

ISSN-0975-7058

Vol 16, Issue 4, 2024

Original Article

AN *IN SILICO* AND *IN VITRO* EVALUATION OF CYTOTOXICITY, APOPTOTIC ACTIVITY AND GENE EXPRESSION MODULATION OF SARSASAPOGENIN IN HUMAN COLORECTAL CANCER CELL LINE HT-29

TABREEZ AHAMED[®], KAVITHA RAMASAMY[®], RAMYA S.[®]

Department of Pharmacology, Sri Ramachandra Medical College and Research Institute, Chennai, India *Corresponding author: Kavitha Ramasamy; *Email: r.kavitha@sriramachandra.edu.in

Received: 13 Mar 2024, Revised and Accepted: 03 May 2024

ABSTRACT

Objective: Search for natural drugs against Colo Rectal Cancer (CRC) is ever-growing. Sarsasapogenin is a steroidal sapogenin known for various biological activities. The current study intends to investigate it's anticancer activity in vitro against the Human Adenocarcinoma CRC cell line (HT-29). Additionally, the *in silico* interaction between sarsasapogenin and selected anticancer drug-protein targets was investigated.

Methods: To evaluate cell viability, HT-29 cells were subjected to several concentrations of sarsasapogenin. Flow cytometry was used to study apoptosis. The expression of the genes Epidermal Growth Factor Receptor Tyrosine Kinase (EGFR-TK) and Kirsten Rat Sarcoma oncogene homolog (KRAS) was elucidated by real-time Polymerase Chain reaction. Molecular docking was used in conjunction with Molecular Dynamics (MD) simulation to comprehend the Sarsasapogenin's interaction with EGFR-TK and KRAS.

Results: Sarsasapogenin affected the viability of HT-29 cells dose-dependently. In HT-29 cells, sarsasapogenin treatment decreased the levels of KRAS and EGFR and caused apoptosis. In silico study demonstrated the interaction of sarsasapogenin in the Adenosine triphosphate binding site of EGFR-TK and the switch I/switch II site of KRAS. Post-MD analysis determined the stable binding of sarsasapogenin with these proteins. The binding energy with EGFR-TK and KRAS was found to be-46.0 ± 1.5 kcal/mol and-28.8 ± 6.3kcal/mol.

Conclusion: Altogether, Sarsasapogenin, through modulation of EGFR and KRAS has shown promising anticancer effect against HT-29 cells.

Keywords: Sarsasapogenin, HT 29 cells, In silico, Apoptosis

© 2024 The Authors. Published by Innovare Academic Sciences Pvt Ltd. This is an open access article under the CC BY license (https://creativecommons.org/licenses/by/4.0/) DOI: https://dx.doi.org/10.22159/ijap.2024v16i4.50855 Journal homepage: https://innovareacademics.in/journals/index.php/ijap

INTRODUCTION

Colo Rectal Cancer (CRC) occurs frequently and in developing countries, the mortality rate is found to be high [1, 2]. Although chemotherapy, radiation therapy and surgery are available options for the treatment of CRC, these strategies have various drawbacks such as the high cost of the drug, the development of resistance to available drugs, intra-tumour heterogeneity and the evolution of the tumour [3]. Hence, the identification of natural-based compounds which are cost-effective and have minimal side effects is preferred. Accordingly, research is being carried out on the potential chemotherapeutic benefits of medicinal plants and their active constituents against cancer [4, 5]. In the past decade, two different proteins Epidermal Growth Factor Receptor Tyrosine Kinase (EGFR-TK) and Kirsten Rat Sarcoma oncogene homolog (KRAS) have been targeted for the identification of drugs against CRC.

Ligands like transforming growth factor-alpha and Epidermal growth factor bind to their targets, activating downstream signaling pathways that set off a series of molecular events (Phospho Inositide 3 Kinase (PI3K)/Akt/mammalian Target of Rapamycin (mTOR) pathway) leading to the protection of cancer cells from apoptosis, facilitation of invasion and promotion of angiogenesis [6]. Thus, EGFR has been associated with the development of several cancers, including those of the bladder, lung, head and neck, breast, and gastrointestinal tract. In the case of CRC, about 25% to 82% overexpression of EGFR is detected in the cancer tissue [7, 8]. Due to this, EGFR is considered an effective drug target for the treatment of CRC. Nevertheless, the response rate of patients to anti-EGFR therapy like Cetuximab or Panitumumab, is rather low [9]. With anti-EGFR therapy, almost 50% of individuals experience adverse drug reactions [10]. In clinical practice, Regorafenib, an EGFR-TK inhibitor, is used as a third-line therapeutic option for CRC [11]. Research done in vivo and in vitro has shown the way that Regorafenib inhibits tumour cell proliferation and triggers apoptosis in colorectal cancer [12]. Hence, the search for novel, effective small molecule inhibitors, in particular, natural compounds against EGFR-TK is ever-growing [13].

KRAS is one of the most frequently mutated oncogenes and about 40% of CRC patients were found to harbor mutant protein [14]. KRAS helps to transduce upstream cellular signals, including EGFR to downstream effectors (PI3K/AKT/mTOR pathways) that lead to cancer cell survival and metastasis. Aberrant activation of KRAS due to mutation in turn affects the upstream signal transduction, thereby, resistance is developed against EGFR drugs in cancer [14]. The specific molecular structure characteristic of KRAS made it an undruggable target for a long time.

However, active research on KRAS led to the identification of a hypervariable loop, an allosteric lobe and an effector domain (two pockets on the surface of KRAS, namely, switch-I and switch-II formed by the effector domain); hence the KRAS is druggable [15]. Although most of the drugs are identified to target various KRAS mutant proteins, studies have shown that the presence of the wild-type KRAS allele in the KRAS mutant lung adenocarcinoma has tumour suppressor function, increased mitogen-activated protein kinase inhibitor resistance and effect on treatment response [16, 17]. This is achieved through dimerization of wild-type KRAS with mutant KRAS [16]. Hence, it is necessary to target wild-type KRAS for effective treatment of cancer.

Sarsasapogenin is a steroidal sapogenin possessing a wide range of biological actions like anti-inflammatory, antioxidative, antidiabetic, antibacterial, neuroprotective, anti-atherosclerosis, anti-arthritis, memory-improvement properties and prevention of lipopolysaccharide-induced bone loss [18-22]. Also, it has hindered the secondary complications of diabetes, like diabetic nephropathy, encephalopathy and diabetes-associated memory diabetic impairment [21-24]. Further, it has been studied for its effect against cancers, including hepatocellular carcinoma and cervical carcinoma [25, 26]. Its derivatives have been shown to exhibit anticancer efficacy against a range of cell lines [27, 28]. However, its effect on CRC has not been reported. Keeping these views, its anticancer potential against the HT-29 cell line was studied. Analysis was done to determine how it affected the expression of the EGFR and KRAS

genes and comprehensive in silico investigations were carried out to determine the binding to the EGFR-TK and KRAS proteins. Consequently, this study aims to evaluate the anticancer potential of sarsasapogenin in causing cytotoxicity, apoptosis, and modulation of gene expression.

MATERIALS AND METHODS

Materials

Doxorubicin and sarsasapogenin were procured from Sigma-Aldrich, USA. Himedia Pvt limited, Mumbai, India supplied Dulbecco's Modified Eagle's Medium (DMEM), 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium (MTT) and Foetal Bovine Serum (FBS). Propidium iodide and Annexin V were acquired from BD Biosciences in San Jose, California. RNeasy Mini kit was obtained from Qiagen in the USA. The IScript complementary DNA synthesis kit was procured from Bio-Rad, USA.

Cell culture and treatments

The HT-29 cell line was acquired from the National Centre for Cell Science, Pune, India. It was cultured at 37 °C, 5% CO2 atmosphere in DMEM containing 10 % FBS.

Determination of cell viability using MTT assay

Approximately 20,000 cells were placed in a 96-well plate and cultured for 24 h to ascertain the impact of sarsasapogenin on the viability of HT-29 cells. After that the cells were exposed to its different dosses [6.25, 12.5, 25, 50 and 100 μ g/ml] for 24 h. Cell viability was assessed at the end of treatment by exposing the cells to MTT (0.5 mg/ml in DMEM) for one hour at 37 °C in a CO2 incubator. After removing the MTT, the dye crystals were dissolved in 100 μ l of Di-Methyl Sulf Oxide (DMSO) and quantified with an ELISA reader at 570 nm [29, 30].

Determination of apoptosis by flow cytometry

For a period of 24 h, the HT-29 cells were exposed to 35 μ g/ml of sarsasapogenin and 1 μ M of positive control Doxorubicin. The media was taken out at the end of the treatment. Trypsinization was used to obtain the cells, and 1x Phosphate-Buffered Saline (PBS; pH 7.4) was used to wash them. Two treatments were applied to the cells Annexin-V and Propidium iodide. Using flow cytometry, the cells were examined [31].

Gene expression analysis

The sequence of forward and reverse primer for KRAS, F: CAGTAGACACAAAACAGGCTCAG and R: TGTCGGATCTCCCTCACCAATG; EGFR, F: AACACCCTGGTCTGGAAGTACG, R: TCGTTGGACAGCCTTCAAGACC; beta-actin, F: CAAGATCATTGCTCCTCCTG and R: ATCCACATCTGCTGGAAGG. The relative quantification of the genes [EGFR and KRAS] expression was done using the SYBR Green Chemistry in QuantStudio3 system (Thermo Fisher, USA). An internal control was employed, namely the beta-actin gene. The relative mRNA levels of the genes were determined using the Comparative Ct ($\Delta\Delta$ Ct) technique [32].



In silico analysis

Molecular docking study

The three-dimensional structure of Sarsasapogenin was obtained from the PubChem database. The protein data store provided the three-dimensional protein framework of EGFR and KRAS, with IDs 1M17 and 8AZV, respectively [33, 34]. The ligand and proteins were prepared and docked using the DOCK6 software package [35].

Molecular dynamics study

The Optimized Potentials for liquid Simulations (OPLS) force field included in the Desmond routine of the Schrödinger software package was used for MD simulation. Using the Transferable Intermolecular Potential with 3 Points (TIP3P) water association system as a buffer, the orthorhombic periodic boxes with 10 Å3 dimensions were created. An isotopically organised arrangement of charged ions (Na⁺/Cl⁻) was used to offset the Ewald charge summation. Steepest descent and conjugated gradient techniques were used to minimise the system, and canonical ensemble was maintained while heating the system from 0 to 300K at 200 picoseconds.

Finally, the MD production was carried out up to 100 nano seconds (ns). The complex systems were run at constant temperature (300 K), constant pressure (1 bar), and an isothermal-isobaric ensemble in steps of two femtoseconds. Post-MD analysis of Root mean square deviation (RMSD) and Root mean square fluctuation (RMSF) were shown to be predictive of the degree of intermolecular interactions and conformational change. Using Bio-3D R-package software, Detailed Cross-Correlation Map (DCCM) and Principal Component Analysis (PCA plots) determined the stable binding of SSP with these proteins [36, 37]. PyMOL software and Discovery Studio Visualizer were used to analyse the complexes' intermolecular interactions. Using the Prime application included in the Schrodinger software package, the binding free energy of the complex structures was computed from the fractions acquired using MD simulation trajectories [38-40].

Statistical analysis

Three duplicates of each experiment were conducted. A one-way ANOVA with Tukey's post-hoc was used to determine the significance of difference.

RESULTS

Effect on cell viability

Administering different sarsasapogenin concentrations to HT-29 cells significantly lowered their viability (fig. 1A). The half-maximal inhibitory concentration (IC50) against HT-29 was found to be 35 μ g/ml. The morphology of cells from various treatment groups observed in a bright field microscope is given in fig. 1B. The cells are healthy in control cells. However, treatment with sarsasapogenin in a dose-related manner has disturbed the morphology, in particular at 100 μ g/ml concentration most of the cells were rounded up, indicating apoptosis.



Fig. 1: (A) Effect of sarsasapogenin (SSP) on the viability of HT-29 cells. (B) Cells viewed under bright field microscope from various groups. Control cells were healthy, whereas the treatment has affected the morphology of the cells. n = 3; value are measured in mean±SD. *P<0.05 vs. control cells

Effect on cells apoptosis

The HT-29 cells were exposed to the IC50 concentration that is 35 μ g/ml to determine the apoptotic-inducing effect. In addition, the positive control used was Doxorubicin (1 μ M). The representative histogram of the cells is given in fig. 2A. Treatment of sarsasapogenin

has decreased the percentage of live cells. A significant percentage of the cells were found to be in late apoptotic stage. In comparison to late apoptotic cells, the dead cells were found to be less, indicating that only a few cells have undergone necrosis (fig. 2B). The apoptotic induction at 35 $\mu g/ml$ (85 μM) concentration was found to be equivalent to positive control at 1 μM concentration.



Fig. 2: (A) Representative histogram obtained using flow cytometry of apoptosis assay from various groups are shown. Quadrant: Upper left (Dead cells); Upper Right (Late apoptosis); lower left (Live cells); lower Right (Early apoptosis). (B) Percentage of viable, dead, early apoptotic and late apoptotic cells in control and compounds treated groups. n = 3; value are measured in mean±SD.*P<0.05 vs. control cells

Effect on expression of EGFR and KRAS

After treating HT-29 cells for 24 h with a 35 μ g/ml dose of Sars sapogenin, EGFR and KRAS mRNA levels were markedly reduced (fig. 3).





In silico analysis of the interaction with EGFR-TK and KRAS

EGFR-TK

It was found that sarsasapogenin and EGFR-TK had a docking score of-32.5 kcal/mol. The interaction of EGFR-TK during docking and MD simulation is shown in fig. 4. The final result of the MD simulation and the shown docking structure demonstrate the stable binding to the ATP binding site, which is the location of interest in EGFR-TK. The details of amino acids from EGFR-TK forming hydrogen bonds and hydrophobic interactions are given in table 1. During docking, Sarsasapogenin formed hydrogen bonding with amino acids leu694, Cys773, Asp776, Asn818 and Asp831; and hydrophobic interaction with leu694 and Cys773. Its orientation had whirled inside the binding site by the time the MD simulation had ended. leu694, an amino acid, was involved in a comparable interaction to docking near the conclusion of the MD simulation. New hydrogen bonding contacts were generated with the amino acids Cys751, Thr766, Gln767, Met769, and Pro770. After the MD simulation, hydrophobic contacts were found to be higher than during docking. It had formed hydrophobic interactions with amino acids, leu694, Phe699, Val702, Ala719, lys721, Cys751and leu820.



Fig. 4: Interaction of sarsasapogenin with EGFR-TK during docking and at the end of 100 ns MD simulation

Protein/ligand	Docking/MD	Interacting amino acid residues (Distance Å)				
complex		Hydrogen bond	Hydrophobic interaction			
EGFR-	Docking	Leu694 (3.1), Cys773 (3.0), Asp776 (3.3),	Leu694 (5.2), Cys773 (4.2)			
TK/Sarsasapogenin		Asn818 (2.5), Asp831 (2.8)				
	MD	Leu694 (2.7), Cys751 (3.7), Thr766 (2.4),	Leu694 (4.7), Phe699 (5.0), Val702 (3.7), Ala719 (5.0),			
		Gln767 (3.9), Met769 (3.3), Pro770 (3.6)	Lys721 (4.2), Cys751 (5.3), Leu820 (4.9)			
KRAS/Sarsasapogenin	Docking	Pro34 (3.1), Gly60 (2.9), Glu63 (2.3), Asp92	-			
		(2.7), His95 (3.9), Tyr96 (3.0)				
	MD	Gln25 (3.3), His27 (3.3), Phe29 (2.9)	Ile21 (5.2), Val23 (5.3)			

Table 1: Intermolecular interactions between sarsasapogenin and amino acids of different proteins (EGFR-TK and KRAS) during docking
and 100 ns MD simulation

The RMSD of the sarsasapogenin/EGFR-TK complex is given in fig. 5A. The protein backbone deviation was first discovered to be unstable for 10 ns. However, after 10 ns to 100 ns of MD simulation, the RMSD stabilised and was kept within 1 Å value. The RMSF of the sarsasapogenin/EGFR-TK complex is shown in fig. 5B. The fluctuation was found to be high in the N-and C-terminal sequences of EGFR-TK. In addition, the RMSF was found to be high in the region Asp892 to lys905. However, the RMSF in the ligand binding site as well as other regions was found to be below 4 Å value. The DCCM plots indicate the presence of a pairwise correlation between sarsasapogeni and EGFR-TK (fig. 5C). In the SSP/EGFR-TK complex PCA graph (fig. 5D), the eigenvalues, or dominant movement,

were seen in the first five eigenvectors, which accounted for 13.3% to 54.5% of the variation overall. The eigenfraction reached a static elbow point with no appreciable fluctuations after the sixth eigenvector. Comparable variability was displayed by PCs 1 and 2, which accounted for 13.25% and 10.68% of the variation overall. The corresponding PC3 value is 7.84 % which denotes the low mobility and high stability of the complex structure. The binding free energy calculated by Molecular Mechanics/Generalized Born Surface Area (MM/GBSA) was given in table 2 and it was found to be-46.0 ±1.5 kcal/mol. The Van der Waals (vdW) and lipophilic (hydrophobic) energy were found to contribute to the binding of sarsasapogenin with EGFR-TK. In addition, electrostatic interactions (coulomb) have also contributed to the interaction with EGFR-TK.



Fig. 5: (A) RMSD; (B) RMSF; (C) DCCM and (D) PCA plots of sarsasapogenin/EGFR-TK complex during MD simulation

Protein/ligand complex	∆G Bind	Coulomb	Covalent	H_bond	Lipo	vdW
	(Kcal/mol)					
EGFR-TK/Sarsasapogenin	-46.0 ±1.5	-2.8±0.1	1.1±0.8	0	-19.0±2.4	-40.7±1.1
KRAS/Sarsasapogenin	-28.8±6.3	-3.1±0.7	1.8±0.5	-0.3±0.2	-14.2±3.8	-27.8±1.6

Value are measured in mean±SD

KRAS

In molecular docking, the docking score of sarsasapogenin was found to be-21.2 kcal/mol for KRAS. It formed strong interactions with switch II residues of the KRAS at the end of docking (fig. 6). It formed hydrogen bond interactions with amino acids Pro34, Gly60, Glu63, Asp92, His95 and Tyr96. Molecular docking structures were superimposed, and after 100 ns of MD simulation, it was shown that sarsasapogenin had moved away from the docking site. The trajectory files had shown that the molecule moved after 20 ns of MD simulation

and formed a stable interaction in new sight, as shown in fig. 6. It had formed hydrogen bonds with amino acids present in the switch I site,

namely, Gln25, His27 and Phe29. Hydrophobic interactions were formed with amino acids lle21 and Val23 (table 1).



Fig. 6: Interaction of sarsasapogenin with KRAS during docking and at the end of 100 ns MD simulation

The stability of the sarsasapogenin/KRAS complex was confirmed by the discovery that the RMSD of its protein backbone was within 0.6 Å. (fig. 7A). According to the RMSF, the protein's N-terminal region and the amino acids in the ligand binding site were shifted to accommodate the ligand more favourably (fig. 7B). The DCCM plot reveals the distribution of pairwise cross-correlating residues in the sarsasapogenin/KRAS complex (fig. 7C). PC1 and PC2 displayed 34.35% and 20.31% of the total variance in the PCA plot, respectively. The PC3 value of the complex is 8.67% denoted the high stability of the system during MD simulation (fig. 7D). The MM/GBSA calculation yielded a binding free energy of 28.8 \pm 6.3 kcal/mol. The vdW and hydrophobic energy contributed to the SSP binding with KRAS.



Fig. 7: (A) RMSD; (B) RMSF; (C) DCCM and (D) PCA plots of sarsasapogenin/KRAS complex during MD simulation

DISCUSSION

The effect of naturally occurring compounds such as Epigallocatechin gallate, Resveratrol, Curcumin, Kaempferol, Silibinin, Baicalin, Delphinidin, Raddeanin A, alanolactone, Oiperlongumine and organosulfur compounds from garlic against CRC are largely studied. Either these compounds are studied directly or in combination with chemotherapeutic agents to understand the possibility of therapeutic effect of these compounds [4, 5]. likewise, the present study evaluates the effect of sarsasapogenin, another naturally occurring substance, on colorectal cancer *in vitro*. Its impact on different cancer cell lines, including HepG2 and HeLa cell lines has been studied in the past. The IC50 value against HT-29 was found to be 35 μ g/ml (85 μ M), which is less than that of against HepG2 (IC50 = 42.4 μ g/ml after 48 h

treatment) [41]. On the other hand, in the HeLa cells, the presence of 60 μ M of sarsasapogenin has induced cell death [26]. Sarsasapogenininduced apoptosis in HT-29 cells thereby affected the cell viability and has been reported to trigger the endoplasmic reticulum stress in HeLa cells [26]. It is a known fact that Reactive Oxygen Species (ROS) would mediate intracellular signaling cascades that are involved in mitochondrial membrane disintegration, thereby initiating the mitochondria-dependent apoptotic event [26]. Overwhelming ROS generation in cancer cells would cause oxidative stress (that is imbalance between oxidants and endogenous antioxidants) that leads to cellular dysfunction and, ultimately apoptosis. Similar to these reports, in HT-29 cells also, sarsasapogenin treatment could have enhanced the ROS generation, thereby leading to apoptosis as observed in the present study. Sarsasapogenin has downregulated the expression of EGFR in HT-29 cells. EGFR level is frequently elevated in up to 80% of CRC cases [42]. Hence, for the anticancer effect, it is imperative to decrease the level of EGFR in HT-29. Other natural compounds such as epigallocatechin gallate, dihydrotansinone, tetrandrine and curcumin were reported to decrease the level of EGFR in CRC cell lines [43-46]. In addition to EGFR, the level of KRAS has been decreased in the HT-29 cells. Other compounds such as eugenol, combined ginger, quercetin, luteolin, Gelam honey, and crocin have previously been reported to decrease the level of KRAS in CRC cell lines [47-50]. Both EGFR and KRAS are critical regulators of CRC progression, hence, downregulation of expression of these genes gives a hint on further possible progress of therapeutic usage against CRC. However, in vivo studies are warranted before such inferences.

Among various therapeutic possibilities for the treatment of cancer, improvement in survival has been significantly contributed by the addition of molecular-targeted drugs to chemotherapy [6, 11]. Hence, the possibility to target the proteins of interest in the present study, EGFR and KRAS has been determined. For targeting EGFR, the inhibition of the EGFR-TK domain is prominently studied. Small molecules that bind in the ATP-binding site of EGFR-TK are vastly searched for therapeutic efficiency against various cancers [13]. It is highly conserved and consists of a hydrophobic pocket; hence the sarsasapogenin, which is a lipophilic steroidal moiety was able to stably orient in this site of EGFR-TK through the formation of hydrophobic interaction with amino acids present in this site [50]. The significant contribution of vdW and lipophilic (hydrophobic) energy in the binding further confirms this notion. Other natural compounds, epigallocatechin gallate, Honokiol, capsaicin, oxymatrine and tetrandrine, are reported as EGFR-TK inhibitors. In addition, triterpenoid saponins such as 20(S)-ginsenoside Rh2 and 20(R, S)-protopanaxatriol are found to inhibit EGFR [51, 52].

Sarsasapogenin bound in the switch II site (residues 57-72) of the KRAS protein during docking. Nevertheless, the molecule aligned close to the protein's switch I site (residues 25-40) after the MD simulation. The effector proteins functioning as regulators for associating with guanosine exchange factors in the modulation of the KRAS protein bind to the switch regions [53, 54]. Additionally, these adjacent switch areas are known to contribute to the stabilisation of the protein framework [55]. Hence, both these sites are considered important for the functioning of the KRAS, this site might influence the functioning of the KRAS protein, which needs further in vitro evaluation. In addition to binding in KRAS protein, sarsasapogenin has reduced the expression of KRAS in the HT-29 cells which might have a positive effect towards the inhibition of HT-29 cell proliferation. Altogether, in silico analysis clearly indicated the stable association with the ATP-binding site of EGFR-TK and interaction with the switch I/II site of KRAS. The molecular mechanism that would have induced cell death in HT-29 cells may have involved inhibition of EGFR and KRAS activity as well as a decrease in the number of genes that express these proteins.

CONCLUSION

Apoptosis driven on by sarsasapogenin reduced the viability of the cells. Sarsasapogenin reduces the expression of the EGFR and KRAS genes in HT-29 cells. The interaction in the ATP-binding site of EGFR-TK was discovered using in silico study. Additionally, sarsasapogenin was positioned at the KRAS protein's switch I/switch II site. MD analysis further elaborated the structural modifications in these proteins, which helped in the binding of sarsasapogenin. Further research is necessary to fully comprehend how sarsasapogenin prevents CRC. Overall, the present study described that by altering the EGFR and KRAS, sarsasapogenin acted as an anticancer agent against CRC cells.

ACKNOWLEDGMENT

We would like to express our gratitude to the Department of Pharmacology, Sri Ramachandra Medical College and Research Institute for providing the facilities to complete this research.

FUNDING

Nil

AUTHORS CONTRIBUTIONS

All authors contributed equally to this work. The authors confirm contribution to the paper as follows: study conception and design by TABREEZ AHAMED; Data analysis and interpretation of results by KAVITHA RAMASAMY; Draft Manuscript guidance and preparation by RAMYA. S. All authors reviewed the results and approved the final version of the manuscript.

CONFLICTS OF INTERESTS

The authors declare that there are no conflicts of interest.

REFERENCES

- Siegel RL, Wagle NS, Cercek A, Smith RA, Jemal A. Colorectal cancer statistics, 2023. CA Cancer J Clin. 2023 May-Jun;73(3):233-54. doi: 10.3322/caac.21772, PMID 36856579.
- Arnold CN, Goel A, Blum HE, Boland CR. Molecular pathogenesis of colorectal cancer: implications for molecular diagnosis. Cancer. 2005 Nov 15;104(10):2035-47. doi: 10.1002/cncr.21462, PMID 16206296.
- Elarabany N, Hamad A, Alzamel NM. Antitumor and phytochemical properties of *Ferula assa-foetida* l. Oleo-gumresin against HT-29 colorectal cancer cells *in vitro* and in a xenograft mouse model. Molecules. 2023 Dec 8;28(24):8012. doi: 10.3390/molecules28248012, PMID 38138502.
- Gavrilas LI, Cruceriu D, Mocan A, Loghin F, Miere D, Balacescu O. Plant-derived bioactive compounds in colorectal cancer: insights from combined regimens with conventional chemotherapy to overcome drug-resistance. Biomedicines. 2022 Aug;10(8):1948. doi: 10.3390/biomedicines10081948, PMID 36009495.
- Wang M, liu X, Chen T, Cheng X, Xiao H, Meng X. Inhibition and potential treatment of colorectal cancer by natural compounds *via* various signaling pathways. Front Oncol. 2022 Sep 8;12:956793. doi: 10.3389/fonc.2022.956793, PMID 36158694.
- Martinelli E, Ciardiello D, Martini G, Troiani T, Cardone C, Vitiello PP. Implementing anti-epidermal growth factor receptor (EGFR) therapy in metastatic colorectal cancer: challenges and future perspectives. Ann Oncol. 2020 Jan;31(1):30-40. doi: 10.1016/j.annonc.2019.10.007, PMID 31912793.
- Spano JP, Fagard R, Soria JC, Rixe O, Khayat D, Milano G. Epidermal growth factor receptor signaling in colorectal cancer: preclinical data and therapeutic perspectives. Ann Oncol. 2005 Feb;16(2):189-94. doi: 10.1093/annonc/mdi057, PMID 15668269.
- McKay JA, Murray LJ, Curran S, Ross VG, Clark C, Murray GI. Evaluation of the epidermal growth factor receptor (EGFR) in colorectal tumours and lymph node metastases. Eur J Cancer. 2002 Nov;38(17):2258-64. doi: 10.1016/s0959-8049(02)00234-4, PMID 12441262.
- 9. EGFR Antagonists in Cancer Treatment. N Engl J Med. 2009;360(15):1579. doi: 10.1056/NEJMx090011.
- Hirsh V. Managing treatment-related adverse events associated with EGFR tyrosine kinase inhibitors in advanced non-small-cell lung cancer. Curr Oncol. 2011 Jun;18(3):126-38. doi: 10.3747/co.v18i3.877, PMID 21655159.
- 11. Van Cutsem E, Cervantes A, Nordlinger B, Arnold D, ESMO Guidelines Working Group. Metastatic colorectal cancer: ESMO clinical practice guidelines for diagnosis, treatment and followup. Ann Oncol. 2014 Sep;25 Suppl 3:iii1-9. doi: 10.1093/annonc/mdu260.
- 12. liu YC, Tsai JJ, Weng YS, Hsu FT. Regorafenib suppresses epidermal growth factor receptor signaling-modulated progression of colorectal cancer. Biomed Pharmacother. 2020 Aug;128:110319. doi: 10.1016/j.biopha.2020.110319, PMID 32502841.
- 13. liang Y, Zhang T, Zhang J. Natural tyrosine kinase inhibitors acting on the epidermal growth factor receptor: their relevance for cancer therapy. Pharmacol Res. 2020 Nov;161:105164. doi: 10.1016/j.phrs.2020.105164, PMID 32846211.
- Karapetis CS, Khambata Ford S, Jonker DJ, O'Callaghan CJ, Tu D, Tebbutt NC. K-ras mutations and benefit from cetuximab in advanced colorectal cancer. N Engl J Med. 2008 Oct 23;359(17):1757-65. doi: 10.1056/NEJMoa0804385, PMID 18946061.

- Kessler D, Gmachl M, Mantoulidis A, Martin LJ, Zoephel A, Mayer M. Drugging an undruggable pocket on KRAS. Proc Natl Acad Sci USA. 2019 Aug 6;116(32):15823-9. doi: 10.1073/pnas.1904529116, PMID 31332011.
- Baldelli E, El Gazzah E, Moran JC, Hodge KA, Manojlovic Z, Bassiouni R. Wild-type KRAS allele effects on druggable targets in KRAS mutant lung adenocarcinomas. Genes (Basel). 2021 Sep 11;12(9):1402. doi: 10.3390/genes12091402, PMID 34573384.
- Ambrogio C, Kohler J, Zhou ZW, Wang H, Paranal R, li J, lv Q, Gondi S. KRAS dimerization impacts MEK inhibitor sensitivity and oncogenic activity of mutant KRAS. Cell. 2018 Feb 8;172(4):857-68. doi: 10.1016/j.cell.2017.12.020, PMID: 29336889.
- Akash S, Bayıl I, Mahmood S, Mukerjee N, Mili TA, Dhama K. Mechanistic inhibition of gastric cancer-associated bacteria *Helicobacter pylori* by selected phytocompounds: a new cuttingedge computational approach. Heliyon. 2023 Oct 5;9(10):e20670. doi: 10.1016/j.heliyon.2023.e20670, PMID 37876433.
- Choi YH. Reduction of high glucose-induced oxidative injury in human retinal pigment epithelial cells by sarsasapogenin through inhibition of ROS generation and inactivation of NFκB/NLRP3 inflammasome pathway. Genes Genomics. 2023 Sep;45(9):1153-63. doi: 10.1007/s13258-023-01417-2, PMID 37354257.
- 20. Dai Y, liu P, Wen W, Li P, Yang C, Wang P. Sarsasapogenin, a principal active component absorbed into blood of total saponins of Anemarrhena, attenuates proliferation and invasion in rheumatoid arthritis fibroblast-like synoviocytes through downregulating PKM2 inhibited pathological glycolysis. Phytother Res. 2023 May;37(5):1951-67. doi: 10.1002/ptr.7712, PMID 36631974.
- Kong L, liu Y, Zhang YM, Li Y, Gou LS, Ma TF. Sarsasapogenin ameliorates diabetes-associated memory impairment and neuroinflammation through down-regulation of PAR-1 receptor. Phytother Res. 2021 Jun;35(6):3167-80. doi: 10.1002/ptr.7005, PMID 33885189.
- 22. Peng J, Zhao K, Zhu J, Wang Y, Sun P, Yang Q. Sarsasapogenin suppresses RANKL-induced osteoclastogenesis *in vitro* and prevents lipopolysaccharide-induced bone loss *in vivo*. Drug Des Devel Ther. 2020;14:3435-47. doi: 10.2147/DDDT.S256867, PMID 32943842.
- Zhang YM, Zheng T, Huang TT, Gu PP, Gou LS, Ma TF. Sarsasapogenin attenuates alzheimer-like encephalopathy in diabetes. Phytomedicine. 2021;91:153686. doi: 10.1016/j.phymed.2021.153686, PMID 34333330.
- 24. li XZ, Jiang H, Xu l, liu YQ, Tang JW, Shi JS, Yu XJ. Sarsasapogenin restores podocyte autophagy in diabetic nephropathy by targeting GSK3 β signaling pathway. Biochem Pharmacol. 2021 Oct;192:114675. doi: 10.1016/j.bcp.2021.114675, PMID 34252407.
- Ni Y, Gong XG, Lu M, Chen HM, Wang Y. Mitochondrial ROS burst as an early sign in sarsasapogenin-induced apoptosis in HepG2 cells. Cell Biol Int. 2008;32(3):337-43. doi: 10.1016/j.cellbi.2007.12.004, PMID 18262806.
- 26. Shen S, Zhang Y, Zhang R, Gong X. Sarsasapogenin induces apoptosis via the reactive oxygen species-mediated mitochondrial pathway and ER stress pathway in HeLa cells. Biochem Biophys Res Commun. 2013 Nov 15;441(2):519-24. doi: 10.1016/j.bbrc.2013.10.101, PMID 24383086.
- 27. Wang W, Zhang Y, Yao G, Wang W, Shang X, Zhang Y. Synthesis of new sarsasapogenin derivatives with antiproliferative and apoptotic effects in MCF-7 cells. Steroids. 2018 Mar;131:23-31. doi: 10.1016/j.steroids.2018.01.001, PMID 29337037.
- 28. Yin Y, Zhao XC, Wang SJ, Gao PY, Li LZ, Ikejima T. Synthesis and biological evaluation of novel sarsasapogenin derivatives as potential anti-tumor agents. Steroids Steroids. 2015;93:25-31. doi: 10.1016/j.steroids.2014.09.007, PMID 25456170.
- 29. Nithya TG, Sumalatha D. Evaluation of *in vitro* antioxidant and anticancer activity of coriandrum sativum against human colon cancer HT-29 cell lines. Int J Pharm Pharm Sci. 2014;6(2):421-4.
- Roihatul Mutiah S, Widyawaruyanti A. Cytotoxic effect of crude extract and fraction from *calotropis gigantea* leaves on human colon cancer widr cell lines. Int J Pharm Pharm Sci. 2017;9(1):83-6.

- Koopman G, Reutelingsperger CP, Kuijten GA, Keehnen RM, Pals ST, van Oers MH. Annexin V for flow cytometric detection of phosphatidylserine expression on B cells undergoing apoptosis. Blood. 1994;84(5):1415-20, PMID 8068938.
- 32. Gundogdu G, Dodurga Y, Elmas L, Tasci SY, Karaoglan ES. Investigation of the anticancer mechanism of isoorientin isolated from eremurus spectabilis leaves via cell cycle pathways in HT-29 human colorectal adenocarcinoma cells. Eurasian J Med. 2018 Oct;50(3):168-72. doi: 10.5152/eurasianjmed.2018.17403, PMID 30515037.
- 33. Stamos J, Sliwkowski MX, Eigenbrot C. Structure of the epidermal growth factor receptor kinase domain alone and in complex with a 4-anilinoquinazoline inhibitor. J Biol Chem. 2002 Nov 29;277(48):46265-72. doi: 10.1074/jbc.M207135200, PMID 12196540.
- 34. Kim D, Herdeis L, Rudolph D, Zhao Y, Bottcher J, Vides A. Pan-KRAS inhibitor disables oncogenic signalling and tumour growth. Nature. 2023 Jul;619(7968):160-6. doi: 10.1038/s41586-023-06123-3, PMID 37258666.
- Allen WJ, Balius TE, Mukherjee S, Brozell SR, Moustakas DT, lang PT. DOCK 6: Impact of new features and current docking performance. J Comput Chem. 2015 Jun 5;36(15):1132-56. doi: 10.1002/jcc.23905, PMID 25914306.
- 36. Ashraf N, Asari A, Yousaf N, Ahmad M, Ahmed M, Faisal A. Combined 3D-QSAR, molecular docking and dynamics simulations studies to model and design TTK inhibitors. Front Chem. 2022 Nov 2;10:1003816. doi: 10.3389/fchem.2022.1003816, PMID 36405310.
- Roe DR, Cheatham TE. PTRAJ and CPPTRAJ: software for processing and analysis of molecular dynamics trajectory data. J Chem Theory Comput. 2013 Jul 9;9(7):3084-95. doi: 10.1021/ct400341p, PMID 26583988.
- 38. Li J, Abel R, Zhu K, Cao Y, Zhao S, Friesner RA. The VSGB 2.0 model: a next generation energy model for high resolution protein structure modeling. Proteins. 2011 Oct;79(10):2794-812. doi: 10.1002/prot.23106, PMID 21905107.
- Wang E, Sun H, Wang J, Wang Z, liu H, Zhang JZ. End-point binding free energy calculation with MM/PBSA and MM/GBSA: strategies and applications in drug design. Chem Rev. 2019 Aug 28;119(16):9478-508. doi: 10.1021/acs.chemrev.9b00055, PMID 31244000.
- 40. Genheden S, Ryde U. The MM/PBSA and MM/GBSA methods to estimate ligand-binding affinities. Expert Opin Drug Discov. 2015 May;10(5):449-61. doi: 10.1517/17460441.2015.1032936, PMID 25835573.
- 41. Bao W, Pan H, Lu M, Ni Y, Zhang R, Gong X. The apoptotic effect of sarsasapogenin from anemarrhena asphodeloides on HepG2 human hepatoma cells. Cell Biol Int. 2007;31(9):887-92. doi: 10.1016/j.cellbi.2007.02.001, PMID 17400003.
- Li H, Zhu F, Boardman LA, Wang L, Oi N, Liu K. Aspirin prevents colorectal cancer by normalizing EGFR expression. E Biomedicine. 2015;2(5):447-55. doi: 10.1016/j.ebiom.2015.03.019, PMID 26097892.
- 43. Shimizu M, Deguchi A, Lim JT, Moriwaki H, Kopelovich L, Weinstein IB. (-)-Epigallocatechin gallate and polyphenon E inhibit growth and activation of the epidermal growth factor receptor and human epidermal growth factor receptor-2 signaling pathways in human colon cancer cells. Clin Cancer Res. 2005;11(7):2735-46. doi: 10.1158/1078-0432.CCR-04-2014, PMID 15814656.
- 44. Su YS, Kuo MZ, Kuo YT, Huang SW, Lee CJ, Su ZY. Diterpenoid anthraquinones as chemopreventive agents altered microRNA and transcriptome expressions in cancer cells. Biomed Pharmacother. 2021;136:111260. doi: 10.1016/j.biopha.2021.111260, PMID 33465676.
- 45. Chen A, Xu J, Johnson AC. Curcumin inhibits human colon cancer cell growth by suppressing gene expression of epidermal growth factor receptor through reducing the activity of the transcription factor Egr-1. Oncogene. 2006 Jan 12;25(2):278-87. doi: 10.1038/sj.onc.1209019, PMID 16170359.
- 46. Horng CT, Yang JS, Chiang JH, Lu CC, Lee CF, Chiang NN. Inhibitory effects of tetrandrine on epidermal growth factorinduced invasion and migration in HT29 human colorectal adenocarcinoma cells. Mol Med Rep. 2016 Jan;13(1):1003-9. doi: 10.3892/mmr.2015.4635, PMID 26648313.

- 47. Xavier CP, lima CF, Preto A, Seruca R, Fernandes Ferreira M, Pereira Wilson C. Luteolin, quercetin and ursolic acid are potent inhibitors of proliferation and inducers of apoptosis in both KRAS and BRAF mutated human colorectal cancer cells. Cancer Lett. 2009 Aug 28;281(2):162-70. doi: 10.1016/j.canlet.2009.02.041, PMID 19344998.
- 48. Tahir AA, Sani NF, Murad NA, Makpol S, Ngah WZ, Yusof YA. Combined ginger extract and Gelam honey modulate Ras/ERK and PI3K/AKT pathway genes in colon cancer HT29 cells. Nutr J. 2015 Apr 1;14:31. doi: 10.1186/s12937-015-0015-2, PMID 25889965.
- 49. Ghodousi Dehnavi E, Hosseini RH, Arjmand M, Nasri S, Zamani Z. A metabolomic investigation of eugenol on colorectal cancer cell line HT-29 by modifying the expression of APC, p53, and KRAS genes. Evid Based Complement Alternat Med. 2021 Nov 18;2021:1448206. doi: 10.1155/2021/1448206, PMID 34840582.
- Zhao Z, Xie L, Bourne PE. Structural insights into characterizing binding sites in epidermal growth factor receptor kinase mutants. J Chem Inf Model. 2022;62(1):223-4. doi: 10.1021/acs.jcim.1c01357, PMID 34929085.

- Zhao J, Zhang T, Iiang Y, Zou H, Zhang J. Inhibitory activities of 20(R, S)-protopanaxatriol against epidermal growth factor receptor tyrosine kinase. Food Chem Toxicol. 2021 Sep;155:112411. doi: 10.1016/j.fct.2021.112411, PMID 34271119.
- 52. liang Y, Zhao J, Zou H, Zhang J, Zhang T. Identification of 20(*S*)ginsenoside Rh2 as a potential EGFR tyrosine kinase inhibitor. Oxid Med Cell Longev. 2022 Jan 24;2022:6119737. doi: 10.1155/2022/6119737, PMID 35111279.
- 53. Gasper R, Wittinghofer F. The ras switch in structural and historical perspective. Biol Chem. 2019 Dec 18;401(1):143-63. doi: 10.1515/hsz-2019-0330, PMID 31600136.
- 54. Bhadhadhara K, Jani V, Koulgi S, Sonavane U, Joshi R. Studying early structural changes in SOS1 mediated KRAS activation mechanism. Curr Res Struct Biol. 2024;7:100115. doi: 10.1016/j.crstbi.2023.100115, PMID 38188543.
- 55. Haza KZ, Martin HL, Rao A, Turner AL, Saunders SE, Petersen B. RASinhibiting biologics identify and probe druggable pockets including an SII-α3 allosteric site. Nat Commun. 2021 Jun 30;12(1):4045. doi: 10.1038/s41467-021-24316-0, PMID 34193876.