

TRYPANOCIDAL, ANTI-LEISHMANIAL, AND CYTOTOXIC ACTIVITY OF *MUEHLENBECKIA TAMNIFOLIA* (KUNTH) MEINS (POLYGONACEAE)OSCAR E. RODRÍGUEZ<sup>1\*</sup>, RUBÉN D. TORRENEGRA<sup>2</sup>, LUIS M. POMBO<sup>3</sup>

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## ABSTRACT

**Objective:** The aim of this study was to evaluate the activity against amastigotes of *Leishmania panamensis* and epimastigotes of *Trypanosoma cruzi* (Chagas), extracts and fractions obtained from leaves and stems of *Muehlenbeckia tamnifolia*.

**Methods:** Plant material was collected during the flowering, in the town of La Calera (Cundinamarca), at a height of 2746 m above sea level, 4°43'11"N, 3°58'12"W. Leaves and stems were extracted with light petroleum and then with ethanol. The extracts were fractionated by column chromatography on silica gel with petrol; CH<sub>2</sub>Cl<sub>2</sub>, AcOEt, and MeOH. The activity against epimastigotes and cytotoxicity was evaluated by the enzymatic micromethod with MTT. The active extracts against epimastigotes and with low cytotoxicity were also evaluated in trypomastigotes and intracellular amastigotes.

**Results:** The dichloromethane fraction from leaves and stems of *M. tamnifolia* showed the highest activity against *Leishmania panamensis* with an 50% of the effective concentration of 0.006 (µg/ml) and a selectivity index of 4.16. In U937 cells, six of the extracts and fractions tested showed high cytotoxicity, 50 inhibitory concentration <50 µg/ml.

**Conclusions:** The extracts obtained from leaves and stems of different polarities of *M. tamnifolia* (Kunth) Meins, revealed a moderate effect against amastigotes of *L. panamensis* (Leishmaniosis) (low polarity fractions) and a low effect against epimastigotes of *T. cruzi* (Chagas).

**Keywords:** *Muehlenbeckia tamnifolia*, Trypanocidal activity, Leishmanicidal activity, Natural products.

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## INTRODUCTION

Leishmaniasis is zoonoses that can affect the skin, mucous membranes, or viscera, due to the parasitism of macrophages by a flagellated protozoan of the genus *Leishmania*, introduced to the organism by the bite of a sandfly [1,2]. Chagas disease is an infectious malady produced by the protozoan parasite *Trypanosoma cruzi*; these diseases spread throughout central, South America and are associated with poverty, poor housing conditions, and massive displacements from rural environments to cities; represents a great economic burden in Latin America among vector-borne diseases. During the past 25 years, the incidence of these diseases has been increased significantly worldwide, with the appearance of new endemic zones. For this reason, the World Health Organization currently considers them as reemerging diseases and the second cause of death among parasitic infections [3]. In addition, the treatments available are of high toxicity and high cost. For more than 20 years, the search for new antiparasitics based on natural products has been explored; however, so far, there is little knowledge about the potential of the Colombian's medicinal flora as a source of new agents against *L. panamensis* and *T. cruzi* [4-8].

The Polygonaceae family is characterized by the production of a large variety of secondary metabolites, many of which exhibit a potential pharmacological activity, such as anthraquinones, naphthalenes, stilbenes, steroids, glycosylated flavonoids, leucoanthocyanidins, and phenolic acids, among others [9].

The *Muehlenbeckia* genus is restricted to South America, Australia, and New Zealand. Species that belong to this genus, are frequently used to treat gastric ulcers; macerated leaves are used to treat kidney diseases and through infusions to relieve arthritis pain [10].

*Muehlenbeckia tamnifolia* (Kunth) Meins is used by Ecuadorian indigenous communities to nurse kidney diseases, in baths to relieve bone pain, or as mouthwash for toothache. It is also applied as a disinfectant and to treat purulent skin wounds [11].

In addition, Mojica *et al.* reported the anti-inflammatory effect of the species in animal model [12]. Previous chemical studies of the roots of *M. tamnifolia* showed the presence of anthraquinones such as chrysophanic acid and emodin [13,14].

In the present study, the cytotoxic effect of the extracts and fractions obtained from leaves and stems of *M. tamnifolia* on the U937 cell line, the effectiveness against amastigotes of *L. panamensis* and the effectiveness against epimastigotes of *T. cruzi* (Chagas) were evaluated *in vitro*.

## METHODS

## Plant material

*M. tamnifolia* was collected during the blooming season by March 2016, in the town of La Calera (Cundinamarca), at a height of 2746 m above sea level, 4°43'11"N, 3°58'12"W. The taxonomic identification was made by the Herbarium of the Natural Sciences Institute - National University - Colombia (COL550147).

## Preparation of the extract and fractions

The dried and macerated plant material (leaves and stems) was subjected to extraction by Soxhlet with petroleum ether (bp 35-65°C) until its exhaustion, it was concentrated under reduced pressure at 40°C to obtain the petrol extract followed by the ethanolic. The petrol extract was fractionated in column (CC), using stationary phase Silica Gel 60 (MN Kieselgel 60 0.063-0.2 mm/70-230 mesh American Society for Testing and Materials) and mobile phase mixtures of increasing

polarity: Petrol, Petrol:CH<sub>2</sub>Cl<sub>2</sub> (1:1), CH<sub>2</sub>Cl<sub>2</sub>, CH<sub>2</sub>Cl<sub>2</sub>:AcOEt (1:1), AcOEt, AcOEt:methanol (1:1), and methanol. The same procedure was followed for the ethanolic extract.

#### Evaluation of anti-leishmania activity *in vitro* on intracellular amastigotes of *L. panamensis*

The effect of the obtained extracts from leaves and stems by Soxhlet technique on intracellular amastigotes was evaluated following the methodology described by Robledo (1998) [15]. The strain of *L. panamensis* (M/HOM/87/UA140) that was used was an isolated strain of a patient with localized cutaneous leishmaniasis, cryopreserved in liquid nitrogen, until its processing. To maintain the virulence of the parasite and ensure a good infection *in vitro*, the parasites were inoculated to golden hamster (*Mesocricetus auratus*) as described by Rey (1990) [16]. Periodically, the lesions were aspirated and the material obtained was cultured in a Novy, Nicolle, and McNeal medium again to obtain promastigotes. U-937 cells, maintained in suspension, were washed by centrifugation for 10 min at 400 ×g. The supernatant was discarded and resuspended for calculating in a particle counter (Coulter). The cells were adjusted to a concentration of 100,000 cells/ml Roswell Park Memorial Institute (RPMI) medium with 10% Fetal Bovine Serum (FBS). In each well of a 24-well cell culture dish, 1 ml of the cell suspension was distributed. To favor the adherence of the cells to the well and induce their differentiation to macrophage, 0.1 µg of phorbol myristate acetate was dispersed in each well.

The cells were incubated at 37°C with 5% CO<sub>2</sub> for 48 h and then washed only through RPMI medium, thus removing the non-adhered cells. Adhered cells were incubated in the presence of promastigotes of *L. panamensis* in stationary growth phase and in a 25:1 ratio (parasites:cell) and incubated at 34°C with 5% CO<sub>2</sub>. The cells were exposed to the parasites for 2 h, washed in furtherance of remove the free parasites, and then reincubated for a further 24 h, to allow the transformation of promastigotes into intracellular amastigotes. After 24 h of infection, the medium was completely replaced by RPMI 1640, which contained the corresponding amount of the extract, and concentrations of extracts or fractions of *M. tamnifolia* obtained by Soxhlet were tested: Maximum doses evaluated for *Leishmania*: 0.2 µg/ml, 0.5 µg/ml, 1 µg/ml, 3.75 µg/ml, and 40 µg/ml.

The concentration range for each extract was chosen according to the LC50. The medium was replaced every 2 days. After 96 h of incubation, in the presence of the extracts, the cells were washed and fixed with methanol for 20 min and stained with Giemsa. The infected and cultured cells in the absence of the different extracts served as control of the infection. In each well, about 200 cells were randomized, recording the number of infected and uninfected cells. The percentage of infection was calculated by dividing the number of infected cells obtained in the presence of each extract by the number of cells obtained in the absence of treatment. The results express 50% of the effective concentration (EC<sub>50</sub>), which was calculated by the probit method [17].

#### Trypanocidal activity evaluation

The Colombian strain *T. cruzi* HA, parasites in logarithmic phase of growth were used and the test samples were incubated in 96-well plates at 27°C for 96 h. After that time, MTT solution was added and after 90 min of incubation, the reading was made in an ELISA spectrophotometer; the data were analyzed by the probit method [17].

Concentrations of extracts or fractions of I – 333 µg/ml, II – 250 µg/ml, III – 500 µg/ml, IV – 100 µg/ml, and V – 200 µg/ml were tested. Those extracts or fractions with a percentage of inhibition >50% at 100.0 µg/ml or an LC<sub>50</sub> <50.0 µg/ml are considered active.

#### Toxicity evaluation on U-937 cells

The evaluation of the cytotoxic activity was carried out on human promonocytic cells of the U-937 line, according to (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) (MTT) proposed by Sereno (1997) [18]. U-937 cells were maintained in culture as cells in suspension

in RPMI 1640 medium (Gibco BRL, Grand Island, NY), enriched with 10% inactive fetal bovine serum (SBF) at 37°C and 5% CO<sub>2</sub> at a concentration of 3×10<sup>5</sup> cells/ml, and changing medium every 2 days. On the day of the assay, the cells were washed by centrifuging at 400 ×g for 10 min.

The supernatant was discarded and the cell button was resuspended in RPMI 1640 medium supplemented with 10% SBF. The cells were counted and adjusted to a concentration of 1×10<sup>6</sup> cells/ml of RPMI with 10% SBF. In each well of a 96 -plate, 100 µl of cells were dispensed. Then, 100 µl of a solution of the different extracts of *M. tamnifolia* dissolved in DMSO, in a final concentration range of 3–100 µg/ml, were added. The cells were incubated at 37°C with 5% CO<sub>2</sub> for 96 h, changing the medium each 48 h.

After 96 h, 10 µl of MTT (10 µg/ml) was added to each well and the plate was incubated for 3 h. The enzymatic reaction was stopped by the addition of 100 µl of 50% isopropanol and 10% sodium dodecyl sulfate. The wells were incubated an additional 30 min at room temperature and the optical density was read at 570 nm, using an ELISA reader (BioRad). The cells cultured in the absence of treatment, but maintained under the same conditions, served as control of the assay.

#### Analysis of data

The results were expressed as the 50 inhibitory concentration (IC<sub>50</sub>), which corresponds to the concentration at which 50% of cell death occurs. Cytotoxicity was categorized into the following three levels: High cytotoxicity, for extracts with IC<sub>50</sub><50 µg/ml; mildly cytotoxic, for extracts with IC<sub>50</sub> between 51 and 100 µg/ml; and slightly cytotoxic extracts, for those with IC 50 above 100 µg/ml. The selectivity index (SI) was obtained by the quotient between the IC<sub>50</sub> in U937 cells and the CI<sub>50</sub> in the parasites studied. Extracts or fractions with selectivity indexes ≥3 are considered selective.

#### RESULTS

The antiparasitic activity against *T. cruzi* and *L. panamensis* was evaluated, as well as the cytotoxic activity on U937 cells of nine extracts and fractions obtained from leaves and stems of *M. tamnifolia*. On U937 cells, six of the extracts and fractions tested showed high cytotoxicity, IC<sub>50</sub> <50 µg/ml (66.6%). The remaining three showed mild cytotoxicity, IC<sub>50</sub> >100 µg/ml (33.3%). The most cytotoxic fraction was dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>) with IC<sub>50</sub> of 0.025 µg/ml.

Only the dichloromethane fraction (CH<sub>2</sub>Cl<sub>2</sub>) was selective (SI=3), on amastigotes of *L. panamensis* with a percentage of inhibition of 43.40% at the highest concentration evaluated (40 µg/ml). This fraction was inactive against *T. cruzi* epimastigotes.

The light petroleum extract showed the highest percentage inhibition against *T. cruzi* epimastigotes (97%); however, its cytotoxicity is very high and its SI is very low.

On the other hand, the fraction of ethyl acetate (AcOEt) had a percentage of 88% inhibition compared to *L. panamensis*, EC<sub>50</sub>=27.1 µg/ml and SI=1.70 and a percentage inhibition of 56% against *T. cruzi*, EC<sub>50</sub>>200 µg/ml and SI<0.23 (Table 1).

#### DISCUSSION

Leishmaniasis and Chagas disease are parasitic infections that have been developing resistance to frequently used drugs. The toxicity and high costs of the available drugs make these diseases difficult to manage. Therefore, the search for alternative sources of treatment for the aforementioned diseases becomes a priority.

In this search, research on plant extracts and their derivatives has become very important. The foregoing is evidenced, for example, in studies conducted in Colombia with *Annona muricata* against *L. braziliensis* and *L. panamensis*, where it was shown that the activity was greater compared to that of meglumine antimonate

Table 1: Effect of extracts and fractions of *M. tamnifolia* on the U937 cell line and antiparasitic activity

Fractions and extracts of leaves and stems of <i>M. tamnifolia</i>		U937 cytotoxicity	Effectiveness against amastigotes of <i>L. panamensis</i>			Effectiveness against epimastigotes of <i>T. cruzi</i>		
Extract or fraction	Type	IC <sub>50</sub> (µg/ml)	Inhibition (%)	EC <sub>50</sub> (µg/ml)	Selectivity index	EC <sub>50</sub> (µg/ml)	Inhibition (%)	Selectivity index
Much-H1	Light petroleum extract	1.40	28.40	0.70	2.00	>200	97.00	<0.007
Much-H1.1	Light petroleum: CH <sub>2</sub> Cl <sub>2</sub>	468.20	0.00	302	1.55	>200	50,8	<2.34
Much-H1.2	<b>Fraction* CH<sub>2</sub>Cl<sub>2</sub></b>	<b>0.025</b>	<b>43.40</b>	<b>0.006</b>	<b>4.16</b>	>200	0.00	<0,000125
Much-H1.3	Fraction CH <sub>2</sub> Cl <sub>2</sub> - AcOEt	123.10	36,8	102.30	1.20	>200	34.00	<0.625
Much-H1.4	<b>Fraction* AcOEt</b>	<b>46.10</b>	<b>88</b>	<b>27.10</b>	<b>1.70</b>	>200	56.00	<0.23
Much-H1.5	Fraction MeOH	1.52	47.20	1.10	1.38	>200	0.00	<0.0076
Much-H2	Extract EtOH	123.10	36.80	123.10	1.00	>200	0.00	<0.625
Much-H2.1	Fraction light petroleum	4.90	22.40	2.20	2.22	>200	20.30	<0.0245
Much-H2.2	Fraction CH <sub>2</sub> Cl <sub>2</sub>	8.10	0.00	5.40	1.50	>200	4.90	<0.04

\*The most active fractions are highlighted in bold. The dichloromethane fraction showed the highest activity against *L. panamensis* with an EC<sub>50</sub> of 0.006 (µg/ml) and an SI of 4.16. IC<sub>50</sub>: 50 inhibitory concentration, EC<sub>50</sub>: 50% of the effective concentration, *L. panamensis*: *Leishmania panamensis*, *T. cruzi*: *Trypanosoma cruzi*, *M. tamnifolia*: *Muehlenbeckia tamnifolia*

(glucantime). Some of the active compounds isolated from plants against leishmaniasis belong mainly to the following chemical groups: Alkaloids, triterpenes, sesquiterpenes, monoterpenes, diterpenes, and flavonoids [19].

Some phytochemical studies of the species *M. tamnifolia* have reported the presence of triterpenoids such as lupeol and β-sitosterol [13,20]. Das *et al.* found that lupeol has significant anti-*Leishmania* activity with IC<sub>50</sub> values of 65 and 15 µg/ml compared to promastigote and amastigote, respectively [21]. Other triterpenic compounds, such as betulonic acid, have anti-leishmanial activity, activity that can be related to the inhibition of topoisomerase [22,23].

The presence of this type of compounds could explain the promising anti-*Leishmania* activity of the dichloromethane fraction.

## CONCLUSIONS

The extracts obtained from leaves and stems of different polarities of *M. tamnifolia* (Kunth) Meins show a moderate activity against amastigotes of *L. panamensis* (Leishmaniasis) (low polarity fractions) and a low activity against epimastigotes of *T. cruzi* (Chagas). This leishmanicidal activity could be explained by the presence of triterpene-type bioactive compounds such as lupeol. The fraction dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>) showed the most cytotoxic activity with an IC<sub>50</sub> of 0.025 µg/ml on U937 cells. More studies should be carried out to determine the structure-activity relationship.

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## AUTHORS' CONTRIBUTIONS

All authors contributed equally in the design of the study, data collection, data analysis, and in the writing of the manuscript.

## CONFLICTS OF INTEREST

The authors have no conflicts of interest.

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