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## HYPOGLYCEMIC ACTIVITY OF ETHANOLIC EXTRACT OF SAURAUIA VULCANI KORTH. LEAVES

## Panal Sitorus1\*, Rosidah2, Denny Satria1

<sup>1</sup>Department of Pharmaceutical Biology, Faculty of Pharmacy, Universitas Sumatera Utara, Medan, Indonesia, <sup>2</sup>Department of Pharmacology, Faculty of Pharmacy, Universitas Sumatera Utara, Medan, Indonesia. Email: sitoruspanal@gmail.com

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#### ABSTRACT

Objective: The aim of this study was to investigate the hypoglycemic activity of ethanol extract of Saurauia vulcani Korth. leaves.

**Methods:** *S. vulcani* Korth. leaf powder was extracted by maceration method with ethanol 96%. Hypoglycemic activity was examined on rats which is induced with streptozotocin 40 mg/Kg body weight (BW) at dose of 50; 100; and 200 mg/Kg BW.

Results: Hypoglycemic activity of the extract in diabetic rats showed a significant reduction in blood glucose levels (p<0.001) at dosage 50 mg/Kg BW.

Conclusion: The results reveal that ethanol extract of S. vulcani Korth. leaves has hypoglycemic activity. Our further study is to assess mechanism action as antidiahetic.

Keywords: Hypoglycemic, Saurauia vulcani Korth., Leaves, Extract, Ethanol.

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#### INTRODUCTION

The use of medicinal plants in the community is increasing in several decades [1-3]. Indonesia has thousands of islands with various plants in it and the manners of the community using plants as a treatment for diseases traditionally [4,5].

Diabetes mellitus (DM) is a heterogeneous syndrome which all of the symptoms are characterized by increased of blood sugar level that caused relative or absolute insulin activity. DM is divided by the need for insulin, i.e., insulin diabetes dependent DM (IDDM) called Type 1, and non-IDDM called Type 2. DM is dangerous degenerative disease, even considered as a high-risk disease because it can cause death [6].

*Saurauia vulcani* Korth. is one of the plants which used as antidiabetic traditionally in Tapanuli Utara, North Sumatera, Indonesia. Ethanolic extract of *S. vulcani* Korth. leaves can reduce blood glucose level (BGL) in mice which induced by glucose 50% and alloxan at dose 200 mg Kg body weight (BW) [7,8]. The purpose of this study was assessed the hypoglycemic activity of ethanol extract of *S. vulcani* Korth. leaves toward rats which induced by streptozotocin (STZ).

## **METHODS**

## Plant and chemicals material

The materials used in this study were *S. vulcani* Korth. leaves were taken from Tarutung, North Sumatera, Indonesia. The chemicals used are pro-analysis grade: STZ (Nacalai), carboxymethylcellulose (CMC) Na (Merck), and technical grade of ethanol and distilled water.

## Preparation of extract

The air-dried and powdered leaves of *S. vulcani* Korth. (1 kg) were extracted by cold maceration with ethanol 96% (3×3 d, 10 L) at room temperature on a shake. The filtrate was collected and then evaporated under reduced pressure to give a viscous extract and then freeze-dried to give a dried extract [2,9].

## Antidiabetic assay

## Animal preparation

The animals used in this study were male rats weighing 180-200 g. Before the experiment, rats were maintained for 2 weeks in a good cage

to match the environment, i.e., the reception of light,  $12\ h$  dark, and  $12\ h$  light.

## Preparation of extract suspension and STZ solution

Suspension of the extract was prepared using 0.5% CMC-Na with certain concentration. Solution of STZ was prepared by dissolving STZ in aqua bidest.

## Preparation of STZ induced diabetic rat

The rat was induced with STZ solution 40 mg/Kg intra-peritoneal. The BGL of the rat was measured on the  $3^{\rm rd}$  day. On the  $3^{\rm rd}$  day, rats that has BGL higher than 200 mg/dl were separated and used as test animals. Animals with BGL lower than 200 mg/dL, were induced back with STZ. If on the  $3^{\rm rd}$  day, the BGL of the rat has been higher than 200 mg/dL, the animal was ready to be tested.

Study of the antidiabetic effect of ethanol extract of *S. vulcani* Korth. leaves was conducted using STZ induced diabetic rats by a single dose of ethanol extract. Rats were divided into five groups and each group consisting of 5 rats, they were:

- Group I: Diabetes rats were given suspension of 0.5% CMC, dose 1% of BW
- Group II: Diabetic rats were given suspension of metformin with dose 65 mg/Kg BW
- Groups III, IV, and V: Diabetic rats were given a suspension of ethanol extract of S. vulcani Korth. leaves with dose 50, 100, and 200 mg/ Kg BW.

Suspension of test material (ethanol extract) was administered every day orally, and the BGL of the rat was measured on the  $1^{\rm st}$ ,  $3^{\rm rd}$ ,  $5^{\rm th}$ ,  $7^{\rm th}$ ,  $9^{\rm th}$ ,  $11^{\rm th}$ ,  $13^{\rm th}$ , and  $15^{\rm th}$  days after administration of the test material [10].

#### Statistical analysis

All data were analyzed with ANOVA using SPSS 21.

## RESULTS AND DISCUSSION

Antidiabetic effect of ethanol extract of  $\it S. vulcani$  Korth. leaves with dose 50, 100, and 200 mg/kg BW is shown in Fig. 1.

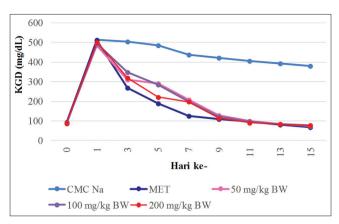


Fig. 1: Effect of treatments to the blood glucose level in streptozotocin-diabetic rat

STZ has been shown to cause direct irreversible damage to  $\beta$ -cells of the pancreatic islet of Langerhans, resulting in degranulation and loss of insulin secretion. Clarification of the regenerating potential in experimentally-induced diabetic animals would be of interest as an alternative therapy for diabetes [11].

Preliminary phytochemical analysis of the ethanol extract of *S. vulcani* Korth. leaves was shown flavonoids, steroids/triterpenoids, tannins, glycosides, and saponins. Flavonoids, glycosides, and saponins have been found to be responsible for blood glucose lowering activity through increased insulin secretion, as evidenced in our experiment by STZ-induced diabetic rats, which is capable of modulating pancreatic secretion [12,13].

#### CONCLUSION

The result of this study showed that ethanol extract of *S. vulcani* Korth. leaves possess antidiabetic activity.

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