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# CURCUMIN INCREASES THE SENSITIVITY OF BREAST CANCER CELLS TO TAMOXIFEN BY INHIBITING MRP2 MRNA EXPRESSION OF EFFLUX TRANSPORTER MRP2

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## ABSTRACT

**Objective:** Tamoxifen is the drug of choice to treat breast cancer positive for estrogen receptor. Long-term use of tamoxifen can induce multidrug resistance (MDR) associated with decreased sensitivity of cancer cells to the drug. One of the causes of MDR is overexpression of efflux transporter multidrug resistance-associated protein (MRP)2. Various drugs are known to act as MRP2 inhibitors, including curcumin. This study investigated the effects of curcumin on the sensitivity of breast cancer cells to tamoxifen through inhibition of MRP2.

**Methods:** We used MCF-7 cells that were previously exposed to long-term tamoxifen treatment [MCF-7(T) cells]. MCF-7(T) cells were treated with 1  $\mu$ M tamoxifen, curcumin (5, 10, and 20  $\mu$ M), combinations of curcumin (5, 10, and 20  $\mu$ M) and 1  $\mu$ M tamoxifen, or 10  $\mu$ M nevirapine (a known MRP2 inhibitor) for 5 d. Then, the cells were harvested, counted to assess cell viability, and evaluated for MRP2 mRNA expression.

**Results:** Treatment with curcumin alone or in combination with tamoxifen significantly reduced cell viability at all curcumin concentrations compared with the control. The reduction in cell viability was accompanied by a reduced level of MRP2 mRNA expression.

**Conclusion:** Application of curcumin to MCF-7 cells previously exposed to long-term tamoxifen treatment increase the sensitivity of cancer cells to tamoxifen. The increased sensitivity of these cells was attributed, at least in part, to inhibition of the efflux transporter MRP2.

### Keywords: Curcumin, Tamoxifen, MRP2, Multidrug resistance

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# INTRODUCTION

Tamoxifen is the drug of choice for estrogen-receptor-positive breast cancer treatment. Tamoxifen competes with estrogen for binding to the estrogen receptor [1]. Many patients who chronically use tamoxifen will eventually develop tamoxifen resistance. Resistance is a common clinical problem that leads to unsuccessful treatment. Long-term use of tamoxifen reduces the sensitivity of cancer cells to tamoxifen [2].

The issue impeding successful cancer treatment is development of multidrug resistance (MDR) against tamoxifen. MDR against chemotherapy is the phenomenon of resistance after long-term exposure to anticancer agents [3]. Several mechanisms have been proposed to mediate MDR in cancer cells. The mechanisms include loss of a cell surface receptor; specific metabolism of a drug; alteration by mutation of the specific target of the drug; and alterations in apoptosis and cell cycle processes as well as drug transporters. Alterations in drug transporters can limit accumulation of drugs within cells by limiting uptake and enhancing drug efflux [4]. One of the most common factors implicated in MDR is ATP-binding cassette (ABC) transporters; a family of membrane proteins characterized by homologous ATP-binding and transmembrane domains, which are a component of the energydependent efflux transport system [5]. ABC transporters include Pglycoprotein, breast cancer resistance protein (BCRP), and multidrug resistance-associated protein (MRP) 2 that play major roles in tamoxifen resistance [3].

Among these ABC transporters, expression of MRP2 increases in breast cancer cells because of long-term tamoxifen use. An approach to overcome this problem is to reduce excessive expression of the MRP2 transporter by administering MRP2 inhibitors.

To date, no drug targeting MDR has been clinically approved for cancer treatment. A new promising approach to enhance chemosensitivity in MDR cases is to inhibit the ABC efflux transporter. Several *in vitro* studies have shown that some drugs that inhibit the MRP2 transporter enhance the sensitivity of cancer cells to anticancer drugs [6]. Such drugs, such as indomethacin, ketoprofen, probenecid, and reserpine, can cause some side effects if used long term. Alternatives with minimal side effects are natural compounds. Such natural compounds include flavonoids, such as myricetin, curcumin, and quercetin, which inhibit many ABC transporters [7]. These compounds have not been tested for their efficacy in tamoxifen-resistant cancer cases.

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Curcumin is the active polyphenolic compound in ginger and turmeric that is common in Indonesia. Turmeric contains curcuminoid consisting of curcumin, dihydrocurcumin, desmethoxycurcumin, and bisdemethoxycurcumin [8]. Curcumin has potent effects, such as anti-inflammatory, antioxidant, and anticancer effects. The anticancer activity of curcumin induces apoptosis, inhibits activation of nuclear factor kB, and decreases the levels of proinflammatory cytokines (interleukin-6, interleukin-8, and tumor necrosis factor) [9]. In addition, tetrahydrocurcumin, a major metabolite of curcumin, inhibited the efflux function of Pglycoprotein, MXR, and MRP1 in an in vitro study related to cancer [10]. In this study, we investigated the effects of curcumin on the sensitivity of breast cancer cells to tamoxifen through inhibition of efflux transporter MRP2. A reduction in MRP2 mRNA expression is expected to reduce the amount of tamoxifen effluxed from cancer cells to increase the effectiveness of breast cancer therapy and decrease tamoxifen resistance.

# MATERIALS AND METHODS

### Materials

The MCF-7 cell line was obtained from The Agency for the Assessment and Application of Technology (Serpong, Indonesia). Dulbecco's modified Eagle's medium, fetal bovine serum, penicillin/streptomycin, and Fungizone were purchased from Gibco Ltd. (Singapore). Curcumin, nevirapine, and dimethylsulfoxide were purchased from Sigma–Aldrich (Singapore). Tripure isolation reagents and a LightCycler RNA Master SYBR Green I kit were purchased from Roche Diagnostics (Singapore). Primers were purchased from 1<sup>st</sup> BASE Ltd. (Singapore).

### **Cell culture**

We used MCF7 cells that were previously exposed to long-term tamoxifen treatment [MCF-7(T) cells] [11]. MCF-7(T) cells were cultured in medium described in a previous study [11]. These cells were subcultured at 90% confluence. The medium was changed every day.

### Treatment of MCF-7(T) cells with curcumin

MCF-7 (T) cells were treated with 1  $\mu$ M tamoxifen combined with curcumin (5, 10, and 20  $\mu$ M), and 10  $\mu$ M nevirapine for 5 d. Nevirapine was used as a positive control for an MRP2 inhibitor. Tamoxifen, curcumin, and nevirapine were prepared in dimethyl sulfoxide. The medium was changed every day. Cells were harvested at 5 d after drug administration. Then, cell viability was analyzed by the trypan blue exclusion method. RNA was then isolated to quantify mRNA expression by quantitative real-time reverse transcription polymerase chain reaction (qRT-PCR).

#### **RNA** isolation

RNA isolation was performed using Tripure Isolation Reagents (Roche). The quantity of RNA was determined using a UV spectrophotometer at an absorbance of 260 nm. The RNA purity index was determined by calculating the ratio of UV absorption at 260 and 280 nm.

### qRT-PCR

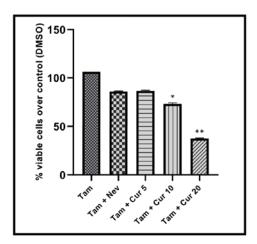
To analyze mRNA expression by qRT-PCR, 500 ng of RNA template was used. The mRNA expression of MRP2 was quantified by qRT-PCR using a kit and primers as described previously [11, 12]. We calculated the expression level of MRP2 mRNA using the Livak method [13].

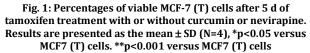
### Data analysis

Data are presented as mean±standard deviation (SD). Graphs were created using GraphPad 7 Prism software. Differences between groups were determined using one-way ANOVA followed by the Tukey post-hoc test. p<0.05 was considered as significant.

### RESULTS

After 5 d of treating MCF7 (T) cells, curcumin increased the sensitivity of cells to tamoxifen (fig. 1). Curcumin at the highest concentration (20  $\mu$ M) significantly reduced the percentage of viable cells (fig. 1).





MRP2 mRNA expression was measured after 5 d of treatment. The addition of curcumin to tamoxifen reduced mRNA expression of MRP2 in MCF-7 (T) cells (fig. 2). Curcumin at the highest

concentration (20  $\mu$ M) and 10  $\mu$ M nevirapine as the positive control resulted in a significant reduction of MRP2 mRNA expression (fig. 2).

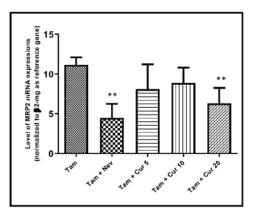


Fig. 2: MRP2 mRNA expression after MCF-7 (T) cells were treated with 1  $\mu$ M tamoxifen, tamoxifen with 5, 10 and 20  $\mu$ M curcumin, or 10  $\mu$ M nevirapine for 5 d. Results are presented as the mean ± SD (N=4). \*\*p<0.001 versus MCF-7 (T) cells

#### DISCUSSION

One of the causes of MDR is overexpression of drug transporters such as MRP2, which can increase efflux of anticancer drugs from cancer cells, thereby contributing to the failure of chemotherapy [14]. Choi *et al.* [15] found that tamoxifen-resistant MCF7 cells express a high level of MRP2 mRNA. The high MRP2 expression in tamoxifen-resistant MCF7 cells may result from activation of pregnane-X receptor (PXR). Their study showed that PXR activation during tamoxifen resistance is crucial to regulate MRP2 mRNA expression. In addition, they found that PI3-kinase plays a role in controlling MRP2 expression of tamoxifen-resistant MCF7 cells. Another study showed that expression of MRP2 in MCF-7 cells was increased after tamoxifen treatment for 10 passages (44 d) [11].

In this study, we exposed tamoxifen-resistant MCF7 cells to curcumin at various concentrations (5, 10, and 20  $\mu$ M) or the positive control (10  $\mu$ M nevirapine) combined with 1  $\mu$ M tamoxifen. Curcumin at the lowest concentration did not reduce the percentage of viable cells, whereas curcumin at the highest concentration significantly reduced viable cells compared with the positive control (nevirapine). Nevirapine is a non-nucleoside reverse transcriptase inhibitor that inhibits MRP2 *in vitro*. Cytotoxic effects of nevirapine against cancer cell lines have been reported previously [16].

Curcumin is also associated with chemoprevention by inhibiting MDR1, MRP, and BCRP efflux transporters [17].

Jiang *et al.* [18] showed that the combination of tamoxifen and curcumin in MCF7/ICC2 cells for 3 d had a synergistic effect by decreasing cell viability, and curcumin increased the sensitivity of the cells to tamoxifen.

Their study also showed that curcumin modulated cell proliferation and increased sensitivity of resistant breast cancer cells positive for the estrogen receptor to long-term tamoxifen exposure. Wortelboer *et al.* [19] showed that 50  $\mu$ M curcumin inhibited MRP1 and MRP2 transporters in MDCKII-MRP1 and MDCKII-MRP2 cells. The mechanism of MRP transporter inhibition by curcumin is still unclear. Presumably, the polyphenol content in curcumin modulates the transport processes of MRP1 and MRP2 through several mechanisms, such as the formation of a glutathione (GSH) conjugate that competitively inhibits MRP1 and MRP2, a decrease in GSH levels, and direct inhibition of MRP1 and MRP2 through MRPcurcumin interactions [19].

Based on our results, we believe that curcumin might be a promising candidate agent to reverse tamoxifen resistance in breast cancer cells with MRP2 as the target. Further research on the mechanism of curcumin in decreasing mRNA expression of MRP2 in breast cancer cells with long term tamoxifen treatment is still needed.

### CONCLUSION

Curcumin at high concentrations can be a chemosensitizer for tamoxifen therapy. The increase in sensitivity of our cells was attributed to, at least in part, inhibition of the efflux transporter MRP2.

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# **AUTHORS CONTRIBUTIONS**

All the author have contributed equally

### **CONFLICT OF INTERESTS**

We declare that we have no conflict of interest

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