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CYTOTOXIC ACTIVITY OF A MEDICINAL MANGROVE PLANT *CERIOPS DECANDRA* (GRIFF.) DING HOU LEAVES ON HUMAN BREAST ADENOCARCINOMA CELL LINE MCF-7

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ABSTRACT

Objective: *Ceriops decandra* (Griff.) Ding Hou (Rhizophoraceae) is an evergreen mangrove tree widely used in folklore medicine for the treatment of several diseases. Concerning the presence of anticancer molecule in *C. decandra*, the present investigation was carried out to study the preliminary phytochemical screening, *in vitro* cytotoxic effect, and apoptotic induction of methanol extract of *C. decandra*.

Methods: The preliminary phytochemical investigations were done using standard methods. Cytotoxic activity was analyzed in terms of brine shrimp (*Artemia salina* Leach) lethality bioassay. MTT (3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide) assay was used to evaluate the cell viability and growth inhibition of MCF-7 (human breast adenocarcinoma) cells after treatment with different doses of *C. decandra* extract. Cell morphological changes induced by the extract were observed using phase contrast inverted microscope. Induction of apoptosis was determined by DNA fragmentation assay.

Results: Phytochemical screening revealed the presence of various potent phytochemicals. In the brine shrimp lethality bioassay, the LC_{50} of the extract was found to be 12.5 µg/mL, implying a promising cytotoxic effect. The MTT assay results showed increased inhibitory activity at a concentration-dependent manner and altered the cell morphology after exposure with *C. decandra* extract which exhibited typical apoptotic morphological changes. Furthermore, the characteristic DNA ladder pattern of *C. decandra* treated cells in agarose gel electrophoresis confirms the induction of apoptosis.

Conclusion: The research revealed the cytotoxic effect of C. decandra on MCF-7 cells through its nature of induction of apoptosis.

Keywords: Ceriops decandra, Artemia salina, MCF-7 cell line, MTT assay, Apoptotic induction.

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INTRODUCTION

Marine floras such as sponges, microalgae, seaweeds, mangroves, and other halophytes are extremely potential source of anticancer drugs based on traditional knowledge and preliminary scientific work, but these are least explored [1]. The use of natural medicines has increased dramatically in the last decade. Even after the emergence of modern medicine, plants remain as the most important source of medicinal help. The natural medicines are considered as a popular choice by various segments of population due to their widespread availability and safety [2]. Most of the indigenous plant species, namely *Ormocarpum sennoides* (Willd.) DC [3], *Heracleum maximum* Bartr. [4], *Senecio graveolens* Wedd. [5], and *Salicornia brachiata* Roxb. [6] practiced worldwide by various traditional healers, and natural products such as *Hypnea musciformis* [7] and jadomycins [8] biosynthesized by the soil bacteria *Streptomyces venezuelae* are yet to be screened for its potential therapeutic effects.

Breast cancer is a disease in which malignant cancer cells form in the breast tissues which is the second overall cause of death among women. All people, whether male or female, are born with some breast cells and tissues that have the possibility to develop into cancer. However, breast cancer in men is rare, with only about 2190 diagnoses each year. There are two types of breast cancer tumors: Those that are non-cancerous or "benign," and those that are cancerous which are "malignant." The cancer cells of a malignant tumor spread to other parts of the body, usually through the lymph system and form a secondary tumor which results in metastatic breast cancer [9]. Currently, breast cancer treatments include surgery (lumpectomy and mastectomy), lymph node removal and analysis (sentinel lymph node biopsy and axillary lymph

node dissection), reconstructive (plastic) surgery (implants and tissue flap procedures), external breast forms (prostheses), radiation therapy, systemic therapy, chemotherapy, hormonal therapy, targeted therapy, and osteoclast-targeted therapy [10]. However, these treatments can cause a lot of side effects to the patients and further damage their health. Therefore, there is a demand for alternative treatments with naturally derived anticancer agents.

Ceriops decandra (Griff.) Ding Hou [11] (Family: Rhizophoraceae) is being widely used in the traditional system of medicine. It is found in India, Bangladesh, Burma, Thailand, and Peninsular Malaysia [12]. It is known by different vernacular names such as Chiru kandal (Tamil), Gatharu (Telugu), Goran (Hindi), Bara goran (Bengali), and Gartah (Oriva) [13]. Conventionally, leaf and bark decoction applied externally to treat hemorrhage, indolent ulcers, hepatitis, and the juice of its fresh leaves was given to mothers in abdominal pain after childbirth as a postpartum remedy [14-16]. Scientific investigations have found out that leaves of C. decandra possess various pharmacological activities such as antioxidant [17], antidiabetic [18], anti-HIV [19], anti-SFV (Semliki Forest Virus) [20], antinociceptive [21], antimicrobial [22], antibacterial [23], as well as mangrove tea extract prepared from the leaves of *C. decandra* effectively prevented the dimethylbenz[a] anthracene (DMBA)-induced hamster buccal pouch carcinogenesis [24]. In addition to that, C. decandra contains anticancer molecule which is capable to fight against breast, bone marrow, and lung and blood cancers [25]. However, there is no evidence on the therapeutic effects of C. decandra in breast cancer.

Therefore, the present work aims to investigate the cytotoxic property and DNA fragmentation assay of *C. decandra* leaves on MCF-7 human

breast adenocarcinoma cells which has not been previously studied and will help in dosage fixation for further exploration of their therapeutic efficacy.

METHODS

Collection and authentication of plant material

The leaves of *C. decandra* (Griff.) Ding Hou were collected from Pichavaram Mangrove Forest near Chidambaram, Tamil Nadu (India). The specimen was authenticated by Prof. P. Jayaraman, Botanist, Plant Anatomy Research Centre (PARC), West Tambaram, Chennai, Tamil Nadu (India), by specimen no. PARC/2015/3169 and has been deposited in the herbarium of the Department of Pharmacognosy, SRM College of Pharmacy, SRM Institute of Science and Technology, Kattankulathur, Tamil Nadu, India.

Extraction procedure

The leaves were washed, shade-dried, and powdered in a grinder mixer. About 70 g of the powdered leaves were placed in a stoppered container and soaked in 700 mL methanol for maceration at room temperature for about 7 days with occasional shaking. After 7 days, the resulting suspension was filtered and the solvent was evaporated to dryness under reduced pressure in rotary evaporator. Finally, the resultant extract was stored at 4°C in a refrigerator.

Preliminary phytochemical analysis

A small portion of the extract dissolved in its own mother solvent (methanol), and the obtained solution was used for the qualitative phytochemical tests by adopting standard procedures [26-30].

Test for alkaloids

Dragendorff's test

To a few ml of extract, 6 drops of Dragendorff's reagent (potassium bismuth iodide solution) were added. The formation of reddish-brown precipitate indicates the presence of alkaloids.

Mayer's test

To 1 mL of leaf extract, few drops of Mayer's reagent (potassium mercuric iodide solution) were added. Cream color precipitate was taken as indicative of the presence of alkaloids.

Test for amino acids

Ninhydrin test

To the test solution, add Ninhydrin solution and boil for few minutes. Formation of violet color indicates the presence of amino acids.

Test for carbohydrates

Molisch's test

To the test solution, add few drops of alcoholic α -*naphthol*, then add few drops of concentrated sulfuric acid through sides of test tube - purple to violet color ring appears at the junction indicates the presence of carbohydrates.

Test for flavonoids

Shinoda test

To 2 mL of leaf extract, add few magnesium turnings and concentrated hydrochloric acid dropwise. A pink, scarlet, crimson red, or occasionally green to blue color appeared after few minutes confirms the presence of flavonoids.

Test for steroids

Salkowski test

Concentrated sulfuric acid was carefully added to the test solution to form lower layer. A reddish-brown color at the interface was taken as positive for steroid ring.

Test for triterpenoids

Liebermann-Burchard test

Treat the extract with few drops of acetic anhydride, boil and cool. Then, add concentrated sulfuric acid from the side of the test tube. Formation of deep red color indicates the presence of triterpenoids.

Test for tannins (phenolic compounds)

Ferric chloride test

2–3 drops of 10% ferric chloride solution were added to 2 mL of extract. The occurrence of blackish-blue color showed the presence of hydrolyzable tannins and a green-blackish color indicated the presence of condensed tannins.

Test for glycosides

To small amount of extract, add 1 mL water and shake well. Then, aqueous solution of sodium hydroxide was added. The formation of yellow color indicates the presence of glycosides.

Test for anthraquinone glycosides

Borntrager's test

Boil the leaf extract with 1 mL of sulfuric acid in a test tube for 5 min. Filter while hot. Cool the filtrate and shake with equal volume of chloroform. Separate the lower layer of chloroform and shake it with half of its volume of dilute ammonia. A rose pink to red color is produced in the ammoniacal layer.

Test for cardiac glycosides

Keller-Killiani test

To the 5 mL of extract solution, add 2 mL of glacial acetic acid and 1 drop of ferric chloride solution. Transfer to a small test tube, add carefully 1 mL of concentrated sulfuric acid by the side of the test tube. Acetic acid layer shows blue color.

Test for saponin glycosides

Froth formation test

2 ml of leaf extract solution was mixed with water in a test tube and shaken well. Froth formation occurs which is stable for 15 min indicates the presence of saponin glycosides.

Test for phlobatannin

5~mL of test solution was boiled with 2~mL of 1% aqueous hydrochloric acid - deposition of red precipitate indicates the presence of phlobatannin.

Test for coumarin

 $3\,$ mL of 10% sodium hydroxide was added to $2\,$ mL of test solution. Formation of yellow color indicates coumarin.

Test for emodin

To 3 mL of leaf extract, add 2 mL of ammonium hydroxide and 3 mL of benzene. Formation of red color indicates the presence of emodin.

Test for diterpenes

Copper acetate test

The extract was dissolved in water and treated with 10 drops of copper acetate solution. Formation of emerald green color indicates the presence of diterpenes.

Test for lactones

Legal test

The extract was dissolved in pyridine and a mixture of sodium nitroprusside and sodium hydroxide solution was added. Deep red color indicates the presence of lactones.

Test for lignin

Labat test

To the test solution, add few ml of gallic acid. The appearance of olive green color indicates the presence of lignin.

Test for quinones

1 mL of the test solution was treated with alcoholic potassium hydroxide solution. Quinones give coloration ranging from red to blue.

Test for resins

0.2 g of leaf extract was dissolved in 2 mL of distilled water and add 3 mL of copper sulfate solution. The solution was mixed well and allowed to separate. Formation of green color precipitate indicates the presence of resins.

Brine shrimp lethality bioassay

C. decandra extract was prescreened for cytotoxic activity using the brine shrimp lethality bioassay method and the lethal concentration, 50% (LC₅₀) was determined [31,32]. Brine shrimp (Artemia salina Leach) eggs were collected from pet shops. Artificial seawater (38 gm sea salt dissolved in 1 L of distilled water) was taken in the small tank, and shrimp eggs were added into the larger compartment which was darkened, while the smaller compartment was illuminated. 2 days were allowed to hatch and to be matured as nauplii. Constant oxygen supply was carried out through the hatching time. The hatched shrimps attracted to the light (phototaxis) and so nauplii free from eggshell were collected from the illuminated part of the tank. 32 mg of dried methanolic extract of C. decandra were taken and dissolved in 200 µL of pure dimethyl sulfoxide (DMSO), and finally, the volume was made to 20 mL with seawater. The solution was then serial diluted to 100, 50, 25, 12.5, and 6.25 µg/mL with seawater. Then, 2.5 mL of each concentration of plant extract solution was added to 2.5 mL of seawater containing 10 nauplii. With the help of a Pasteur pipette, 10 living shrimps were

Table 1: Phytochemical composition of methanol extract of *C. decandra* leaves

Phytoconstituents	Methanol extract		
Alkaloids	+		
Amino acids	+		
Carbohydrates	+		
Flavonoids	+		
Steroids	+		
Triterpenoids	+		
Tannins (phenolic compounds)	+		
Glycosides	+		
Anthraquinone glycosides	+		
Cardiac glycosides	+		
Saponin glycosides	-		
Phlobatannin	+		
Coumarin	+		
Emodin	+		
Diterpenes	+		
Lactones	+		
Lignin	+		
Quinones	+		
Resins	+		

C. decandra: Ceriops decandra

dropped into each test tube. A drop of dry yeast suspension (3 mg in 5 mL artificial seawater) was added as food to each test tube and maintained under illumination. After 24 h, the test tube was inspected using a magnifying glass, and the count of surviving nauplii in each tube had noted down. After that, the percentage of lethality and lethal concentration (LC_{so}) was calculated.

Cell line and culture

Human breast adenocarcinoma (MCF-7) cell line was obtained from Veterinary College, Vepery, Chennai, Tamil Nadu (India). The cells were maintained in minimal essential medium (MEM) supplemented with 10% FBS, penicillin (100 U/mL), and streptomycin (100 μ g/mL) in a humidified atmosphere of 50 μ g/mL CO, at 37°C.

Reagents

MEM was purchased from Hi-Media Laboratories; fetal bovine serum (FBS) was purchased from Cistron laboratories; trypsin, methylthiazolyldiphenyl-tetrazolium bromide (MTT), and DMSO were purchased from Sisco research laboratory chemicals, Mumbai, India. All of other chemicals and reagents were obtained from Sigma-Aldrich, Mumbai, India.

MTT (3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide) assay

Human breast adenocarcinoma (MCF-7) cells were tested against different doses of *C. decandra* extract. Viability of the cells and growth inhibition was assessed by MTT assay [33,34]. MCF-7 cells (1×10⁵/well) were plated in 24-well plates and incubated at 37°C with 5% CO₂ condition. After the cell reaches the confluence, the sample was added and incubated for 24 h. After incubation, the sample was removed from the well and washed with phosphate-buffered saline (pH 7.4) or MEM without serum. 100 μ L/ well (5 mg/mL) of 0.5% 3-(4, 5-dimethyl-2-thiazol-2-yl)-2, 5-diphenyl-tetrazolium bromide (MTT) was added and incubated for 4 h. After incubation, 1 mL of DMSO was added in all the wells. The absorbance at 570 nm was measured with UV spectrophotometer using DMSO as the blank. Measurements were performed and the concentration required for a 50% cell inhibition (IC₅₀) was determined graphically. The percentage of cell viability and percentage of cell inhibition were calculated using the following formulas:

% cell viability = A570 of treated cells/A570 of control cells ×100

% cell inhibition = 100% cell viability

 IC_{50} was determined by plotting a graph using the percentage of cell inhibition at Y-axis and log concentration in X-axis. A line drawn from 50% value on the Y-axis meets the curve and interpolate to the X-axis. The X-axis value gives the log concentration. The antilog of that value gives the IC_{50} value. The IC_{50} value (the concentration of a test compound causing 50% effect) was used as a parameter for cytotoxicity.

Morphological analysis

To determine the changes induced by the extract from MTT assay, the morphological observations were done using inverted microscope with the cells treated with different concentrations of *C. decandra*.

DNA fragmentation assay

Apoptosis induced by the *C. decandra* extract was examined by analyzing DNA fragmentation in human breast adenocarcinoma

Table 2: Effect of methanol extract of C. decandra on brine shrimp lethality bioassay

Conc. (µg/mL)	Log conc.	Total nauplii	Number of nauplii dead	Number of nauplii live	% mortality	LC ₅₀ (μg/mL)
6.25	0.79	10	04	06	40	12.5 (µg/mL)
12.5	1.09	10	05	05	50	
25	1.39	10	06	04	60	
50	1.69	10	07	03	70	
100	2.00	10	08	02	80	

C. decandra: Ceriops decandra

(MCF-7) cells using agarose gel electrophoresis [35]. Dispense 0.5 mL of cell suspension (cancer cells). Centrifuge cells at ×200 g at 4°C for 10 min. Add to the pellet 0.5 mL of TTE solution and vortex vigorously. This procedure allows the release of fragmented chromatin from nuclei, after cell lysis (due to the presence of Triton X-100 in the TTE solution) and disruption of the nuclear structure (following Mg** chelation by EDTA in the TTE solution). To separate fragmented DNA from intact chromatin, centrifuge tubes at ×20,000 g for 10 min at 4°C. Carefully remove the supernatants and add 500 µL of TTE solution into the pellet. Add 500 µL of ice-cold %M NaCl and vortex vigorously. The addition of the salt will be able to remove histones from DNA. Add 700 µL of ice-cold isopropanol and vortex vigorously. Allow precipitation to proceed overnight at -20°C. After precipitation, recover DNA by pelleting for 10 min at ×20.000 g at 4°C. Rinse the pellets by adding 500-700 µL of ice-cold 70% ethanol. Centrifuge tubes at ×20,000 g for 10 min at 4°C. Dissolve DNA by adding 20-50 μL of TE solution to each tube and place the tubes at 4°C. Mix the samples of DNA with loading buffer by adding ×10 loading buffer to a final concentration of ×1. The addition of loading buffer to samples allows to load in wells more easily and to monitor the run of samples. Run the electrophoresis in standard Tris EDTA buffer after setting the voltage to the desired level. During electrophoresis, it is possible to monitor the migration of samples by following the migration of bromophenol blue dye contained in the loading dye. Stop the electrophoresis when the dye reaches about 3 cm from the end of the gel. To visualize DNA, place the gel on a UV transilluminator.

RESULTS

Preliminary phytochemical analysis

The result of the phytochemical analysis conducted on *C. decandra* extract was given in Table 1. Of 19 phytochemical groups investigated, except saponin glycosides other 18 phytoconstituents, namely alkaloids, amino acids, carbohydrates, flavonoids, steroids, triterpenoids, tannins (phenolic compounds), glycosides, anthraquinone glycosides, cardiac glycosides, phlobatannin, coumarin, emodin, diterpenes, lactones, lignin, quinones, and resins were present in the methanol extract of *C. decandra*.

Brine shrimp lethality bioassay

The cytotoxicity of the methanolic extract of *C. decandra* was investigated by brine shrimp (*A. salina* leach) lethality bioassay. The secondary metabolites of the leaves of *C. decandra* exhibited significant toxicity against *Artemia* nauplii. Mortality increased linearly with increase in concentration of *C. decandra* extract (Table 2). The LC₅₀ value for methanol extract was found to be 12.5 μ g/mL (Fig. 1). According to Meyer's toxicity index, herbal extracts with LC₅₀ value lower than 1000 μ g/mL are considered as toxic. The cytotoxic activity exhibited by the methanol extract of *C. decandra* was promising, and this clearly indicates the presence of potent bioactive cytotoxic compounds.

MTT (3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide) assay

The cytotoxic activity of methanol extract of *C. decandra* on MCF-7 cell line was determined by the MTT assay. The multiple concentrations of methanolic extract of *C. decandra* were used and effective doses had calculated from dose–response curve. As a result of incubation, it was found that as the extract concentration increases, the number of viable cells decreases and increases the growth inhibition (Fig. 2). It was found that the methanol extract of *C. decandra* exhibited significant activity against the MCF-7 cell line with an IC_{50} value of 62.5 µg/mL which was shown in Fig. 3. The cytotoxic compound presents in the *C. decandra* arrest further growth of MCF-7 cells and decreases the cell viability.

Morphological analysis

Morphological alterations of MCF-7 cells after treatment with the *C. decandra* extract were observed under inverted microscope. The observations (Fig. 4) showed the morphological changes such as

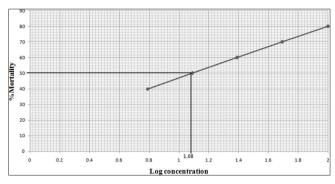


Fig. 1: Determination of LC_{50} value for the methanolic extract of *Ceriops decandra* - Linear correlation between log concentration versus percentage mortality

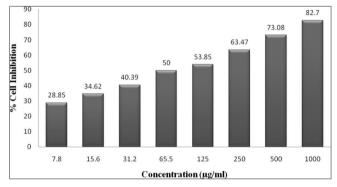


Fig. 2: Cytotoxic effect of methanol extract of *Ceriops decandra* on MCF-7 cell line

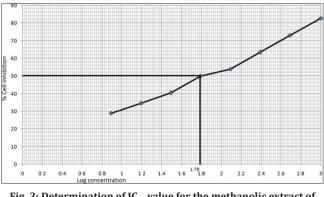


Fig. 3: Determination of IC_{50} value for the methanolic extract of *Ceriops decandra* - Linear correlation between log concentration versus percentage cell inhibition

rounding, detachment, shrinkage, and membrane blebbing in MCF-7 cells. These suggested that *C. decandra* may induce apoptotic cell death in MCF-7 (human breast adenocarcinoma) cells.

DNA fragmentation assay

DNA fragmentation is a technique which is used to detect the extensive DNA fragmentation-induced during apoptosis. The ladder-like DNA fragmentation is qualitative indicator of apoptosis. DNA fragmentation is obtained by gel electrophoresis with different concentrations of the methanolic extract of *C. decandra* performed on MCF-7 cell line. The DNA migrated as discrete bands which is compared to DNA marker, gave a ladder of approximately 100 base pair (bp). Such DNA ladders are considered to be a hallmark of apoptosis; continue smears may also indicate DNA fragmentation due to apoptosis. It is found that methanolic extract showed internucleosomal DNA cleavage produces ladder pattern at concentration of 125 μ g/mL and 62.5 μ g/mL (Fig. 5).

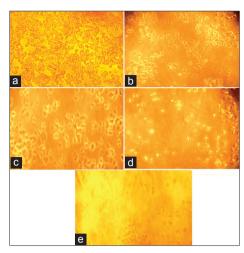


Fig. 4: Morphological changes on MCF-7 (human breast adenocarcinoma) cells after treatment with different concentrations of methanolic extract of *Ceriops decandra* (a) normal MCF-7 cells (untreated cells), (b) 62.5 μg/mL, (c) 125 μg/mL, (d) 250 μg/mL, (e) 1000 μg/mL

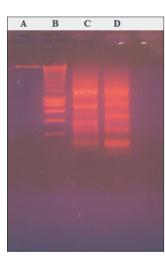


Fig. 5: DNA laddering visualized in agarose gel by bromophenol blue dye staining of methanolic extract of *Ceriops decandra*(a) control, (b) marker - 100bp, (c) concentration of 125 μg/mL, (d) concentration of 62.5 μg/mL

This indicates that the DNA fragmentation was detected which is a typical feature of apoptosis.

DISCUSSION

In summary, the scientific claim that C. decandra has anticancer properties on breast cancer has been partially validated by investigating cytotoxic effect of C. decandra leaves extract on brine shrimp (A. salina Leach) and MCF-7 cells. Currently, C. decandra has only been tested on breast cancer cells. Its effect on other cancer cell types (bone marrow and lung and blood cancers) have yet to be determined [25]. To the best of our knowledge, this is the first report describing the cytotoxic effect induced by the methanolic extract of C. decandra on MCF-7 cells. The mangrove plants that belong to the genus Ceriops have shown enormous ethnomedicinal potential; however, few reports are available for its various potential therapeutic effects. C. decandra and Ceriops tagal are widely distributed in the Pichavaram mangrove forest. Of two mangrove species of Tamil Nadu, C. decandra remains unexplored than C. tagal. C. decandra is a salt tolerant plant and possesses unique bioactive metabolites. Lupane-triterpene esters and other triterpene constituents have been isolated from the leaves of C. decandra [36,37].

Previous studies have shown the effective oral cancer treatment with 1.25% of *C. decandra* leaves black tea extract on DMBA-induced hamster buccal pouch carcinoma [24]. On comparing, here, *C. decandra* shows the significant cytotoxic activity with least concentration on brine shrimp and MCF-7 cells and also triggers apoptosis. Taken together, the cytotoxic effect induced by *C. decandra* in MCF-7 cells can be mechanistically linked to apoptotic initiation. More research needs to be done on elucidating the mechanism between the active ingredients and molecular targets involved in the regulation of cell cycle and *in vivo* efficacy of *C. decandra* on animal models.

CONCLUSION

The data obtained in this study demonstrated that the methanolic extract of mangrove plant *C. decandra* possesses cytotoxic properties and also acts as apoptotic inducer in MCF-7 human breast adenocarcinoma cells which can be used as alternative treatment for breast cancer.

CONFLICTS OF INTEREST

The authors do not have conflicts of interest.

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