

PROTOTYPE SELF EMULSIFYING SYSTEM OF ETRAVIRINE: DESIGN, FORMULATION AND *IN VITRO* EVALUATION

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ABSTRACT

Objective: Lipid-based formulations have gained much attention, particularly on self-emulsifying drug delivery systems (SEDDS), to improve the oral bioavailability of lipophilic drugs. In the present study, an attempt was made to develop and evaluate prototype SEDDS of poorly soluble antiviral BCS class IV drug etravirine.

Methods: Various oils, surfactants and co-surfactants were screened for their suitability in the formulation of SEDDS. Based on the screening, gelucire 44/14, as the oil, labrasol as a surfactant and transcutool HP as the co-surfactant were selected. SEDDS with drug etravirine was formulated and evaluated for emulsifying ability, dilution potential and microscopic properties. The emulsion area for each of the combination of oil and surfactant co-surfactant mixture (S_{mix}) was determined by the construction of pseudo-ternary phase diagrams.

Results: The optimized formulation with oil (gelucire 44/14) and S_{mix} (labrasol: transcutool HP, 6:1) in a ratio of 2:8 exhibited a rapid emulsification rate and a good polydispersibility index of 0.103 ± 0.012 indicating uniformity of the formed droplets. The size of the droplets was determined by zetasizer and was found to be in 200 nm range. The drug release from the final formulation after 2hr was found to be $41.15\% \pm 0.5$ compared to $19.3\% \pm 3.8$ of pure drug indicating enhanced dissolution profile of the drug.

Conclusion: *In vitro* study illustrated enhanced dissolution rate of formulated prototype SEDDS of BCS class IV drug etravirine for oral delivery.

Keywords: Etravirine, SEDDS, Gelucire 44/1, BCS class IV, Labrasol, Transcutool

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INTRODUCTION

Though management of HIV infection has been done successfully with antiviral drug therapy it is coupled with several limitations and inconveniences. The reason being most of the anti-retroviral drugs display poor oral bioavailability and a short half-life owing to poor aqueous solubility, extensive first-pass effect and gastrointestinal degradation. This invariably results in localized HIV in the certain inaccessible region of the body such as the CNS, the lymphatic system and macrophages [1, 2].

FDA has approved etravirine a second generation Non-nucleoside reverse transcriptase inhibitors (NNRTI) for the treatment of HIV-1 infection as it displays sustained virologic efficacy in a patient with NNRTI resistant HIV-1 infection. The drug undergoes extensive first-pass metabolism as it is metabolized by hepatic cytochrome P450 (CYP) 3A4 and other members of the CYP2C family. Etravirine is categorized under BCS class IV drug by virtue of its low aqueous solubility and permeability. It is highly lipophilic drug with log P value greater than 5 as it is nearly insoluble in water over a wide range of physiological pH [3-7].

BCS class IV drugs are challenging molecule in product development as they exhibit low solubility and low permeability. However, formulation approaches similar to those for BCS class II drugs could be practically applied to BCS class IV drugs. Various approaches to overcome the poor aqueous solubility of drug candidates have been investigated and reported in the literature. In recent years, Lipid-based formulations have been utilized to enhance the oral bioavailability of BCS class IV drugs and Self emulsifying drug delivery systems (SEDDS) is one among them [8-12].

SEDDS are an isotropic mixture of oils, surfactants and co-surfactants, which forms fine o/w emulsion upon dilution with the aqueous gastrointestinal medium on gentle agitation [13-16]. For lipophilic drug compounds exhibiting dissolution rate limited absorption, these systems offer an advantage to deliver lipophilic drugs to the systemic circulation, by avoiding the dissolution step

(25). SEDDS improve the mucus permeation, rate and extent of absorption by facilitated intestinal lymphatic transport of drugs, as they are known to protect against enzymatic hydrolysis and inhibit P-gp efflux [17-19]. Some of the commercially successful antiviral SEDDS formulations are norvir (ritonavir) and Fortovase (saquinavir) generates (amprenavir), sustivas (efavirenz), and kaletras (lopinavir and ritonavir) [8].

Based on extensive review of literature it is understood that there is not much work done on SEDDS of etravirine. Thus the current study was aimed to develop prototype SEDDS of etravirine and evaluate the emulsifying ability, microscopic property, stability and its *in vitro* dissolution.

MATERIALS AND METHODS

Material

Etravirine was obtained as a generous gift sample from Apotex Pharmachem INC (Bengaluru, India). Labrafil 2125 CS, peceol, gelucire 44/14, labrafac, lipophile WL 1349, lauroglycol-90, maisine-35, labrasol and transcutool-HP are gift samples obtained from Gattefosse India (Mumbai, India). Captex 300 and captex 355 are gifted samples from Abitec Corporation (India). Tween 20, tween 60, span 20, span 80, PEG 200, PEG 400 were purchased from SD fine chemicals (Mumbai, India). Tri-Ester F-810 generous gift from India commercial company Private Ltd. Capmul MCM C8 L2p and captex 200 P are gifted samples from IMCD India private limited (Mumbai, India). All other chemicals and reagents were of analytical grade and procured from Merck (Mumbai, India) and SD Fine Chem. (Mumbai, India).

Determination of solubility of etravirine in various vehicles

The solubility of etravirine was determined in various oils, surfactants and co-surfactants by adding an excess amount of Etravirine in 1 ml of a pure vehicle taken in glass tubes and the mixture was heated at 60 °C in a water bath and vortexed intermittently to facilitate the solubilization. The drug suspension was equilibrated at 25 °C in a thermostatically controlled bath for 48

h. After equilibration, the tubes were centrifuged at 12,000 RPM for 20 min and aliquots of the clear supernatants were further diluted with methanol or DMSO (based on the miscibility of the vehicle) and estimated for Etravirine by UV spectrophotometer at 317 nm for DMSO and 315 nm for methanol.

Selection of surfactant

The surfactants were screened based on their ability to emulsify the selected oil phase. To determine the emulsification ability, 20 μ l of surfactant was mixed with 20 μ l of the selected oily phase. Subsequently, 25 μ l of this mixture was diluted to 25 ml with distilled water. The number of inversions of volumetric flask required to produce a uniform emulsion was monitored. The emulsions were allowed to stand for 2 h and their transmittance was measured at 638.2 nm in UV-vis spectrophotometer against distilled water as the blank [20, 24].

Selection of co-surfactant

Co-surfactants were screened based on their efficacy to improve the emulsification ability of the selected surfactants. For this, 40 μ l of selected surfactant was mixed with 20 μ l of the co-surfactant (S_{mix} ratio of 2:1). The selected oil was added to surfactant and co-surfactant mixture in the ratio of 1:1 and gently heated in a water bath to allow proper mixing. 25 μ l of this mixture was diluted to 25 ml with distilled water and the ease of formation of emulsions was monitored by the number of inversions required to produce a uniform emulsion. The emulsions were allowed to stand for 2 h and their transmittance was measured at 638.2 nm in UV-vis spectrophotometer against distilled water as the blank [20, 24].

Construction of a pseudo-ternary phase diagram

A titration method was employed to construct phase diagrams. Various mixtures of the oil with surfactants or a combination of the surfactant and co-surfactant (S_{mix} 2:1, 4:1, 6:1) was prepared at ratios of 10:0, 9:1, 8:2, 7:3, 6:4, 5:5, 4:6, 3:7, 2:8, 1:9, 0:10 into different vials. A small amount of water in 5% (w/w) increments were added into the vials and shaken for 15 min to 30 min at 25 °C. Addition of water is done till the mixture is diluted to a maximum of to 1000 times. After each increment of water different phases were observed: (1) a clear liquid region that included clear or translucent solutions; (2) cloudy liquids apparently consisting of coarse emulsions; (3) a viscous gel; or (4) a phase-separated mixture where the lipid separated from the aqueous phase to form a separate layer [21, 24].

Preparation of SEDDS

Based on the solubility studies and Phase diagram, the oil (gelucire 44/14), surfactant (labrasol) and co-surfactant (transcutol HP) were chosen for SEDDS formulations. A series of formulations were prepared using various concentrations (10-80% v/v) of oil, surfactant and co-surfactant. At first, the surfactant (labrasol) and co-surfactant (transcutol HP) were mixed in the ratio of 2:1, 4:1 and 6:1 and a specific quantity of S_{mix} as shown in table 1. The mixture obtained was mixed with gelucire 44/14 (oil) (which was previously heated at 45 °C for 5 min in a water bath) until a clear solution was obtained. Then, an excess amount of etravirine was added to the mixtures and mixed thoroughly. The formulations were shaken at ambient temperature for 48h and analyzed for etravirine content, as described above.

Table 1: SEDDS formulations with various percentage oil, surfactant and co-surfactant

Formulation	O: S_{mix}	S_{mix}	Oil %	Surfactant %	Co-surfactant %
F1	1:9	2:1	10	60	30
F2	2:8		20	53.33	26.67
F3	3:7		30	46.67	23.33
F4	4:6		40	40	60
F5	5:5		50	33.33	16.67
F6	6:4		60	26.67	13.34
F7	7:3		70	20	10
F8	1:9	4:1	10	72	18
F9	2:8		20	64	16
F10	3:7		30	56	14
F11	4:6		40	48	12
F12	5:5		50	40	10
F13	6:4		60	32	8
F14	7:3		70	24	6
F15	1:9	6:1	10	77.14	12.85
F16	2:8		20	68.57	11.42
F17	3:7		30	60	10
F18	4:6		40	51.42	8.57
F19	5:5		50	42.85	7.14
F20	6:4		60	34.28	5.71
F21	7:3		70	25.71	4.28

Evaluation of SEDDS

Percentage transmittance studies and self-emulsification assessment

The self-emulsification of formulated SEDDS was evaluated using a standard USP XXII dissolution apparatus II. To carry out the study, a total of 0.1 ml of the SEDDS formulation was mixed with 100 ml (1000 times dilution) of distilled water and gentle agitation was provided by rotating a standard stainless steel dissolution paddle at 50 RPM. Percentage transmittance was measured spectrophotometrically at 638.2 nm using water as a blank. The formulations were visually assessed for emulsification, precipitation and phase separation. [20, 22].

Accelerated physical stability studies

Centrifugation study

The formulations were diluted 100 times with distilled water, centrifuged at 3500-5000 RPM for 30 min and then examined visually for any phase separation. Then the formulations were visually observed for instability such as phase separation, creaming

or cracking. The formulations that were free from phase separation, creaming and cracking were chosen for the heating-cooling cycle.

Heating and cooling cycle

This study so designed involved six cycles between 4 °C and 40 °C with storage at each temperature for not less than 48 h. The formulations that did not show any sign of phase separation, creaming and cracking were considered as stable formulation.

Attenuated total reflection-fourier transform infrared spectroscopy (ATR-FTIR) analysis

To determine any interaction between the drug and any of the excipient used, ATR Spectra were recorded in the frequency range 4000-400 wave numbers (cm^{-1}) using FTIR-8400S, Shimadzu.

Globule size analysis

The droplet size distribution and polydispersity index (PDI) of the optimized SEDDS formulation were determined by Zetasizer Nano ZS, Malvern Instruments, UK. The formulation (0.1 ml) was added to

100 ml of water in a volumetric flask and mixed by inverting the flask for 4-5 times. Then a few ml aliquot was withdrawn and added into a sample cell for droplet size measurement. Each size value reported was the average of three independent measurements.

Transmission electron microscopy (TEM)

The morphology of the optimized SEDDS formulation was investigated using transmission electron microscope (Tecnai G2 Spirit BioTwin) at an accelerated voltage of 120 KV. Briefly, a drop of diluted SNEDDS was placed on the grid. Approximately 2 min after sample deposition, the grid was tapped with filter paper to remove surface water and air-dried. The image was taken with transmission electron microscope at an acceleration voltage of 100 KV [20, 23].

In vitro drug release

The *in vitro* drug release of selected SEDDS formulation was performed in a USP XXIII apparatus I. Hard gelatin capsule containing the formulation was rotated at 50 RPM in the dissolution vessel containing 900 ml of 0.01M HCl with 1% SLS in double distilled water as dissolution media maintained at 37 °C. A 1 ml of the aliquots was withdrawn at predetermined time intervals, (5, 15, 30, 45 and 60 min) from the dissolution medium and replaced with fresh blank media. The withdrawn samples were filtered using 0.45

mm Millipore filter and analyzed for drug content by UV-vis spectrophotometer (UV-1800, Shimadzu, Japan) using the corresponding blank medium at 317 nm [22, 23, 25].

RESULTS AND DISCUSSION

Solubility study

The SEDDS should have the good solvent capacity for the drug under investigation to achieve maximum drug loading in the final volume of SEDDS and should be a clear and monophasic liquid with good solvent capacity at ambient temperature when introduced to aqueous phase [26, 27]. The solubility of etravirine in various oils, surfactants and surfactants is shown in table 2. From the result, it is evident that etravirine exhibited the highest solubility in gelucire 44/14 (110.3±10.01 mg/ml) that was selected as an oil phase for further investigation. Gelucire 44/14 is a medium chain lauroyl polyoxyglycerides official in european pharmacopoeia, which is a well-established excipient for solubility and bioavailability enhancement [28, 29]. Surfactants tween 20 (68.5 mg/ml), tween 60 (56.9 mg/ml), tween 80 (52.13 mg/ml), cremophor EL (38.63 mg/ml) and cremophor RH60 (70.92 mg/ml) and co-surfactants PEG 200 (59.98 mg/ml), PEG 400 (59.39±4.033) and transcutool HP (60.77 mg/ml) were selected for further studies since etravirine solubility was greater than 50 mg except cremophor EL.

Table 2: Solubility of etravirine in vehicles

Oils/Vehicles	Solubility ^a in mg/ml
Gelucire 44/14	110.3±10.01
Captex 355	1.31±0.3748
Captex 300	1.57±0.2524
Tri Ester	1.36±0.4356
Maisine 35-1	1.35±0.039
Lauroglycol 90	2.4±0.201
Labrafac	1.73±0.1068
Tocopherol	3.32±0.7495
Isopropyl Myristate	0.64±0.0056
Oleic Acid	3.63±1.039
Captex 200	4.44±0.1061
Castor Oil	3.51±0.3111
Peceol	5.87±1.980
Surfactants	
Tween 20	68.5±4.95
Tween 60	56.9±14.94
Tween 80	52.13±3.131
Span 80	7.86±7.741
Span 20	11.66±1.941
Labrafac WL 1349	1.73±0.1068
Caproyl PGMC	13.81±0.0707
Labrasol	73.11±9.525
Cremophor EL	38.63±7.092
Cremophor RH 60	70.92±8.620
CO-surfactants	
PEG 200	59.98±2.503
PEG 400	59.39±4.033
Capmul MCM	7.22±0.9051
Transcutol HP	60.77±3.896
Capmul MCM C8	13.8±0.0141

^aData expressed as mean±SD (n=3)

Selection of surfactants

Selection of surfactants in the formulation of SEDDS is crucial. The surfactants accepted for SEDDS should be safe, with relatively high hydrophilic-lipophilic balance (HLB) for the immediate formation of an emulsion or rapid spreading of the formulation and to solubilize high amount of lipophilic drug compounds. Generally, nonionic surfactants are preferred safer surfactants for oral ingestion since they impart stability to emulsion over a wider range of pH and ionic strength. Also, they facilitate absorption of the co-administered drug by making reversible changes in intestinal mucosal permeability [20, 17]. In our studies selection of surfactants was done based on their emulsifying ability which is determined by measuring the % transmittance of the resulting emulsion [20]. All the selected

surfactants showed good dispersing properties with greater transmittance value (table 3) which is attributed to higher HLB and hydrophilicity properties of surfactants [30].

Selection of the co-surfactant

Nonionic surfactant reduces interfacial tension, increases the flexibility of the interfacial film and helps in the spontaneous emulsion formation [31]. It is selected based on the number of inversions required to produce emulsion and % transmittance of the dispersed emulsion. In comparison to PEG 200 and PEG 400 co-surfactants, transcutool showed transmittance greater than 90% with all the selected surfactants. The combination of oil with selected surfactant and co-surfactant are reported in table 3.

Table 3: Emulsification efficiency with different surfactants and co-surfactants

Surfactant	HLB	In	%T	Co-surfactant					
				Transcutol HP		PEG 200		PEG 400	
				In	%T	In	%T	In	%T
Tween 20	16.7	20	99.62	7	99.99	5	99.50	10	99.90
Tween 60	14.9	35	99.35	13	100	5	100.00	13	100.00
Tween 80	15	20	99.89	5	100	5	99.90	8	99.9
Cremophor EL	12-14	20	89.99	5	100	6	99.92	9	99.92
Cremophor RH60	15-17	15	99.40	17	100	5	100.00	5	100.00
Labrasol	14	10	71.55	8	99.6	5	81.72	5	84.64

In: Number of Inversion, %T: Percentage transmittance

Construction of a pseudo-ternary phase diagram

For a selection of surfactants forming wider emulsion region phase diagrams were constructed by the water titration method by mixing selected oil (gelucire 44/14) with different surfactants namely tween 20, tween 60, tween 80, cremophor EL, cremophor RH 60 and labrasol. As depicted in (fig. 1) labrasol showed wider emulsifying area with selected oil gelucire 44/14. Nonionic surfactant labrasol a saturated polyglycolysed C6-C14 glyceride has a good solubilizing capacity of a hydrophobic drug, and ability

to emulsify and enhance intestinal absorption of the drug [32-35]. Hence labrasol was selected as surfactant and transcutool was selected as co-surfactant since it is reported to be a solubilizer and absorption promoter [36, 37].

The ratio of surfactant to co-surfactant determines the emulsifying ability and plays an important role in the development of a stable emulsion by reducing interfacial energy and forming a barrier to coalescence [25]. Thus surfactant and co-surfactants were mixed in the ratio of 2:1, 4:1 and 6:1 for preparation of SEDDS.

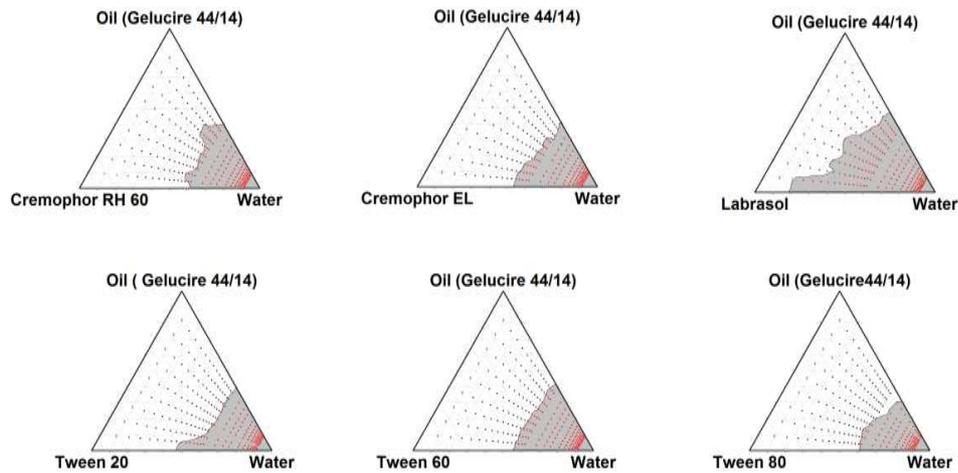


Fig. 1: Pseudo-ternary phase diagram of selected co-surfactant

Table 4: Characterization and stability testing of SEDDS formulations

Formulation SEDDS with drug	% transmittance	Stability after dilution in Min	Stability after 1 mo	Centrifugation study	Heating and cooling cycle
F1	41.2	20	Clear Liquid		
F2	49.3	40	Clear Liquid	stable	stable
F3	52.6	35	Clear Liquid	stable	stable
F4	58.12	35	Clear Liquid	stable	stable
F5	60.35	40	Translucent liquid	stable	stable
F6	83.45	45	Phase separation	--	--
F7	84.5	20	Phase separation	--	--
F8	54.7	30	Clear Liquid	--	--
F9	65.5	45	Clear Liquid	stable	stable
F10	70.3	35	Phase separation	--	--
F11	76.8	60	Phase separation	--	--
F12	84.51	50	Phase separation	--	--
F13	91.59	40	Solidified	--	--
F14	97.79	50	Phase separation	--	--
F15	40.5	40	Clear liquid	--	--
F16	60.1	40	Clear liquid	stable	stable
F17	63.45	40	Phase separation	--	--
F18	65.03	180	Solidified	--	--
F19	67.99	180	Phase separation	--	--
F20	77.32	40	Phase separation	--	--
F21	94.98	30	Phase separation	--	--

Preparation and characterization of SEDDS

A sequence of SEDDS loaded with 50 mg of drug were prepared using oil (gelucire 44/14) in the concentration range of 10% to 70% and mixed with S_{mix} (labrasol: transcutol mix). Visual assessment of SEDDS formulations was done after one month for clarity, precipitation and phase separation. SEDDS containing 10-40% gelucire 44/14 was clear without precipitation and phase separation. SEDDS undergo gradual dilution *in vivo* to form an emulsion, so dilution test is done to find out phase separation and precipitation [38]. The SEDDS when diluted with water dispersed within 35 s to get non-turbid bluish white emulsion which indicated microemulsion formation [27] mainly due to higher HLB value of gelucire44/14 [33]. From dilution studies, it was observed that 6 formulations F2, F3, F4, F5, F9 and F16 were stable for 2-3 h without precipitation, but the rest of the formulation precipitated within 30-60 min resulting in decreased % transmittance. Results are depicted in table 4. The stability of the 6 formulations was tested by the

centrifugation test after forming microemulsion and observed immediately. There was no phase separation and precipitation, indicating the stability of the microemulsion formed [20].

In vitro drug release

The *in vitro* dissolution of etravirine from selected 6 SEDDS formulations was evaluated under sink conditions. Results are shown in the fig. 2. Pure drug showed 20% drug release in 2hr and all other 6 formulations released more than 80% of the drug in first 5 min and decreased to 25% (F2), 32% (F3), 27% (F4), 30% (F5), 39% (F9) and 41% (F16) at 2hr. the decrease in the percentage release can be ascribed to, precipitation of the drug form SEDDS. For the correlation between dissolution and time, DT_{50} was calculated, which is the time required to maintain the dissolution rate over 50% [39]. Formulation F16 showed maximum DT_{50} of 79 min compared to all other formulations and pure drug. Hence F16 was selected as optimum SEDDS formulation with 20% oil, 68.57% surfactant and 11.42% co-surfactant.

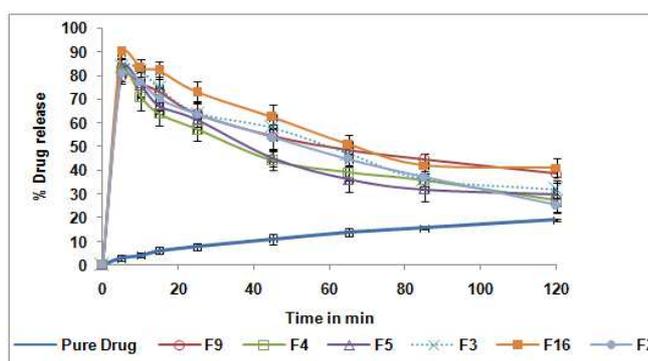


Fig. 2: *In vitro* dissolution of selected SEDDS formulations

Characterization of optimized formulation

Optimized formulation F16 was analyzed for compatibility of the drug with excipients by ATR-FTIR. Spectra of drug confirms the presence of aromatic amine and amide stretching peak at 3300 cm^{-1} and 3500 cm^{-1} and aromatic aryl stretching between 2220–2260 cm^{-1} . Blank SEDDS without drug showed main OH stretching at 3470 cm^{-1} , CH₃ stretching peak at 2868 cm^{-1} and C=O stretching at 1735 cm^{-1} respectively which is due to triglycerides. Optimized SEDDS formulation F16 after one month showed overlapping of NH group of the drug with OH group of SEDDS vehicles and other peaks remained unchanged (fig. 3). Similar peaks were observed after 6 mo indicating stability of the formulation.

Transmission electron microscopic analysis was performed to investigate the morphology of the microemulsion after dilution. The droplet size analysis showed the quality of emulsion formed. The decrease in the droplet size reflects the formation of a better, close-packed film of the surfactant at the oil-water interface, thereby stabilizing the oil droplets [40]. The droplets size of F16 emulsion was found to be within 200 nm with zeta potential of ± 36.8 mV, which indicates the submicron range with good stability after dilution [41]. Globule size and PDI of F16 formulation were found to be $159\text{ nm} \pm 0.156$ and PDI of 0.103 ± 0.012 , (fig. 4 and 5) which is a good indication of microemulsion formation with good PDI.

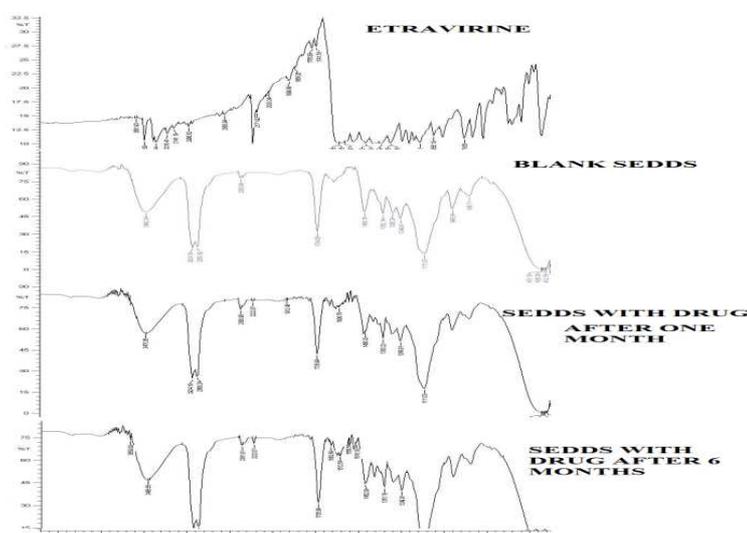


Fig. 3: FTIR of drug and SEDDS formulation



Fig. 4: Average size, PDI and zeta potential of SEDDS formulation F16

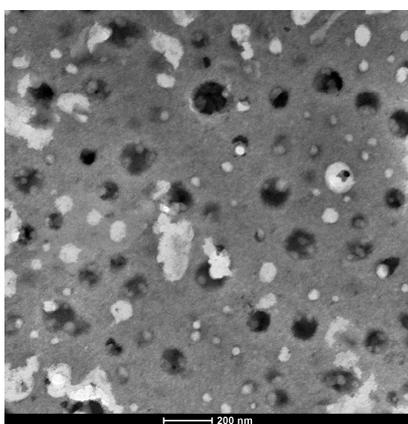


Fig. 5: TEM image of SEDDS formulation F16

CONCLUSION

Prototype SEDDS of etravirine was successfully formulated and investigated for its potential use for improving *in vitro* dissolution. Several SEDDS were prepared and evaluated for emulsification property and stability. The optimized SEDDS of etravirine showed enhanced dissolution rate compared to that of the pure drug with desired property of SEDDS. The added components in SEDDS, gelucire 44/14, labrasol and transcucol enhanced solubility and likely to enhance bioavailability by transporting the drug by transcellular route. Therefore SEDDS can be a viable formulation strategy for the oral delivery of etravirine. Further investigations are essential for confirming the potentiality of the etravirine self-emulsifying system.

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Nil

AUTHORS CONTRIBUTIONS

All the author have contributed equally

CONFLICT OF INTERESTS

Declared none

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