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ANTIDIABETES ACTIVITIES EXTRACT HEXANE FROM THE PEELS OF ARTOCARPUS CAMANSI BLANCO FRUIT

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ABSTRACT

Objective: The purpose of this research is to know the chemical compound from the n-hexane extract of Kulu (*Artocarpus camansi* Blanco) fruit peels and to know its antidiabetes activity against male Swiss Webster mice.

Methods: Samples were macerated with n-hexane solvent, then extract n-hexane were obtained, the extract obtained was characterized by gas chromatography-mass spectrometry and separated by column chromatography. The results obtained were tested by antidiabetes action with glucose tolerance method.

Results: Anti-diabetic activity test result showed that the most active sample to decrease the blood glucose of mice was n-hexane crude extract, at minute 90^{th} , activeness was 65.59%, compared to glibenclamide, then group of fraction A, at minute 90^{th} , activeness 65.58% compared glibenclamide, whereas isolate D1, its activity is 60.11% and 60.12%, at minute 60^{th} and 90 min compared to glibenclamide. Concentrated extracts were characterized by GC-MS, shows the major compounds are hexadecanoic acid methyl ester (30.14%), 9.12-octadecadienoyl chloride, (Z, Z) - (8.44%) and 9-octadecenoic acid, methyl ester (30.91%) also were obtained a compound like an β -amyrin acetate.

Conclusion: The most active sample to decrease the blood glucose of mice was n-hexane crude extract, and the major compounds are hexadecanoic acid methyl ester (30.14%), 9,12-octadecadienoyl chloride, (Z, Z) - (8.44%) and 9-octadecenoic acid, methyl ester (30.91%).

Keywords: n-hexane extract, Artocarpus camansi, Antidiabetic, Glucose tolerance.

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INTRODUCTION

Along with the study of the antidiabetic activity of ethyl acetate extract of Artocarpus camansi Blanco fruit, in Swiss Webster mice, there were also studies of the hexane extract with appropriate methods and bioindicators. Species in the Artocarpus genus, which belong to the Moraceae family, have been widely used as medicines and nutritious foods and are often used as a complement to cuisine [1], one of which is the Kulu plant (*A. camansi* Blanco).

Previous research which has been done showed that testing of hexane extract from A. camansi Blanco leaves to mice showed a decrease in blood glucose levels of mice [2]. The β -sitosterol propionate compound in the extract shows the ability to reduce blood glucose levels of mice, besides that, the extract ethyl acetate of bark contains β -amyrin compounds which also have the same activity [3], but research on the fruit is relatively small.

Based on this above, it is strategic to do research on the *A. camansi* Blanco fruit peel, that is suspected to have the same content and the same properties as parts of plants that have been reported or more unique.

METHODS

Plant materials and bioindicator

The sample used in this research is *A. camansi* Blanco fruit peel collected from around Aceh Besar, Aceh. Bioindicator used in this research is male Swiss Webster mice.

Spectroscopic investigation

Mass spectra were measured using a Shimadzu GC-MS QP 2010 Ultra. Column chromatography was performed on silica gel 60 (70–230 mesh Merck). TLC analysis was carried out using precoated silica gel plates (Merck).

Testing phytochemicals

Phytochemical methods, Simplified Determination Methods to Analyze plant [4].

Extraction and isolation

The old A. camansi Blanco fruits are skinned, then the peels are dried for 1 to 2 weeks, and mashed, and weighed as much as 2.2 kg. The sample was macerated with n-hexane solvent for $3\!\times\!24$ h, then filtered and taken filtrate, then concentrated on a rotary evaporator and obtained n-hexane extract of 104.6 g (4.75%). The n-hexane extract was further tested phytochemically, characterized by GC-MS and tested antidiabetic activity using the glucose tolerance method.

Fractionation extract n-hexane of fruit peel A. camansi

A total of 30 g of concentrated n-hexane extract was fractionated using gravity column chromatography. The eluent system used was n-hexane:ethyl acetate (elution gradient) with a ratio of 100, 97.5:2.5, 95:5, 90:10, and 80:20. The results of the separation were obtained 113 fractions, and grouped into 4 fraction groups: A (1–18, as much as 0.3 g, solid/white); B (19–32, as much as 20 g, solid/white), C (33–98, as much as 1.5 g, solid/green), and D (99–112, as much as 0.8 g, gel/yellow). The four groups of fractions were then tested for their antidiabetic activity; the observation result showed that group of the fraction of D is the

active decreased the blood glucose level of the mice so that the fraction group D, was re-chromatograph. The fractional D group as much as 0.8 g, was re-chromatographed and resulted in a relatively pure fraction of 6 and 7, then the fraction 6 and 7 were combined and obtained as much as 0.3 g (D1) and rechromatographed, yielded 17 fractions. The fractions 2 and 3 are thought to be purely merged (D1₁), then tested with three eluent n-hexane systems:ethyl acetate (7:3), n-hexane:ethyl acetate (6:4) and n-hexane:chloroform (5:5), shows the isolate is clean, then the compound D1, is tested antidiabetic activity.

Glucose tolerance test

Before use, the mice were acclimatized for 7 days under laboratory conditions and received adequate food and beverages. After 7 days, healthy mice were selected, characterized by stable or increased weight and did not show any abnormal behavior. Mice were divided into 7 groups, each group of 3 mice [5]. Group I, control, given CMC-Na (1%), Group II, the standard diabetes drug that is glibenclamide, given at a dose of 0.45 mg/kg BW. Group III-VII given test extract from *A. camansi* Blanco plant fruit with a dose of 50 mg/kg BW [6]. After being fasted for 20–24 h, the weight of the mice is weighed; fasting blood glucose level is measured, then treated as above. After 30 min, all mice were given oral glucose 3 g/kg BW. Blood glucose levels were then measured at 30, 60, 90, and 120 min.

Blood samples

Mice were put in a box modification (restrainer), tail cleaned with wet cotton so that the dirt is gone, then smeared with alcohol 70% v/v. Blood was drawn through the lateral tail vein, which was cut aseptically approximately 1-2 mm from the tip of the tail without anesthesia, blood droplets first removed, then the next drop of blood dripped on the strip One Touch Horizon.

Statistical analysis

Statistical analysis was performed using Statistical Product and Service Solution (SPSS) Program. Analysis of variance was performed using ANOVA one-way and (p<0.05) using Tukey [7].

RESULTS AND DISCUSSION

Phytochemical test of fruit peel of A. camansi Blanco

The results of the phytochemical analysis showed that fruit peel of *A. camansi*, contains steroids and terpenoids, this is indicated by the formation of green and red when added Liebermann–Burchard reagent.

Characterization of n-hexane extract of *A. camansi* fruit peel with GC-MS

The A. camansi fruit n-hexane extract was characterized by GC-MS, the chromatogram of n-hexane extract in Fig. 1.

Based on Fig 1, there are 38 compounds contained in n-hexane extract of fruit peel *A. camansi* Blanco, the compounds can be seen in Table 1.

According to Table 1, it is known that there are 38 compounds contained in the n-hexane extract A. camansi Blanco. There are three major compounds in the n-hexane extract of A. camansi Blanco those are, hexadecanoic acid, methyl ester (30.14%); 9.12-octadecadienoyl chloride, (Z, Z) - (8.44%) and 9-octadecenoic acid, methyl ester (30.91%). These three compounds belong to a straight chain compound (aliphatic). In the chromatogram, hexane extract of A. camansi Blanco peel, there are two peaks with retention times of 22,892 and 23.296 which are owned by hexadecanoic acid methyl ester compounds. Hexadecanoic acid methyl ester known as methyl palmitate is a natural endogenous fatty acid. The hexadecanoic acid methyl ester is a palmitic acid group compound that binds a methyl group with a molecular weight of 270 g/mol. Palmitic acid is a saturated fatty acid composed of 16 carbon atoms with the formula CH₃(CH₂)₁₄COOH [8]. Palmitic acid is present in the form of triglycerides in vegetable oils such as coconut oil, palm oil, palm kernel oil, avocado oil, coconut oil, cottonseed oil, soybean oil, sunflower oil, and others. Hexadecanoic Acid compounds have antioxidant activity and decreased cholesterol levels [9].

On a chromatogram with a retention time of 25,663 indicates a compound of a molecule weight (m/e) 294. Based on library data indicate the presence of linoleic acid group compounds. This compound is thought to be a compound of 9,12-octadecadienoyl chloride, (Z, Z) - (similarity 93% on MS library). These compounds have an activity to reduce gastric secretion (antisecretory), antituberculosis, anticholinergics, and as contraceptives [9].

In chromatograms with retention time 26,523 showed compounds with molecular weight (m/e) 264. Based on library research data indicate the presence of 9-octadecenoic acid, methyl ester, (E) - (CAS) Methyl Elaidate. Compound 9-octadecenoic acid methyl ester, (E) - has an activity of decreasing cholesterol, antiarthritis, antihistamine, insecticide, and anti-acne [9].

Of the nine compounds detected in GC-MS suspected triterpenoid compounds, one of them is on chromatogram with the retention time of 49.095 with the area (0.08). Based on the fragmentation pattern it is suspected that a compound is a group of amyrin compounds. Based on the typical MS on the chromatogram are: 468, 426, 218 (100), 203 (44), and 189 (17) [10]. Fragment pattern is similar to the β -amyrin acetate compound. Chromatogram pattern can be seen in Fig. 2.

The presence of this β -amyrin acetate compound is also reinforced by previous research that in the ethyl acetate extract of *A. camansi* Blanco bark contains a β -amyrin compound which can decrease blood glucose level in mice [3].

Test of antidiabetic n-hexane extract/group of fraction *A. camansi* **Blanco** The antidiabetic activity test was performed using glucose tolerance method in Swiss Webster male mice, the result of measurement of decrease/increase of blood glucose of mice after the treatment is shown in Fig. 3.

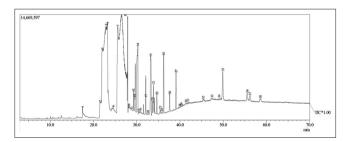


Fig. 1: Chromatogram of gas chromatography characterization of n-hexane extract of fruit peel *Artocarpus camansi* Blanco

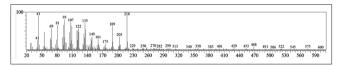


Fig. 2: The mass spectrum of the compound with a retention time of 49.095

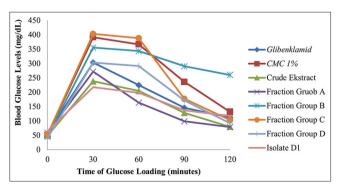


Fig. 3: Graphs decrease/increase in blood glucose levels mice with given, hexane extract, fractions group A-D, and isolate D1,

 $Table \ 1: The \ compounds \ contained \ in \ n-hexane \ extracts \ of \ fruit \ peel \ of \ \textit{A. camansi } Blanco$

Peak	Retention Time	Area (%)	Compound	Similarity (%)	
1	17.529	0.56	Me (CH ₂) ₁₂ C (0) OMe	94	
2	21.563	0.86	Methyl tetradecanoate Me $(CH_2)_5CH: CH(CH_2)_7C(0)$ OMe	92	
3	22.043	5.81	9-Hexadecenoic acid, methyl ester (Z)	91	
4	22.892	15.99	Hexadecanoic Acid, methyl ester Me (CH ₂) ₁₄ C (O) OMe	89	
5	23.296	8.34	Hexadecanoic Acid, methyl ester Me (CH ₂) ₁₄ C (0) OMe Hexadecanoic Acid, methyl ester	92	
6	24.608	1.99	Y	82	
7	25.663	8.44	Heneicosanoic Acid, methyl ester	93	
8	26.523	30.91	9,12-Octadecadienoyl Chloride, (Z, Z) MeOC (O)(CH $_2$) $_7$ CH: CH (CH $_2$) $_7$ Me	90	
9	27.799	3.92	9-Octadecenoic Acid, methyl ester (E)	85	
			11-Octadecenoic Acid, methyl ester		
10	28.231	0.95	Me (CH ₂) 10 (CH ₂) 4C (O) OMe Cyclopropanepentanoic Acid, 2-Undecyl-, methyl ester,	90	
11	28.942	1.05	trans Me (CH ₂) ₁₀ C: CCH: CHEt	69	
12	29.275	0.76	3-Heptadecen-5-Yne, (Z)-	89	
13	29.576	1.77	9,12-Octadecadienoyl Chloride, (Z, Z)-	90	
14	30.275	4.80	Oxiraneoctanoic Acid, 3-Octyl-, methyl ester, trans-	95	
15	30.442	0.25	Eicosanoic Acid, methyl ester	80	
16	30.878	0.42	10-Octadecenoic Acid, methyl ester	85	
17	32.150	1.26	Oxirane undecanoic Acid, 3-Pentyl-, Methyl Ester, Trans-	82	
18	32.608	0.09	2-Pentenal, 5-Phenyl-	77	
			Acetamide,		
19	33.248	3.18	N-Methyl-N- 4-4-Methoxy-1-Hexahydropyridyl -2-Butynyl	94	
20	33.621	0.46	Docosanoic Acid, methyl ester	75	
21	33.899	1.28	(E)-3,3-Diphenyl-4-Hexenoic Acid	75	
22	34.692	0.42	(E)-3,3-Diphenyl-4-Hexenoic Acid Me (CH ₂) $_{21}$ C (0) OMe Methyl Tricosanoate, methyl ester	92	

(Contd...)

Table 1: (Continued)

Peak	Retention Time	Area (%)	Compound	Similarity (%)
23	35.446	0.14	CH ₂	71
			CH2	
24	35.802	0.09	bis- (CAS) 1,5-Diphenyl-3 (2-Phenylethyl)-2-Pentene	68
	3332			
25	36.269	1.90	Benzene, 4-Pentynyl-Me (CH_2) $_{22}C$ (0) OMe	93
26	37.645	0.49	Tetracosanoic Acid, methyl ester	86
			Pentacosanoic Acid, methyl ester	
27	39.109	0.70	Triacontanoic Acid, methyl ester	92
28	39.983	0.04	но	70
29	40.358	0.13	1-Decanol, 2,2-Dimethyl-	69
30	41.400	0.12	Decane 3-Cyclohexyl-, 3-Cyclohexyl	74
31	41.859	0,04	Cyclotetradecane, 1,7,11-Trimethyl-4-(1-Methylethyl)-	87
			Octacosanoic Acid, methyl ester	
32	45.366	0,19	Oleic Acid, Propyl Ester	80
33	47.421	0,15		79
34	49.075	0,08	14BetaH-Pregna	82
	23.070	-,00	HO COOCH ₃	
25	40.022	1 22	Methyl Commate	0.2
35	49.932	1,33	\	92
			9-Octadecenoic Acid (Z)-, Octadecyl Ester	

Table 1: (Continued)

Peak	Retention Time	Area (%)	Compound	Similarity (%)
36	55.562	0,53	······	90
37	56.216	0,28	9-Hexadecenoic Acid, 9-Octadecenyl Ester, (Z, Z)	90
38	58.610	0,30	9-Octadecenoic Acid, 9-Octadecenyl Ester, (Z, Z) (CH 2) 3S (O) Me	76
			Sulfoxide, Methyl 3-Phenylpropyl	

A. camansi: Artocarpus camansi

Measurement of blood glucose of mice given hexane extract increased blood glucose level in 30 min to 238.33 mg/dL, from the initial blood glucose level 48.66 mg/dL, and then, blood glucose level decreased at $60^{\rm th}$ min, $90^{\rm th}$ and $120^{\rm th}$, respectively, 205 mg/dL, 128.33 mg/dL, and 80 mg/dL.

The mice given the group of fraction A experienced an increase in blood glucose in the $30^{\rm th}$ min to 272 mg/dL from the initial blood glucose 58.33 mg/dL, then decreased at $60^{\rm th}$, $90^{\rm th}$, and $120^{\rm th}$ min, i.e., 163.67 mg/dL, 99 mg/dL, and 78.67 mg/dL.

The mice given the fraction group of B experienced an increase in blood glucose in the $30^{\rm th}$ min to 355.33 mg/dL from the initial blood glucose of 46 mg/dL, then decreased at $60^{\rm th},\,90^{\rm th},\,$ and $120^{\rm th}$ min, respectively: 343.33 mg/dL, 290.67 mg/dL, and 260.33 mg/dL. The mice given the fraction group of C experienced an increase in blood glucose in the $30^{\rm th}$ min to 403 mg/dL from initial blood glucose 53 mg/dL, then decreased at $60^{\rm th},\,90^{\rm th},\,$ and $120^{\rm th}$ min, respectively: 388.33 mg/dL, 177.33 mg/dL, and 103.67 mg/dL.

The mice given the fraction group of D experienced an increase in blood glucose in the $30^{\rm th}$ min to 303.33 mg/dL from the initial blood glucose of 41 mg/dL mice then decreased at $60^{\rm th}$, $90^{\rm th}$, and $120^{\rm th}$ min, respectively: 291.33 mg/dL, 171.33 mg/dL, and 92.67 mg/dL.

The mice given pure isolates $\mathrm{D1}_1$ increased blood glucose at minute 30^{th} to 217.33 mg/dL from initial blood glucose of 64.67 mg/dL mice then decreased at 60^{th} , 90^{th} , and 120^{th} min, respectively: 198.67 mg/dL, 137.33 mg/dL, and 118 mg/dL.

Mice as a positive control given glibenclamide, in the 30^{th} min increased blood glucose to 303.5 mg/dL from the initial glucose level of 56.25 mg/dL, then decreased at 60^{th} , 90^{th} , and 120^{th} min, respectively: 225 mg/dL, 146 mg/dL, and 111.75 mg/dL.

Mice as a negative control given only 1% CMC, the initial glucose level of 51.33 mg/dL, then in the 30^{th} min increased to 391.67 mg/dL. In the 60^{th} min, 90^{th} and 120^{th} decreased, respectively: Amounted to 367 mg/dL, 236.33 mg/dL, and 132.33 mg/dL.

To see the activity of lowering blood sugar in mice by reducing blood glucose levels of mice on negative control with blood glucose levels of mice given test preparation (crude extract, fraction group A, fraction group B, Fraction C group, Fraction D group, and Isolate $\mathrm{D1}_1$). The reduction results are shown in Fig. 4 below.

Measurement of blood glucose mice given crude extract at minute $30^{\rm th}$ can decrease blood glucose as much as 153.33~mg/dL, in minutes $60^{\rm th}, 90^{\rm th}$, and $120^{\rm th}$ decrease blood glucose of mice equal to 162~mg/dL, 108~mg/dL, and 52.33~mg/dL.

The fraction group A in the 30^{th} min reduced blood glucose levels of mice by 119.33 mg/dL at 60^{th} , 90^{th} , and 12^{th} min decreased blood glucose by 203, 33 mg/dL, 137 mg/dL, and 53.67 mg/dL.

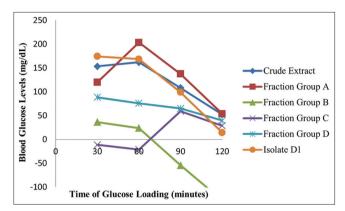


Fig. 4: Reduction of blood glucose levels of mice on negative control with blood glucose levels of mice given sample (crude extract, fraction group A-D, and Isolates D1,)

Mice were given a group of B fraction at minute 30^{th} and 60^{th} can decrease blood glucose of mice as much as, respectively: 36,33 mg/dL and 23,67 mg/dL, while at minute 90^{th} and 120^{th} have an increase of blood glucose of mice ie 54.33 mg/dL and 128 mg/dL.

Mice were given fraction group of C at minute 30^{th} and 60^{th} can increase blood glucose of mice 11.33~mg/dL and 21.33~mg/dL, while at minute 90^{th} and 120^{th} can decrease blood glucose of mice by 59~mg/dL and 28.67~mg/dL.

The mice given group fraction of D at minute 30^{th} can decrease the blood sugar of mice by 88.33~mg/dL, and at minute 60^{th} , 90^{th} , and 120^{th} can decrease the mice blood glucose of each: 75,67~mg/dL, 65~mg/dL, and 39.67~mg/dL.

The mice given pure isolate $D1_1$ in the 30^{th} min can decrease the blood glucose of mice by 174.33 mg/dL, and in the 60^{th} min, 90^{th} , and 120^{th} can decrease the mice blood glucose by, respectively: 168.33 mg/dL, 99 mg/dL, and 14.33 mg/dL.

The statistical test was conducted by one-way ANOVA method with 95% confidence interval (p<0.05). Based on SPSS test result using one-way ANOVA method all test preparation has no significant difference with positive and negative control, it means that all compounds of its activity cannot be distinguished from negative blood glucose control. Furthermore, the activity of decreasing the blood sugar of each mouse of the test preparation compared with the activity of decreasing the blood sugar of mice given with glibenclamide (control positive), can be seen in Table 2.

Based on Table 2, the activity of hexane extract of *A. camansi* Blanco peel is moderate compared to glibenclamide, while the most active sample in the above table compared to positive control is crude

Table 2: Comparison of the activity of each test preparation to positive control

Test preparation	Time for measurement of blood glucose mice (minute)			
	30 (%)	60 (%)	90 (%)	120 (%)
Crude extract	38.85	57.85	65.59	48
Fraction Group of A	30.06	57.85	6558	49.23
Fraction Group of B	9.2	8.45	-32.9	117
Fraction Group of C	-2.87	-7.61	35.85	26.29
Faction Group of D	22.38	27	39.47	36.38
Isolates D1 ₁	44	60.11	60.12	13.11

^{+ (}no sign) Lowers blood sugar - Raise blood sugar

extract, at 90^{th} min, its activity is 65.59%, compared to glibenclamide. Next fraction group A, at minute 90^{th} , activeness 65.58% compared to glibenclamide. Isolates $D1_{\gamma}$, its activity is 60.11%; and 60.12% compared to glibenclamide at 60^{th} and 90^{th} min. Other test preparations have activity lower than 50% compared to glibenclamide which means not active to lowering the blood sugar of mice. As a positive control for testing the hepatoprotective can be used catechin compounds [11].

CONCLUSION

The results of the phytochemical analysis showed that fruit peel of *A. camansi* Blanco, contains steroids and terpenoids, and characterization of n-hexane extract with GC-MS obtained by major compound, i.e., hexadecanoic acid methyl Ester (CAS) methyl palmitate (30.14%), 9,12-octadecadienoyl chloride, (Z, Z) - (8,44%) and 9-octadecenoic acid, and methyl ester (30.91%). And based on Mass spectrometry, there is a compound that resembles its fragmentation with the β -amyrin acetate.

The most active sample to decrease the blood glucose of mice was n-hexane crude extract at 90th min, its activity is 65.59%, compared to glibenclamide.

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