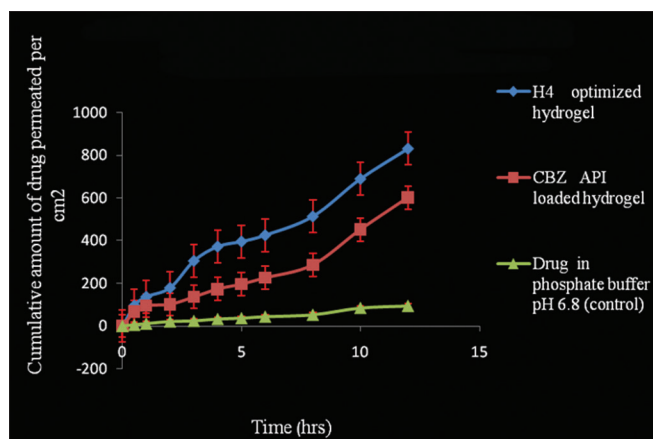


Fig. 10: Ex vivo permeation comparison studies of selected formulations with control

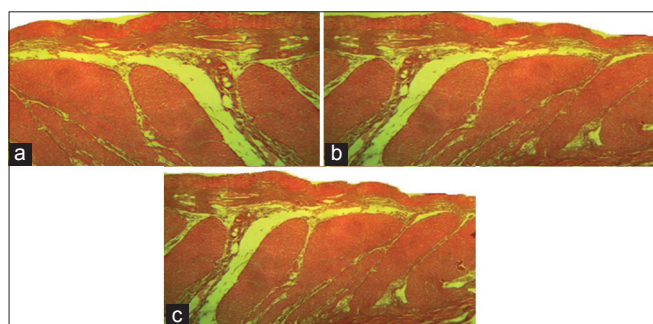


Fig. 11: (a-c) Histopathological evaluation

between the quantity of drug permeated and the quantity of drug absorbed. A comparison study was done between optimized H4 hydrogel formulation, CBZ API hydrogel (without microsphere) formulation, drug in phosphate buffer pH 6.8 solution, etc. The *ex vivo* permeation studies were performed only for 12 hrs as the rectal mucosa undergoes degradation when it was kept for longer period which was indicated by foul smell. The *ex vivo* permeation studies as seen in Fig. 10 confirmed that the optimized formulation H4 shows maximum permeation.

Histopathological examination

As shown in Fig. 11, histopathological study of the rectal mucosa after permeation study suggested that the optimized hydrogel H4 formulation was safe for rectal administration.

SEM

The discrete and spherical shaped with a rough outer surface and visible wrinkles are shown in SEM studies (Fig. 12).

Stability studies

From the stability studies (Fig. 13) the optimized H4 hydrogel formulation, it was confirmed that H4 formulation was stable at two different conditions.

CONCLUSION

A number of delivery systems have been investigated for use in neurological disorders like epilepsy, but still a novel delivery system to combat this incurable firing disorder is yet to be developed. Antiepileptic medications are used as first line treatment option but conventional therapy is accompanied by a handful of side effects. Rectal route offers a noninvasive useful route of drug administration when systemic or local effects are requested. Rectal administration is of now widely employed which could be as effective as the intravenous route. Furthermore nonmedical personnel, irrespective of the patient's ability to cooperate can administer rectal formulations easily and

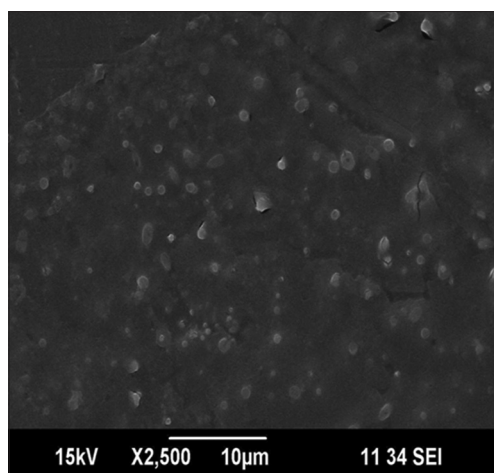


Fig. 12: Scanning electron microscopy of carbamazepine rice bran wax microsphere loaded hydrogel (H4 formulation)

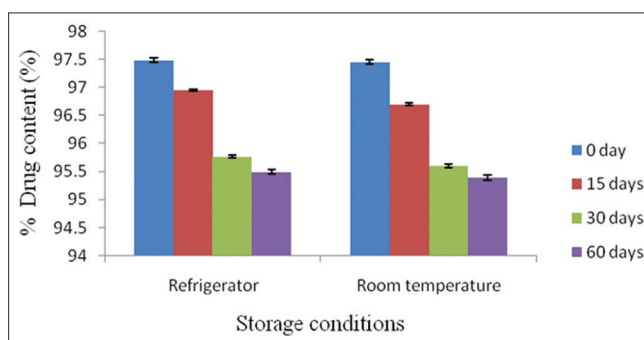


Fig. 13: Stability study of optimized rectal hydrogel (H4)

safely. Hydrogels are highly nonirritant and tissue compatible due to its excessive moisture content and resemblance to the natural cell environment. Collagen hydrogels containing CBZ RBW microspheres have been prepared and evaluated. The formula of 25% collagen loaded with CBZ RBW microspheres (H4 formulation) showed adequate rheological, mucoadhesive, and permeability properties. The suggested formula allowed the adhesion of hydrogel loaded with the drug CBZ to the rectal mucosa for subsequent sustained release behavior with no burst effect, which is a major disadvantage of CBZ immediate release systems. *In vitro* release kinetics of formulation clearly indicated that the CBZ microsphere loaded hydrogels exhibited zero order release following Higuchi model as the diffusion mechanism. Histopathological examination demonstrated that the optimized H4 hydrogel formulation produce neither mucosal remodeling nor rectal irritancy and hence evaluated to be safe for rectal administration. The main purpose of this work which was to formulate a rectal hydrogel with sustained release of drug so as to minimize drug related adverse effects and frequency of dosage was successfully attained.

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