

COW URINE: AN ELIXIR

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ABSTRACT

Cow urine therapy and all traditional system from indian system of medicine have a strong scientific base. Cow urine has been described in 'SushritaSamhita' and 'AshtangaSangraha' to be the most effective substance/secretion of animal origin with innumerable therapeutic values. Ancient books on ayurveda states that consumption of cow urine increase resistance to diseases by upto 104%. In India, drinking of cow urine has been practiced for thousands of years. Panchagavya is a term used in Ayurveda to describe five important substances obtained from cow namely Urine, Dung, Milk, Ghee and Curd. Many people use Panchgavya in some rituals (Puja) and for medicinal purposes. It also used in Yajur Veda for Ark as a medicine. By reviewing the literature and research articleswe reached at the conclusion that it has several different activities like antioxidant, antidiabetic, wound healing property, immunomodulator, also act as bioenhancer to increase the efficacy of antibiotics, nutrients, anticancer drugs liketaxol.

Keywords: DPHH, fetal calf serum (FCS), NBT method

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